



FROM THE RABBI'S STUDY:

Adar I and Adar II: Double Your Pleasure, Double Your Fun?

Dear Rabbi Barton,

I was looking at my calendar for February and March and I noticed that there were TWO months of Adar this year! Why do we have two of the same month? Why didn't they make two months of, like Kislev or something? How do we know which month Purim is in? Signed, Over the Moon with Confusion.

Dear Over the Moon,

There are not simple answers to these questions, though "simple" is the name of the kind of year that doesn't have an extra Adar! More about that later...Let me start with leap years according to the Jewish calendar.

The Jewish year is based on a lunar calendar, sort of. The length of a lunar month—that is, the time between one new moon and the next, or between any phase of the moon and the next exact recurrence of it is 29.53 days. This means that a lunar year of twelve months has 354.36 days in it, almost 11 days fewer than the 365.25 days of a solar year. What does this mean? Let's say Rosh Hashanah was on the solar date of September 20. Without occasional lunar leap years, it would slip back the following year to September 9, the year after that to August 29, then to August 18, and so on, returning more or less to its starting point 33 years later. Religious holidays would lack all seasonal associations—as they do in Islam, which has a lunar calendar like Judaism does but no leap years.

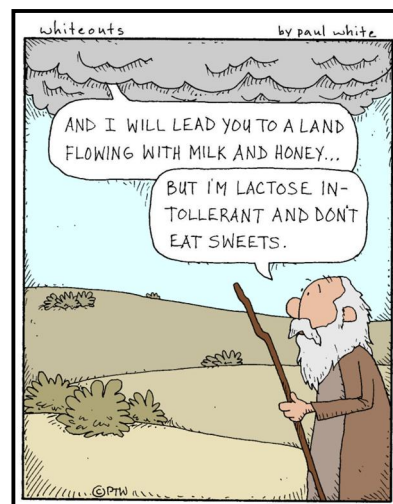
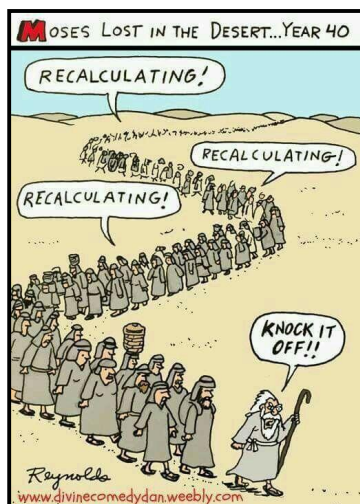
The problem with this, though, is that the Torah tells us in which seasons the festivals must fall. In particular, it says that God commanded Moses regarding the festival of Pesach (Passover): "Guard the month of spring", meaning that Pesach should always fall in spring and not in any other season. In order to make sure that Passover stays in the spring, the rabbis "impregnated" the year, adding more days (also known as "intercalation") to make the calendar work. A Jewish leap year is called in Hebrew a shanah me'uberet—a pregnant year ("ubar" is a fetus) and it has been in use at least since talmudic times. Eventually the rabbis

would adopt a 19 year calendar borrowed from the Babylonians where every third year there is a "pregnant year" with two "simple years" (in Hebrew "shanah p'shutah") between them.

Now why do we have two Adars? The simple answer is because the Talmud in Masechet Sanhedrin says so. But, a more elaborate answer is that the reason why the rabbis chose to add the month of Adar and not any other month, is because it is the last month before Nissan and before the calendar was fixed, they wanted to wait as long as possible to see whether it was imperative to make a leap year or not. Later on they made this shift into a permanent calendar which we use until this day. And, sometimes an extra day IS added in Cheshvan and Kislev to ensure the precise coordination of the two calendars!

Based on a line in the Mishnah declaring that Purim must be celebrated in Adar II in a leap year (Megillah 1:4), Adar I is considered the "extra" month of the Jewish year, when it happens. Therefore, in a year where there are two Adars (Adar I and Adar II or in Hebrew Adar Aleph and Adar Bet), Purim is always celebrated in Adar II. I hope that eased some of your confusion!

Article written with thanks to: <https://mosaicmagazine.com/observation/2016/09/how-jewish-leap-years-came-to-be-calculated/>



SCHEDULE OF SERVICES

Unless otherwise noted, Erev Shabbat services regularly begin at **6:00pm on Friday evenings**, and Shabbat morning services regularly begin at **9:30am on Saturday mornings** followed by Shabbat Café at **11:45am**. Rabbi Barton leads a Hebrew Bible Discussion at **12:30pm**.

For more information on a particular style of service or a full outline of worship opportunities, please see Tifereth Israel website (www.tifereth.org) or call the synagogue.

FEBRUARY SHABBAT SERVICES

1-2 February | 27 Shevat

Shabbat Parashat Mishpatim

Candle Lighting: 5:12pm

Friday Evening: **Mishpacha Shabbat +
Ramah Shabbaton**

Saturday Morning: **Contemplative Service with Eliana Light**
Traditional Shabbat (10:15am) +
**Children's Services +
Lunch & Learn with Eliana Light +
Ramah Shabbaton +
Jewish Music Concert with Eliana Light**

8-9 February | 4 Adar I

Shabbat Parashat T'rumah

Candle Lighting: 5:21pm

Friday Evening: Traditional Shabbat

Saturday Morning: Traditional Shabbat
Havdalah, Game Night & Potluck 6:30pm

15-16 February | 11 Adar I

Shabbat Parashat Tetzaveh

Candle Lighting: 5:30pm

Friday Evening: Traditional Shabbat

Saturday Morning: Traditional Shabbat

22-23 February | 18 Adar I

Shabbat Parashat Ki Tissa

Candle Lighting: 5:39pm

Friday Evening: Acoustic Shabbat

Saturday Morning: Traditional Shabbat +
Tot Shabbat & Jr. Congregation

MARCH SHABBAT SERVICES

1-2 March | 25 Adar I

Shabbat Parashat Vayakhel, Shabbat Shekalim

Candle Lighting: 5:47pm

Friday Evening: Traditional Shabbat

Saturday Morning: Traditional Shabbat +
Havdalah, Game Night & Potluck 6:45pm

8-9 March | 2 Adar II

Shabbat Parashat Pekudei

Candle Lighting: 5:55pm

Friday Evening: **Acoustic Shabbat**

Saturday Morning: **Contemplative Service +
Avi Jones Bar Mitzvah +
Traditional Shabbat (10:15am)**

15-16 March | 9 Adar II

Shabbat Parashat Vayikra, Shabbat Zachor

Candle Lighting: 7:03pm

Friday Evening: Traditional Shabbat

Saturday Morning: Traditional Shabbat

22-23 March | 16 Adar II

Shabbat Parashat Tzav

Candle Lighting: 7:11pm

Friday Evening: Traditional Shabbat

Saturday Morning: Traditional Shabbat

29-30 March | 23 Adar II

Shabbat Parashat Shmini, Shabbat Parah

Candle Lighting: 7:18pm

Friday Evening: Traditional Shabbat

Saturday Morning: Traditional Shabbat +
Tot Shabbat & Jr. Congregation

BE A MENSCH!

MENSCH (n.)

*An upstanding, worthy, honorable person
of either sex.*

Please consider volunteering to share your ride to services!

Our community has seniors and students that do not always have a ride to shul,
Be a mensch! Contact office@tifereth.org or 515-255-1137

TIFERETH IS ON FACEBOOK

[Facebook.com/TiferethDesMoines](https://www.facebook.com/TiferethDesMoines)

[Facebook.com/IowaTribe](https://www.facebook.com/IowaTribe)

[Facebook.com/TIWomensLeague](https://www.facebook.com/TIWomensLeague)

[Facebook Group- The Tifereth Israel Yad Squad](#)



SERVICE INFORMATION

TUESDAY MORNINGS MINYAN SERVICE



Thanks to everyone who has been attending our morning minyan! Winter can be challenging with many people traveling or our unpredictable Des Moines weather. Please help us continue to offer this once a week morning service for those wanting to remember a loved one with a yahrzeit. Your participation is important and coming together with community is a lovely way to begin the day! It's nice to know you really count! Hope to see you!

Join us **Tuesdays at 7:15am.**

Questions, please contact -
Rose Sloven. Rosiefutur@aol.com

CONTEMPLATIVE SHABBAT SERVICE

Once per month we now offer a special 45 minute meditative service including learning, singing, English readings and discussion. This peaceful practice will be a part of the main Saturday Shabbat service for all ages to enjoy. The Contemplative Service is on the second Saturday each month. The upcoming date will be **February 2nd, 9:30-10:15am with special Artist-In-Residence, Eliana Light.** Torah Service will begin at **10:15am.**



*Contemplative
Service*

ACOUSTIC SHABBAT SERVICE

“Those who sing in this world sing also in the next.” —
Talmud, Sanhedrin



Friday, February 22nd & March 8th at 6:00pm

Come participate in a special Shabbat service featuring instrumental accompaniment and a blend of ancient, traditional, and contemporary Jewish music. Through the music of this service, you'll find connections to the spirit of our holy liturgy, allowing you to pray with your heart, your feet, your hands, and your body, even as the music of the prayers crosses your lips. Lift your voice in song and help create the spirit of holiness that is Shabbat! **ALL are welcome!**

MISHEBERACH LIST UPDATES

To keep the Misheberach List to current and correct, please contact the office with your updates or additions to the list. office@tifereth.org **Thank you!**



GREETERS/ USHERS NEEDED FOR SERVICES



We Want You to be an Usher/Greeter for Shabbat Services!

Tifereth is in need of Greeters/Ushers for Shabbat services. Anyone can volunteer! **Sign up for either Fridays, Saturdays or both!** Volunteer on your own, in pairs, or even parents and children together! Please contact the office and let us know when you are available!

Thank you Barb.berven@tifereth.org

SERVICE INFORMATION

Thank you to all the congregants who volunteered their time and energy to assist with our Shabbat services in **January**:

Greeters/ Ushers:	Christine Dietz, Harvey Giller, Liz Hopkins, Will Rogers, Justin Schoen
Service Leaders:	Rabbi Barton, Jarad Bernstein, Deirdre Farr, David Friedgood, Sue Harris, Hailey Homonoff, Rebecca Perl
Gabbais:	Scott Birkett, Phil Blumberg, Christine Dietz, Deirdre Farr, Peter Karney, Robin Karney, Mike Kuperman, John Zieman
Torah Readers:	Rabbi Barton, Deirdre Farr, David Friedgood, Andy Goodman, Sue Harris, Miriam Mintzer, Rose Sloven
Haftarah Readers:	David Friedgood, Sue Harris
Guest Darshans,(Dvar Torahs)	Jarad Bernstein & Mike Kuperman
Shabbat Café Sponsors:	Dory & Andy Goodman, Alla & Mike Mintzer, Hannah & Will Rogers, Debra & John Zieman

CELEBRATE WITH SHABBAT CAFE



Shabbat Café brings together our community after Saturday morning services. It's a chance for congregants to sit and converse over a light lunch and often, celebrate a special occasion, such as a **birthday** or **anniversary**, **special family event** or **life cycle event**. Consider sponsoring a Shabbat Cafe to share your simcha with our Tifereth Israel community! What a wonderful way to celebrate any time!

There are plenty of options for sponsoring a Shabbat Café. Interested sponsors can then choose the date, then pick the options for menu, setup, and cost for their month's celebratory Shabbat Café. All members will be notified prior to their birthday and encouraged to join with others also celebrating that month. Please contact **Barb Berven** to discuss your Shabbat café options or give a suggestion. barb.berven@tifereth.org

HEARING ASSISTANCE DEVICES FOR SERVICES

Tifereth Israel Synagogue now has hearing assistance devices available to use during services. The devices use plug-in earphones and are located at the entry of the sanctuary. Feel free to bring your own headphones, earphones or earbuds to use with the audio system.

ASSISTIVE LISTENING SYSTEMS AVAILABLE



LARGE PRINT BOOKS AVAILABLE FOR SERVICES

Many large print books were donated to Tifereth by **Saralee Sloven**. Thank you! They are in the sanctuary for use during services. All large print books, including the *Siddur Sim Shalom* prayer books, are located on the sanctuary bookshelves, see picture below. The newly donated books are listed below. Enjoy!

By **Philip Birnbaum**

- Ha- Siddur Ha Shalem weekday prayer book Vol.. 1
- Ha-Siddur Ha-Shalem Sabbath prayer book Vol.. 2
- Ha-Siddur Ha- Shalem Prayer book for Festivals with additional prayers Vol. 3
- The Haftorat. Genesis- Exodus Hebrew and English Vol. 1
- The Haftorat Leviticus, Numbers, Deuteronomy Vol. 2
- The Haftorat Special Haftorat for Sabbaths, Festivals, and Fast Days Vol. 3
- The Five Books of Moses in Large Type English Edition
- The Five Books of Moses in Large Type Hebrew Edition



COMMUNITY NEWS-ANNOUNCEMENTS

RECENT PASSINGS

It is with great sorrow that we recall the recent passing of:

Susan "Susie" Osby 1/6/19

beloved daughter of Hinda Meyers, wife of Ron, mother of Jeff (Krysten) and sister of Linda (Gary) Bremen and Marti (Frank) Leonard

Stephen C. Gold 1/18/19

beloved father of Lyndsay (John) Nielsen and Alexis (Alex) Rueter, former husband of Cherie Gold, grandfather of Stella Rueter, and brother of Suzi (Michael) Stanley

Santina Punelli 12/23/18

beloved grandmother of Christina (Jacob) Lederman

May their memory always be for a blessing.

SHOMRIM VOLUNTEERS NEEDED

Volunteers are needed to be shomrim.

Missy Wolnerman is compiling a list of shomrim volunteers to be called when needed.

Shomrim (Hebrew for guards) must be Jewish. You will be sitting with the deceased at Dunn's funeral home during the day or overnight before the funeral. You can do it by yourself or in a pair.

To sign up for a time or for more information, please contact

Missy Wolnerman at missywolnerman@gmail.com or text/ call 515.778.6619.

Thank you!

WINTER REMINDER

Winter Weather Reminder

Please remember that if the Des Moines schools cancel classes due to weather conditions, Tifereth offices will be closed and all activities will also be cancelled. You can also find cancellations posted on KCCI-TV.

Attention Snow Birds

If you will be leaving town for the winter, please check in with the office to let us know the dates you will be gone and to double check that we have your correct address on file. Thank you!

BAR MITZVAH ANNOUNCEMENT

Leah, Jori, Nate, and Gabby Jones are happy to announce that Eliav Menashe (Avi) Jones, an 8th grader at Callanan Middle School in Des Moines, will be called to the Torah as a Bar Mitzvah on **March 9, 2019 at 9:30 AM** at Tifereth Israel. Avi enjoys computer programming and attends Hyperstream programming club at Callanan. In addition, Avi plays the bass in his school orchestra, takes piano lessons, and plays soccer. All are welcome to a kiddush luncheon following services.



Article from The New York Times, Opinion Section. A version of this article appears in print on Jan. 16, 2019, on Page A25 of the New York edition with the headline: The Wide-Angle View of Israel. <https://www.nytimes.com/2019/01/16/opinion/israeli-palestinian-conflict-matti-friedman.html>

There Is No 'Israeli-Palestinian Conflict'

To understand why, you have to zoom out.

By **Matti Friedman**,
Contributing New York Times Opinion Writer

Jan. 16, 2019

JERUSALEM — If you are reading this, you've most likely seen much about "the Israeli-Palestinian conflict" in the pages of this newspaper and of every other important newspaper in the West. That phrase contains a few important assumptions. That the conflict is between two actors, Israelis and Palestinians. That it could be resolved by those two actors, and particularly by the stronger side, Israel. That it's taking place in the corner of the Middle East under Israeli rule.

Presented this way, the conflict has become an energizing issue on the international left and the subject of fascination of many governments, including the Trump administration, which has been working on a "deal of the century" to solve it. The previous administration's secretary of state, John Kerry, committed so much time to Israeli-Palestinian peace that for a while he seemed to be here each weekend. If only the perfect wording and map could be found, according to this thinking, if only both sides could be given the right dose of carrots and sticks, peace could ensue.

To someone here in Israel, all of this is harder and harder to understand. There isn't an Israeli-Palestinian conflict in the way that many outsiders seem to think, and this perception gap is worth spelling out. It has nothing to do with being right-wing or left-wing in the American sense. To borrow a term from the world of photography, the problem is one of zoom. Simply put, outsiders are zoomed in, and people here in Israel are zoomed out. Understanding this will make events here easier to grasp.

In the Israeli view, no peacemaker can bring the two sides together because there aren't just two sides. There are many, many sides.

Most of Israel's wars haven't been fought against Palestinians. Since the invasion of five Arab armies at the declaration of the State of Israel in May 1948, the Palestinians have made up a small number of the combatants facing the country. To someone here, zooming in to frame our problem as an Israeli-Palestinian conflict makes as much sense as describing the "America-Italy conflict" of 1944. American G.I.s were indeed dying in Italy that year, but an American instinctively knows that this can be understood only by seeing it as one small part of World War II. The actions of Americans in Italy can't be explained without Japan, or without Germany, Russia, Britain and the numerous actors and sub-conflicts making up the larger war.

Over the decades when Arab nationalism was the region's dominant ideology, Israeli soldiers faced Egyptians, Syrians, Jordanians, Lebanese and Iraqis. Today Israel's most potent enemy is the Shiite theocracy in Iran, which is more than 1,000 miles away and isn't Palestinian (or Arab). The gravest threat to Israel at close range is Hezbollah on our northern border, an army of Lebanese Shiites founded and funded by the Iranians.

The anti-aircraft batteries of the Russians, Iran's patrons, already cover much of our airspace from their new Syrian positions. A threat of a lesser order is posed by Hamas, which is Palestinian — but was founded as the local incarnation of Egypt's Muslim Brotherhood, affiliated with the regional wave of Sunni radicalism, kept afloat with Qatari cash and backed by Iran.

If you see only an "Israeli-Palestinian" conflict, then nothing that Israelis do makes sense. (That's why Israel's enemies prefer this framing.) In this tightly cropped frame, Israelis are stronger, more prosperous and more numerous. The fears affecting big

decisions, like what to do about the military occupation in the West Bank, seem unwarranted if Israel is indeed the far more powerful party.

That's not the way Israelis see it. Many here believe that an agreement signed by a Western-backed Palestinian leader in the West Bank won't end the

conflict, because it will wind up creating not a state but a power vacuum destined to be filled by intra-Muslim chaos, or Iranian proxies, or some combination of both. That's exactly what has happened around us in Gaza, Lebanon, Syria and Iraq. One of Israel's nightmares is that the fragile monarchy in Jordan could follow its neighbors, Syria and Iraq, into dissolution and into Iran's orbit, which would mean that if Israel doesn't hold the West Bank, an Iranian tank will be able to drive directly from Tehran to the outskirts of Tel Aviv.

When I look at the West Bank as an Israeli, I see 2.5 million Palestinian civilians living under military rule, with all the misery that entails. I'm seeing the many grave errors our governments have made in handling the territory and its residents, the construction of civilian settlements chief among them.

But because I'm zoomed out, I'm also seeing Hezbollah (not Palestinian), and the Russians and Iranians (not Palestinian), and the Islamic State-affiliated insurgents (not Palestinian) on our border with Egypt's Sinai Peninsula. I'm considering the disastrous result of the power vacuum in Syria, which is a 90-minute drive from the West Bank.

In the "Israeli-Palestinian" framing, with all other regional components obscured, an Israeli withdrawal in the West Bank seems like a good idea — "like a real-estate deal," in President Trump's formulation — if not a moral imperative. And if the regional context were peace, as it was in Northern Ireland, for example, a power vacuum could indeed be filled by calm.

But anyone using a wider lens sees that the actual context here is a complex, multifaceted war, or a set of linked wars, devastating this part of the world. The scope of this conflict is hard to grasp in fragmented news reports but easy to see if you pull out a map and look at Israel's surroundings, from Libya through Syria and Iraq to Yemen.

The fault lines have little to do with Israel. They run between dictators and the people they've been oppressing for generations; between progressives and medievalists; between Sunni and Shiite; between majority populations and minorities. If our small sub-war were somehow resolved, or even if Israel vanished tonight, the Middle East would remain the same volatile place it is now.

Misunderstanding the predicament of Israelis and Palestinians as a problem that can be solved by an agreement between them means missing modest steps that might help people here. Could Israel, as [some centrist strategists here](#) recently suggested, freeze and shrink most civilian settlements while leaving the military in place for now? How can the greatest number of Palestinians be freed from friction with Israelis without creating a power vacuum that will bring the regional war to our doorstep? These questions can be addressed only if it's clear what we're talking about.

Abandoning the pleasures of the simple story for the confusing realities of the bigger picture is emotionally unsatisfying. An observer is denied a clear villain or an ideal solution. But it does make events here comprehensible, and it will encourage Western policymakers to abandon fantastic visions in favor of a more reasonable grasp of what's possible. And that, in turn, might lead to some tangible improvements in a world that could use fewer illusions and wiser leaders.



A view of the wall dividing Jerusalem, in background, from the Palestinian town of Abu Dis in the West Bank. Credit: CreditAmmar Awad/Reuters

Advocate for Pluralism in Israel Elected New Chair of Masorti Foundation

New York, NY, January 8, 2019 - The Masorti Foundation for Conservative Judaism in Israel is proud to announce the election of Heidi Schneider as its incoming Chair of the Board effective January 1, 2019.

To her 25+ years of work on behalf of Masorti/ Conservative Judaism here and in Israel, Ms. Schneider brings the passion of someone who has chosen Judaism.

A former litigator and a public speaker, she is an ardent Zionist, seeker of social justice, and fearless truth teller. Rabbi Robert Slosberg, current Chair, said: *“The Foundation is in good hands with Heidi; she’s a leader of great integrity, matching her words and beliefs with action.”*



Heidi Schneider, Rabbi Harold Kravitz

On a mission to Israel, Ms. Schneider confronted Member of Knesset Yair Lapid because her son—while attending high school in Israel—had been told he was not a Jew. She asked: *“How do you think it felt to my Jewish child to be told in Israel, the country he loves, by an Israeli, a fellow Jew, that he is not Jewish? It makes my blood boil, and it should yours, too. I ask you, MK Lapid, can you assure me that you will do everything in your power to assure that my children, and the children of other faithful converts to Judaism will be welcomed as equally Jewish in the only Jewish state?”*

The pursuit of an egalitarian, pluralistic, and welcoming Israel has been central to Ms. Schneider’s life and to her work as past president of her congregation, Adath Jeshurun in Minneapolis, as a lay leader of the Overseas Committee of the Minneapolis Jewish Federation, and as a Trustee of the Masorti Foundation. In all these roles she has been an inspiring community leader and teacher.

Rabbi Harold Kravitz of Adath Jeshurun says: *“Heidi has been a trusted partner, a warm and true friend, a tireless advocate for the congregation, and for Masorti/ Conservative Judaism. I’m proud and delighted at her elevation to Chair of the Masorti Foundation. Heidi’s vision for building a thriving future for modern religious streams in Israel is exactly what’s needed—with her dynamism and spirit, she’ll be unstoppable.”*

Beth Leonard, former Board Chair of the Minneapolis Jewish Federation who now serves on the Board of Governors of JAFI (Jewish Agency for Israel), adds: *“Heidi is an extraordinary leader of our community and our synagogue. She inspires with wisdom and kindness,*

championing the cause of Masorti Judaism in Israel.”

“I’m honored,” says Ms. Schneider, “to have been chosen Chair. I am continually inspired by the important work of our Masorti colleagues in Israel. I’m prepared to channel my energy to hold the State of Israel true to the words of its founding document, that it “will ensure complete equality of social and political rights to all its inhabitants irrespective of religion, race or sex; it will guarantee freedom of religion, conscience, language, education, and culture...”



Ms. Schneider and Executive Director Gideon Aronoff are laser-focused on issues of religious equality and social justice in Israel including:

- Recognition of the legitimacy of all Jewish streams in Israel;
- Acceptance of converts, including Masorti Jews from Uganda;
- Full equality at the Kotel, including expanded egalitarian prayer space;
- Support for the rights of the disabled to fully participate in Jewish practice; starting with Bar and Bat Mitzvah ceremonies.

Says Mr. Aronoff of Heidi’s election: *“Heidi has been a tireless advocate and passionate fighter in the struggle for equality, and for observance combined with modernity, in Israel. I am thrilled to be working in partnership with her, and grateful to have her guidance, as together we propel Masorti to the forefront of leadership in the Jewish community in Israel.”*

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About The Masorti Foundation for Conservative Judaism in Israel

The Masorti Foundation supports the Masorti Movement in Israel whose goals are the furthering of an egalitarian, democratic and welcoming Judaism consistent with Jewish tradition and values.

About Heidi Schneider

Heidi Schneider is a lawyer and educator. She teaches outreach classes to adult and public school audiences concerning Judaism and Israel. A magna cum laude graduate of Carleton College with a law degree from the University of Minnesota and a master’s degree in Education from Columbia Teachers College, Heidi has served on many boards including the Board of Trustees of Carleton College, the Minnesota Private Colleges Council, the Minneapolis Jewish Day School, the Masorti Foundation, and as President of her congregation, Adath Jeshurun, in Minnetonka, Minnesota. She served as the chair of the Speakers Bureau of the Jewish Community Relations Council of Minnesota and the Dakotas.

DONATING MISHLOACH MANOT TO IDF SOLDIERS

PURIM PROJECT 2019

Every year Jews from all over the world celebrate the holiday of Purim! One of Purim's traditions is to give out at least two gift baskets to a friend or a neighbor, this is called "**Mishloach Manot**". Our tradition is to give a platform for you to give Mishloachey Manot to an IDF soldier! Continuing the long lasting tradition of giving, Connections Israel is providing the option to connect directly to an IDF unit and to sponsor their Purim Baskets. Let the soldiers know how much they mean to you!

For more information and to sponsor, use this link- <https://www.connectionsisrael.com/purim-2018>

We will send you photos and a video of the soldiers receiving your Mishloachey Manot!



DMARC- LASTING IMPACT OF THE SHUTDOWN

Lasting Impacts from the Government Shutdown

Lelzinga January 28, 2019

Last Friday, the longest government shutdown in US history finally came to an end. But there are still some lasting impacts for the DMARC Food Pantry Network.

As a result of the shutdown, the USDA directed states to send out February's SNAP benefits early, no later than January 20. In Iowa, February's SNAP benefits were distributed on January 17.

DMARC will likely see less food pantry use at the end of January, as SNAP participants have benefits to spend on groceries. However, as we move later in to February, we expect more people will turn to the DMARC Food Pantry Network as their benefits run out.

The month of February is historically our lowest month of food pantry use. We believe this is in large part due to lower-income households receiving their tax returns in February and having extra money to spend on groceries. If the processing of tax returns is delayed, this too could impact the number of people who turn to a food pantry in February.

Want to help? Please encourage your business, congregation, civic group, etc. to hold a fund or food drive for DMARC – you can even designate your donation or drive toward our "Shutdown Response Fund."

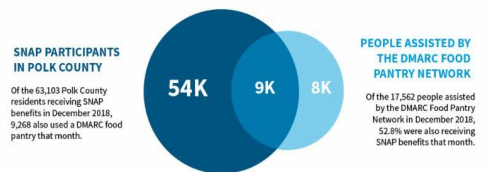
The recent government shutdown underscores the necessity of federal nutrition programs like SNAP. According to Bread for the World, federal nutrition programs deliver more than 19 times the amount of food assistance than private charitable sources. So what exactly would it mean for DMARC if SNAP benefits ever were reduced significantly or did not go out at all?

According to the latest state data, in December 2018 there were 63,103 Polk County Residents receiving a total of \$7.1 million in SNAP benefits (see above diagram). Only around 9,000 of those people also used a DMARC food pantry in the month of December.

Let's put that into perspective: the amount of money distributed in SNAP benefits for a single month in Polk County, Iowa, is over 2.5 times the amount of DMARC's entire Food Pantry Network budget for FY17-18. The simple fact is the charitable sector would not be able to fill this gap.

Thankfully, SNAP recipients can rest assured that they will receive benefits in March and April due to the continuing resolution that re-opened the government on Friday. Beyond then, these politically turbulent times still offer plenty of uncertainty.

FOOD ASSISTANCE IN POLK COUNTY, IOWA - DECEMBER 2018



COMMUNITY NEWS

USY & KADIMA TIKKUN OLAM PROJECT EVENT

USY AND KADIMA

TIKKUN OLAM EVENT

Kadima kids made fleece tie blankets that will be donated to Project Linus, and organization that helps bring warm, cozy blankets to children of all ages who have experienced trauma. This Tikkun Olam event was a great way for those who attended to learn the importance of helping others, and having fun while doing so. A huge thank you to Mia Blumberg, Ari Wolf-Klass, Ezra, Zeke, Felix and Tasha Hausmann for coming out in the cold to complete six blankets for donations!"



TIFERETH MEN'S GROUP-VEGAS TRIP



THE LOUIS & MARILYN HURWITZ GIFT SHOP

Do you need a Jewish gift or Ritual Judaica?

Please stop by the Louis & Marilyn Hurwitz Gift Shop to see our selection.

Always open during office hours,
M-TH 9-5pm & F 9-3pm.



YAD DISCO PARTY



DO YOU WANT TO GET CERTIFIED IN CPR & FIRST AID?



Are You Interested in Getting Certified in- CPR + AED + FIRST AID at Tifereth?

Before scheduling a class(es) we need to know how many people are interested and what days would work best.

Either a two part class, four hours each or a one day eight hour class would be available. This would be an American Heart Association certification class for CPR, AED and First Aid. It will be taught by **Ayal Naggar** and **Liz Hopkins** if there is enough interest. This certification is for people 13 years of age and older. The class has a suggested donation of \$45 to cover materials and their certification card with AHA. Options are either 2 weekday mornings, all day Thursday or 2 Sunday Mornings. If you would like to take the class, please contact Liz Hopkins and let her know what day(s) you would prefer. elizabeth.hopkins.03@gmail.com **Thank you.**

JEWISH PLAY

Invitation to the Iowan Community for the Jewish Play, *Indecent* showing at Spencer Theatre in Kansas City.

January 18- February 10

- “ELOQUENT... MOVING... hauntingly Absorbing.”– **The Washington Post**
- “A heart-stirring reminder of the power of art.” – **Daily News**
- “Thrilling. Stirring.”– **DC Theatre Scene**

Paula Vogel’s deeply intimate, yet joyful and funny play is inspired by the true events surrounding the controversial 1923 Broadway debut of *God of Vengeance*, a play seen by some as a seminal work of Jewish culture — and as an obscenity by others. Ultimately a love-letter, *INDECENT* charts one of the most fascinating scandals in theatre history.

For more information and to buy tickets- <https://kcrep.org/show/indecent>
Spencer Theatre 4949 Cherry St., Kansas City, MO 64110



NEW AT THE IOWA JEWISH HISTORICAL SOCIETY

Now on Exhibit for the first time at the Iowa Jewish Historical Society:
A pew, yarmulke stand, and student desk and chair from the closed B’nai Jacob Synagogue in Ottumwa.

B’nai Jacob held their last Torah service on May 19, 2018.



The museum is open
1:00–4:00pm Mondays through Fridays.
It’s always good to call ahead to 515-987-0899 ext. 216 since we’re in a secured building.
That way we can greet you at the door.



WE WANT YOU TO ASK THE RABBI!



Ask the Rabbi!

We have started an “*Ask the Rabbi*” column in the Tifereth Bulletin! Each month Rabbi Barton will pick a question or two from congregants of all ages, and answer them to the best of her ability. Please submit a question, whether you are 5 or 105! Please send your questions to office@tifereth.org and in the subject line please put “*ask the Rabbi*”

SHELTER DINNER



Next Shelter Dinner will be
Sunday, February 24th at 9:00am
At Caspe Terrace



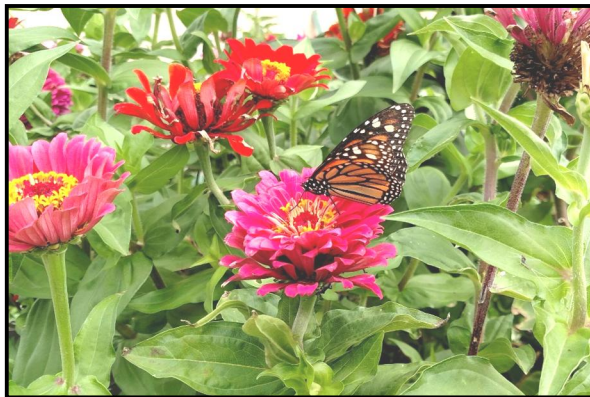
Please consider volunteering to prepare the dinner
or to donate food for the dinner. Thank you!

The Tifereth Tikkun Olam Committee Shelter Dinner group shops, prepares and delivers meals made in the Ohringer Kitchen: A Blumenthal Family Legacy several times a year. These meals supports a local shelter for women and their children who have suffered domestic violence. If you would like to contribute to this important activity, be added to the committee contact list or if you have questions please contact the office, office@tifereth.org. Don't forget that teens can earn Silver Cord hours for volunteering as well! Watch for Tifereth weekly emails, Bulletins, the Tifereth website and Facebook page for future Shelter Dinner dates. To volunteer please contact **Mike Mintzer** mikeandalla@msn.com
Thank you for volunteering!

TIFEREETH ROSENBLATT FAMILY GARDEN NEWS

*Planning for the 2019
Rosenblatt Family Garden is Underway!*

The first meeting of 2019 for the Rosenblatt Family Garden was held in January. The Tikkun Olam Garden Committee is looking for people to join. If you are interested please contact the Tifereth office or MaryPaul Even. The next meeting has yet been scheduled. Please watch weekly emails and [facebook.com](https://www.facebook.com) for more details. *Thank you!*



**For continual updates, please join the Committee's email list,
please contact office@tifereth.org or 515-255-1137**

COMMUNITY NEWS

PLEASE JOIN US FOR FRIDAY NIGHT SHABBAT SERVICE FEBRUARY 1ST, 2019

TIFERETH ISRAEL SYNAGOGUE
924 POLK BLVD | DES MOINES

SERVICE (LED BY BSS STUDENTS) BEGINS AT 6PM
FEATURING GUEST ARTIST IN RESIDENCE ELIANA LIGHT
FAMILY FRIENDLY DINNER WILL FOLLOW THE SERVICE

Beit Sefer Sha'om

KRAV MAGA CLASSES , REGISTER NOW!



As Seen On-



REGISTER NOW!

Tuesdays, February 5th, 12th & 19th, 2019
6:30-7:30pm

Would you like to learn self-defense? Are you curious about Krav Maga and would like to learn the basics? **Krav Maga**, (known as "Contact Combat" in Hebrew) is the official self-defense and fighting system used by the Israel Defense Forces, Israeli Police, military, and anti-terrorism units. The winter of 2019 we will be offering classes at Tifereth taught by local experts from Triumph Martial Arts in Clive. It would be a great way to warm up in the middle of an Iowa winter, get some exercise, learn some history about Krav Maga, learn self-defense and more!

Classes will be conducted in the Social Hall and are open to everyone wanting like to learn! Triumph Martial Arts will be instructing this class series. The instructor is **Chris White**, a Level 3 Military Instructor and Krav Maga Black Belt. Triumph Martial Arts is charging \$54 for the 3 class session.

We hope you will join us! To register please contact barb.berven@tifereth.org

KRAV MAGA
WITH TRIUMPH MARTIALARTS

For more information on
Krav Maga-
iowakravmaga.com



COMMUNITY NEWS– UPCOMING EVENTS

SENIOR ACTIVITY



Jewish Family Services
Jewish Federation of Greater Des Moines

Thursday, February 7th, 12:00 – 1:30pm

Temple B'nai Jeshurun

Cost for lunch is \$5 per person.

Contact Jody Ingersoll to **RSVP** or if you need a ride.

Jody@dmjfed.org or 515-987-0899 ext 210

AARP Presentation

A speaker from AARP will visit us to talk about their Fraud Watch Network. Learn tips to protect yourself from computer and phone fraud scams.



HAVDALAH, GAME NIGHT & POTLUCK



Havdalah, Game Night & Potluck!

**Saturday, February 9th at 6:30pm &
March 2nd at 6:45pm**

After a brief Havdalah service, we will break out the games and enjoy potluck together. We'll also have a movie here for younger children.

This fun evening is open to everyone -- singles, couples, families with children, young and old, members, visitors, and guests -- **ALL are welcome!**

Please bring either a dairy appetizer or pareve entrée or dessert to share.

EREV NASHIM LADIES DINNER GROUP

Erev Nashim is a purely social, multi-generational gathering of women in the Jewish community. We dine at restaurants throughout the greater Des Moines area, schmooze, kibitz, and share what's new in our lives. This is a great way to meet and get to know other women! This monthly outing is one of Tifereth Israel's most popular programs and is open to any women who are in any way connected to the Des Moines Jewish community.

Wednesday, February 13th at 6:30pm

Cosi Cucina, A low-key eatery doling out generous servings of Italian-style pasta, pizza & entrees.

1975 NW 86th Street Clive or cosicucina.com

To **RSVP** or for more information or suggestion, please contact **Jody Hramits** jodyhramits@gmail.com



COMMUNITY NEWS– UPCOMING EVENTS

DATE NIGHT WITH **BABYSITTING**

Couples Date Night with Babysitting!

Join us for an evening at Flix Brewhouse,

Saturday, February 16th at 6:45pm
RSVP to barb.berven@tifereth.org



TIFERETH TO HOST MEDITATION AROUND TOWN

MEDITATION AROUND TOWN Des Moines, Iowa

Tifereth Israel Synagogue will host *Meditation Around Town*,
February 21, 2019, 6:00 PM to 7:00 PM

The meditation is **open and free to the public**. No previous meditation experience is required. This will be a seated meditation on the pews. (No reason to

bring a mat). The very gifted and talented **Tracey Kelley** will be our Meditation Leader. Accompaniment will be provided by Hollie Johnson with the beautiful sound of Singing Bowls. Everyone of all ages is invited to come experience this free community meditation that is a regular event on the third Thursday of the month always at a different location in our community. Check out www.meditationaroundtown.com Group meditation is a wonderful way to relax and let go of our busy mind as we enjoy the energy of the oneness of the group.



Meditation Leader:
Tracey Kelley

I hope you can join in . If you have any questions, feel free to contact **Dennis Kelly** at 515-321-8987.

TRIBE HAPPY HOUR



The Tifereth Tribe is a group for 20's & 30's young professionals to gather once a month, to spend time getting to know each other.

Don't forget to bring your friends, whether they are Jewish or not, **all are welcome**.

Please join us at
St. Kilda Café, Bakery & Bar
Thursday, **February 28th** at
5:00-7:00pm
stkildasm.com



Join Us for Conversation, Nosh & Happy Hour!

You may also RSVP directly via Eventbrite at-
<https://www.eventbrite.com/e/tribe-happy-hour-at-st-kilda-tickets-55608295910>

Save the Date!
More details to follow



Tribe Tikkun Olam Event-
Volunteering at *Meals from the Heartland*
Thursday, **March 14th** 6:00-8:00pm

More details to follow

For suggestions, more information, updates & to **RSVP** please **like** the TiferethTribe Facebook page, facebook.com/iowatribe



COMMUNITY NEWS– UPCOMING EVENTS



Get Ready for the Tifereth Kosher Chili Cookoff!

Places like Dallas and Houston, Texas have been having kosher chili cook-offs for years. Why should they have all the fun? Get your chili recipes out and perfected for the **Sunday, February 24th competition!**

Kosher Chili Cook-Off Sunday, February 24, 1-3 pm

- **\$5 to attend, no charge for competitors**
- **Sample chili recipes made by your fellow congregants, vote for your favorite, and help crown the 2019 Tifereth Chili Champion!**
- **Recipes must either use kosher meat/poultry or be vegetarian and pareve – no dairy ingredients allowed!**
- **Deadline to register as a competitor – Friday, February 15th**
- **RSVP deadline – Friday, February 22nd *Everyone must RSVP for headcount on food. Thank you!***
- **RSVP to barb.berven@tifereth.org**

Rules for competitors

- Competitors must purchase their own ingredients, prepare and heat their chili at home prior to coming, and transport their chili to the synagogue in their own slow cooker (to be kept on low during the event)
- Competitors must use a slow cooker liner, as the slow cooker cannot be kashered.
- Competitors must bring their own ladle for serving the chili. Tifereth/Social Programming Committee will supply bowls, spoons, napkins, plates to rest the ladles on, and oyster and/or saltine crackers.
- Competitors must arrive at least a half hour prior to the start of the event (by 12:30 pm), to allow time to set things up and keep the competition “blind”.
- Competitors should bring an extension cord, to ensure that the slow cooker cord will reach the nearest plug/power strip.
- Recipes must either use kosher meat/poultry or be vegetarian and pareve, and all ingredients must be kosher. Check carefully to ensure the recipe does not contain any dairy ingredients. If using veggie crumbles in place of meat, please be aware that some brands of crumbles do contain dairy ingredients.
- Competitors may not bring any food or utensils from their chili dishes into the synagogue kitchen. Washing of utensils may be done in the Youth Lounge.
- Competitors must fill out a form and submit it to Tifereth prior to the event, disclosing the ingredients in their chili and providing information about whether the chili was prepared in a kosher home, with kosher utensils, etc. The information will be displayed next to each slow cooker so tasters can determine whether they can sample it based on their level of observance, allergies, whether they eat meat, etc.
- The competition will be “blind” – each recipe will be assigned a number, to be displayed next to it. Tasters will serve themselves and competitors will not stand next to their recipes during the event. Tasters will vote for their favorite recipe by number on a slip of paper, and a winner will be determined by the most votes toward the end of the event.



2019 Tifereth Israel
Purim Celebration



Join your
Tifereth Israel community on

**Wednesday, March 20th
at 6:00pm**

to fulfill the
mitzvot of Purim
and celebrate how
Queen Esther helped save
the Jewish people!

PURIM SPIEL
directed by Sarah Weinberg

The evening will also include dinner,
Mocktails & Cocktails,
a variety of family-friendly activities,
including an interactive Purim story,
songs, arts and crafts, sh'lach manot
(Purim food baskets),
our annual costume parade,
and the reading of the
Book of Esther.

The event is free and open to the community.
Please RSVP to barb.berven@tifereth.org

Dinner catered by the Copelands

Donations to help cover the cost of the event will be gladly accepted;
please mail your donation to the Tifereth Israel office at 924 Polk Blvd, Des Moines, IA 50312

Tifereth Israel
SYNAGOGUE 

924 Polk Boulevard | Des Moines, IA 50312
515-255-1137 | www.tifereth.org | office@tifereth.org | fb.com/tiferethdesmoines

**FOUR MITZVOT
OF PURIM**

Our remembrance of the miracle
of Purim includes the following
four mitzvot

1. **We listen** to the Megillah, the Scroll of Esther (and stomp our feet and twirl graggers whenever we hear Haman's name mentioned).
2. **We emphasize** the importance of Jewish unity and friendship by giving gifts of food to our families, friends and community.
3. **We give** tzedakah directly to people in need.
4. **We prepare** for the holiday by marking the Fast of Esther.

We hope you'll join us for
this year's Purim celebration, where
there will be opportunities to fulfill
these mitzvot!

ADULT EDUCATION

WEEKLY SHABBAT LUNCH AND LEARN WITH RABBI BARTON

Weekly Shabbat Lunch and Learn with Rabbi Barton

Stay for Kiddush and learning after services! **Saturdays** from approximately **12:30-1:15pm**. Bring your questions and opinions! Texts will be read in English, but Hebrew will also be provided. Note: There will not be a Torah discussion on the weekends there is a bar or bat mitzvah.

Lunch and Learn Topic– The Book of Samuel.

STEP: SUNDAY TORAH EDUCATION PROGRAM

STEP's study of the Hebrew Bible is ongoing. The discussion meets **Sundays at 10:00am** (except on holidays) in the Tifereth Israel Bookey Classroom. Feel free to stop in anytime; there's always a fresh pot of coffee and something sweet to eat! STEP is moderated by **Mike Kuperman**.

LEARN TO LEYN/CHANT WITH SUE HARRIS

Would you love to learn to leyn/chant from our sacred Torah scrolls? Can you decode Hebrew? If yes, then I'd love to teach you! Please email me at sue.harris@tifereth.org and let me know if you need a refresher or want to start from the very beginning. **Thank you!**

LEARN TO BE A HOLY ROLLER

Every week the Torah needs to be rolled for services and it's a multi person job. We would love to have a few volunteers help with this task, you just need to be able to reach above the Bimah!

All ages welcome!

Contact sue.harris@tifereth.org if interested or talk to her at Shabbat services. **Thank you!**



2019 CLASSES

Stay Tuned for the following classes/events to come in 2019

- **Jewish History and Israel**– Book discussions and films
- **Conservative Teshuvot**- *How Does the Conservative Movement Make Change in a Traditional Framework* with **Rabbi Barton**
- **Shavuot**– *Why I Choose to be a Jew: Presentations and Discussion*
- **Hebrew**
- **Intro to Rabbinic Literature/ The Talmud**

We want your input! Are there subjects you would like to learn more about? Movies and books you would like to discuss? Please contact us and we'll try to make it happen! Please contact the Tifereth office with your ideas, topics and suggestions. office@tifereth.org Thank you!

Introducing: Tifereth Israel Synagogue's new **Chavruta program!** Chavruta, the Hebrew word for "friendship," is a traditional style of Jewish learning that puts the student first. Two students sit together to study a text - anything from Midrash to Movies- and analyze it as a team. Discussing new ideas helps both partners better understand what they think about the text. Chavruta also offers the opportunity to engage with the Tifereth community and Jewish learning on YOUR schedule. Chavruta is open to all who want to participate in Jewish learning. No experience required. Fill out the interest form to get started. A member of the Adult Education committee will contact you with more information and introduce you to your new chavruta partner. <https://goo.gl/forms/wmL0KfNdZzkiWDpG3>

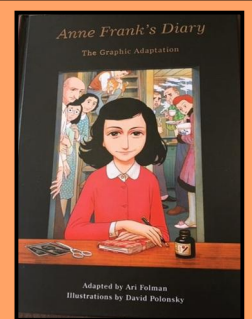
NEWS FROM THE POMERANTZ LIBRARY

NEW IN THE LIBRARY— Book Review ***Ann Frank's Diary, The Gaphic Adaptation***

Adapter Ari Folman was contacted 5 years ago by Anne Frank Fonds in Basel and asked to edit the diary for a graphic adaptation. He had grave reservations about taking on the project but I think has done a most remarkable job. This rendition remains true to Anne Frank's memory and legacy. Folman and artist David Polonsky have of course taken some liberties in their interpretation but have maintained the goal of honoring and preserving Anne in every frame. They have interspersed pages from Anne's original diary in their work beautifully. It's a splendid achievement and a suitable read for middle teens right through adults.

MaryPaul Even

The Tifereth Israel Synagogue Library is a special place. If you have not been in the library in awhile, we welcome you to explore all the books it has to offer. On Wednesday mornings, Library Volunteers **Rita Weinberg** and **MaryPaul Even** are available for questions and suggestions. We continue to add to our "**Free to a Good Home**" section on the east wall for you to add to your personal library.



NEW ADULT ED. PASSOVER CLASS

Matzah and Midrash

April 4th, 11th and 18th from 7:00-8:30pm

A three part class that looks at the various ways we tell the Pesach narrative and how we can use those to create new practices for our Seders. You will need to prepare the texts before you come to class.

April 4: Exodus 6:1-13:16 and your family's Haggadah: a discussion on how the Torah and haggadot tell the Passover story. What is embellished in the Haggadah and what is left out?

April 11: Modern cinematic midrashim: The Ten Commandments and The Prince of Egypt. How do these films tell the story? Do the films reflect a Christian or Jewish perspective? What do the points of view add or subtract to the meaning of the Passover story for Jews?

April 19: A personal midrash for new Seder practices: A friend taught that one is to add something new to the Haggadah each year to keep it meaningful for those participating in the Seder. What do you think of this idea? Class members will have an opportunity to create their own additions to the Haggadah and share with the class if willing. There will also be opportunities to share these creations at the Community Seder on **April 20**.

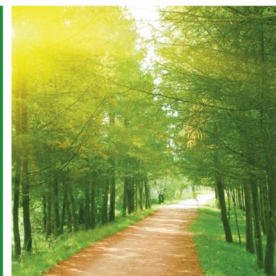
ADULT EDUCATION

ADULT ED CLASS CHAI MITZVAH WITH TIS & TBJ



How do we develop, re-define our Jewish lives? Chai Mitzvah combines study, ritual and social action, providing the framework for a meaningful Jewish journey. Chai Mitzvah has five basic components in a twelve-month program: Group study, Independent study, Ritual, Social Action. Participants who finish the program receive a certificate from Chai Mitzvah, and a tree planted in their honor courtesy of Jewish National Fund's collaboration with Chai Mitzvah. For questions please contact Christine Dietz at cdietz895@gmail.com Chai Mitzvah will meet on the **fourth Tuesday of the month at 6:30pm** **If you have any questions please contact Christine Dietz at cdietz895@gmail.com or (515) 210-3841.**

February's Theme
MINDFULNESS



TUESDAY FEBRUARY 26
AT TIFERETH ISRAEL
6:30P TO 8:00P
LED BY CHRISTINE DIETZ

Chai Mitzvah Topics and schedule:

October 23, 6:30 pm	Adult Rites of Passage	Rabbi Emily Barton at TIS
November 27, 6:30 pm	Tzedakah/Philanthropy	Rochelle Hjelman at TBJ
December 18, 6:30 pm	Individual & Community	Rabbi Emily Barton at TIS
January 22, 6:30 pm	Interpersonal Relationships	Samantha Kemp-Carlin at TBJ
February 26, 6:30 pm	Mindfulness/Conscious Living	Christine Dietz at TIS
March 26, 6:30 pm	Passover	Eliannah Siepmann at TIS
April 23, 6:30 pm	Israel and the Jewish Spirit	Rabbi David Kaufman at TBJ
May 21, 6:30 pm	Gratitude/Modim Ananchu Lach	Christine Dietz at TIS
June 25, 6:30 pm	Judaism and the Environment	Josh Mandelbaum at TBJ
July 23, 6:30 pm	Leadership	Sally Frank at TBJ
August 27, 6:30 pm	Death and Loss	Robin Karney at TIS
September 24, 6:30 pm	Arc of the Fall Holidays	Ryba Epstein at TBJ

INTRODUCTION TO JUDAISM

Sundays, 12:00 noon – 1:30 pm beginning October 21st.

Taught by **Christine Dietz** and **Rabbi Barton**, this class is open to anyone interested in learning more about Judaism. It is also **REQUIRED** for anyone considering conversion to Judaism. The class will be based on the Miller Introduction to Judaism curriculum supplemented with additional texts and activities. The cost to non-members is \$150 and it is free to TIS members. Scholarships and payment plans are available. Please contact **Rabbi Barton** if you are interested in converting, before registering for this class. rabbibatton@tifereth.org
This class is now closed to new participants. If you are interested in taking this class, look for a new class beginning in Fall 2019!



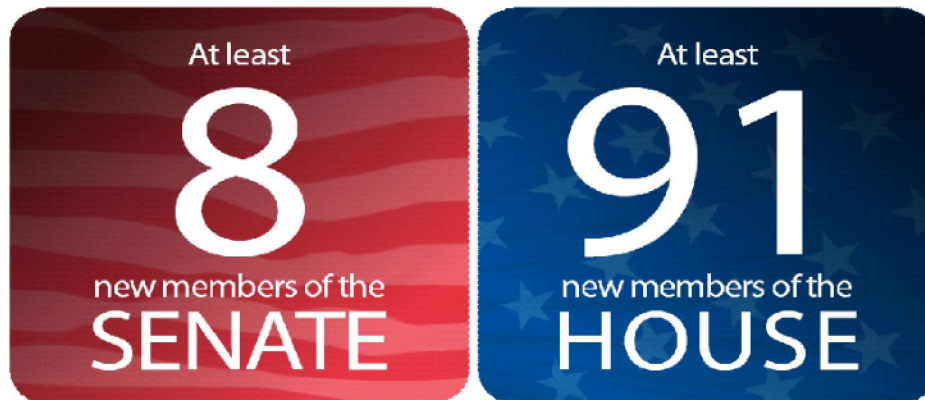
Miller Introduction to
Judaism Program
OF AMERICAN JEWISH UNIVERSITY



AIPAC POLICY 2019 CONFERENCE

MARCH 24-26 • WASHINGTON, D.C. • WWW.AIPACPOLICYCONFERENCE.ORG

**Nearly 100 new lawmakers.
More reasons to come to Washington.**



We need you this March.

Every election brings new faces to Washington. And this year, with nearly 100 new members soon to be sworn in, we need your voice in our nation's capital to engage them in our critical work.

[Register](#) for the 2019 AIPAC Policy Conference today and make a difference for the U.S.-Israel relationship.

COMMUNITY NEWS—ARTIST-IN-RESIDENCE, ELIANA LIGHT!

Camp Ramah
מחנה רמה

IN WISCONSIN
בוויסקונסין



Ramah Shabbat at Tifereth Israel

February 1-3, 2019

Artist-in-Residence Eliana Light

**Schedule Includes
Adult & Children's Events-**

Friday, February 1st, 6:00pm For Adults & Children

- Mishpacha & Beit Sefer Shalom Shabbat with Jewish Musician **Eliana Light & Rabbi Barton**
- **Dinner catered by the Copelands**, All welcome, following services, RSVP Required for headcount on food- barb.berven@tifereth.org
- Following dinner, Camp Director **Jacob Cytryn** will be available for informal discussions with parents

Saturday, February 2nd, All Day For Adults & Children

- **9:30-10:15**-Non-traditional shacharit with Jewish Musician **Eliana Light**
- **10:30-11:15ish**- **Eliana Light** will lead Camp-style kid services in the Youth Lounge for KIDS first grade and up
- **Camp Director Jacob Cytryn** will give the **Dvar Torah** in the main service
- **Kiddush catered by the Copelands**
- **After kiddush there will be all day programming for school-aged children through Havdalah**
- **12:15-1:00pm**- **Adult** Camp Ramah information meeting for interested parents with **Jacob Cytryn**
- **12:30-1:30pm**— **Adult** Lunch & Learn lead by **Eliana Light** on God and Spirituality

Saturday, February 2nd, 6:45pm For Adults & Older Children

- **6:45 pm**- Jewish music concert with **Eliana Light**, following Havdalah
- THIS WILL BE A CONCERT GEARED PRIMARILY TOWARDS ADULTS AND OLDER CHILDREN.** (The children will learn a few songs during the course of the day to sing in the concert. Then younger children will continue to play with camp staff.)

Sunday, February 3rd

- **Jacob Cytryn** and **Eliana Light** will visit Beit Sefer Shalom.



- Enjoy a Shabbat dinner & Kiddush catered by the Copelands
- Artist-in-Residence, Jewish musician **Eliana Light** will teach & perform an adult concert
- Learn about Ramah's Family Camp
- Hear **Jacob Cytryn** give the **Dvar Torah**
- Participate in all day camp-style programming, see schedule

Tifereth Israel
SYNAGOGUE



RAMAH WISCONSIN FAMILY CAMP



Join us for FAMILY CAMP August 7-11!



You are invited to enjoy a stress-free vacation filled with fun activities for both children and adults led by our fabulous Ramah Wisconsin staff! Do you like swimming and kayaking? Arts and music? Ropes course thrills? Basketball, softball, volleyball, soccer, and tennis? Singing around the campfire? You'll enjoy all this and a beautiful Ramah Shabbat.

Don't miss this wonderful opportunity to relax in the beautiful Northwoods with your family. There will be plenty of time for playing, learning, and schmoozing. Programming is geared to children under age 11.

Get in touch now for more information

rrubenstein@ramahwisconsin.com

YOUTH AND YOUNG FAMILIES

KADIMA EVENT

Kadima Shark Tank!

Sunday, February 10th, 2:00-4:00pm

Kids will work either in teams or on their own to invent something that would be useful in the Jewish world. Innovation and technology are a huge part of Israel's culture and this event will be a fun way for kids to learn about what is being invented in Israel, and then create their own invention. Each team will start by creating a plan, then create a prototype from the various materials provided. **RSVP to Anna Zavell anna@dmjfed.org**



USY EVENT

USY Iron Chef!

Sunday, February, 17th, 2:00-4:00pm

Food is a major component of the Jewish culture. There are many traditional foods for holidays and from different parts of the world. What happens when you take these staples, strip them of their ingredients and use those ingredients to create something entirely new? **RSVP to Anna Zavell anna@dmjfed.org**



SUMMER CAMPS 2019

JUNE 10TH - AUGUST 16TH

Engman Camp Shalom

AVAILABLE TO ANY CHILD ENTERING KINDERGARTEN-8TH GRADE

engmancampshalom@dmjfed.org
engmancampshalom.com

33158 Ute Avenue * Waukee, IA 50263 * 515.987.0899

Gan Shalom

2 YEAR OLD PROGRAM
3 YEAR OLD PROGRAM
4 YEAR OLD PROGRAM

ganshalom@dmjfed.org
ganshalompreschool.com

Stop into the Pomerantz Library for a Great Selection of Jewish Children's Books!

Open Everyday!

SAVE THE DATE!

SUNDAY, MAY 5, 2019
North Suburban Synagogue Beth El, Highland Park, IL

Join us as we thank Rabbi David Soloff for 44 years of visionary leadership of Camp Ramah in Wisconsin and Ramah Day Camp

Sponsor Reception 5:00 pm
Cocktails 6:00 pm
Dinner & Festivities 6:30 pm

Dinner tickets, tribute pages and sponsorship info at RabbiSoloffTribute.com or 312.690.8325

YOUTH AND YOUNG FAMILIES

TOT SHABBAT & JR. CONGREGATION

Tot Shabbat & Jr. Congregation will be meet next on **February 23rd at 10:30am**. Tot Shabbat provides an opportunity for parents and children to celebrate Shabbat together. Junior Congregation is Tifereth Israel's supplement to the Jewish education offered by Beit Sefer Shalom for children in 3th – 6th grade. Watch tifereth.org and your emails for updates on all youth programs and activities, including Ramah Shabbaton!

UPCOMING YAD ACTIVITIES

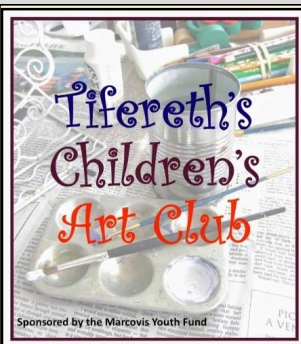
Please plan to attend the following YAD group activity:

- Mishpacha Shabbat & Ramah Shabbaton Weekend **Friday & Saturday February 1st–2nd**
- Purim Celebration, Wednesday March 20th at 6:00pm

Watch emails for future YAD events.



TIFERETh CHILDREN'S ART CLUB



A Monthly Educational Program for kids at Tifereth.

Sunday, February 17th at 12:30pm, Lunch is Provided

THE TOPIC: JEWISH PUPPETEERS IN THE 20TH CENTURY, WITH PUPPET MAKING

The children's Art Club returns this year! Art enriches our lives. It strengthens our connection to ourselves, our self image, our spirituality, and our community, gives us empathy, and helps us connect and understand each other. The aim of the Tifereth Art Club is to make a positive difference by instilling children with the potential to express their creativity while giving them a sense of Jewish pride. Art is a powerful tool for success, and the best part is we have so much fun doing it!! Kids will be able to complete art projects connected to a Jewish theme. Sessions will be led by **Cynthia Shulman** one Sunday each month.

RSVP is REQUIRED for food and supplies barb.berven@tifereth.org

There is no cost to participating families, This educational program is made possible by the **Marcovis Youth Fund**.



An Inspired Approach
to Education and Lifelong Learning

"This is more than a preschool, it's a community with kind educators who care about my daughter's wellbeing as much as I do. If you're looking for a nurturing environment for your children, look no further!"
— Gan Shalom Parent

Enroll today!

Schedule Your Tour Today!

Gan Shaom
33158 Ute Avenue, Waukee
www.jewishdesmoines.org

ganshalom@dmjfed.org
or 515-987-0899

A New Shipment of Books Has Arrived!

- Sliding into the New Year (\$10 each)
- Shaking in the Shack (\$11 each)
- Hoopla Under the Huppah (\$15 each)

Dori Weinstein's Jewish children's chapter book series are available for purchase in the Tifereth office.

WOMEN'S LEAGUE NEWS

Membership: Dues Statement for the 2018-19 Women's League membership and statements have been mailed. **Please send your payments to Rose Sloven** 13002 Hazelwood Drive, Clive, IA 50325-7470



Torah Fund: 2018-2019 Torah Fund Campaign: Watch your mailbox for the Campaign letter. The 2018-2019 Torah Fund Campaign ends May, 31 2019. To date, 18 people donated to the 2018-2019 Torah Fund Campaign our current total is \$2,290 If you have any questions please Contact the Torah Fund Chair, Gwen Griger at 515-537-1454.

Women's League donations to T.I. Women's League or Torah Fund will be included in your annual account overview from the synagogue. Thanks to **Barb Berven** for helping us make this accounting possible for you. If you have questions about a donation or want to be sure your donation is accounted for please contact

HONORING WOMEN'S HISTORY MONTH

SAVE THE DATE

Wednesday, March 27th at 6:30pm

*Women's League will be celebrating Women's History Month with a presentation on prominent Jewish women highlighting the new book, **With Strength and Splendor- Jewish Women as Agents of Change.***

*Guest Speaker- **Sally Frank**, Law Professor at Drake University*

Enjoy Wine, Cheese and enlightening discussion.

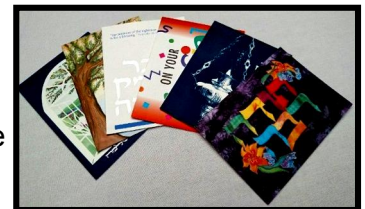
Books will be for sale in the Tifereth office beginning in February for \$10

RSVP to barbaraleventhal@gmail.com



WOMEN'S LEAGUE IS SELLING TORAH FUND GREETING CARDS

The Gift Shop has several different types of Women's League Torah Fund cards for sale for \$5.00 each. These cards are for special occasions such as, sympathy, mazel tov, get well, thank you and general celebration. The money spent on these cards are donations to Torah Fund. If you want to purchase any of these cards, the office would be happy to help you anytime during office hours. Thank you!



WOMEN'S LEAGUE IS ON FACEBOOK



Tifereth Women's League is on Facebook.

Please like us at www.Facebook.com/TIWomensLeague



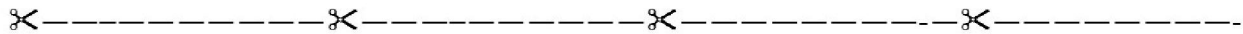
Tifereth Women's League

Hamantashen & Shalach Manos Baskets Sale

Purim is March 21st, 2019 and we have the tastiest Hamantashen this side of Shushan!

**Our delicious Hamantashen are \$13 per dozen,
The Shalach Manos Baskets are \$8 each or \$7 for two or more.**

To order- Contact Barb Leventhal Beckerman at barbaraleventhal@gmail.com



Order Form

Name _____ Contact _____

Please indicate the number of dozens of each Hamantashen flavor and Shalach Manos baskets you would like to order. We are unable to mix flavors in our dozens.

_____ Mixed Fruit/ Prune	_____ Poppy Seed/ Muhn* (*Contains walnuts)	_____ Cherry
_____ Apple	_____ Apricot	_____ Peanut Butter Chocolate Chip
_____ Shalach Manos Baskets		

Please make checks payable to Tifereth Israel Women's League
Thank you for your support!



Facebook.com/TIWomensLeague

HAPPY BIRTHDAY TO:

February 1	Brad Long Simma Stein	February 10	Steven Nelson, Jr.	February 20	Robert Press Revital Simon
February 2	Shirley Hadenfeldt	February 11	Andrew Harris	February 21	Sharon Engman Vladimir Malina Allison Rovner Gloria Rovner
February 4	Scott Rovner Mark Shoykhet	February 12	Rive Geller Nashi Khalastchi Henry Roberts	February 22	Isadore Berman Elizabeth Goodman
February 5	Aaron Bell Bruce Myers Toni Urban	February 13	Meyer Lederman	February 23	George Deal
February 6	Edward Bruggemann	February 16	Wolfe Kac Moses Sloven	February 25	Natasha Hausmann Boris Pusin
February 7	Nancy Waldman	February 17	Alan Koslow Jeff Reed	February 26	Jared Farber
February 8	Joel Farber Jack Ohringer Allison Wolf	February 18	Carolyn Schoen	February 27	Dawn Rosenberg
February 9	Bryton Bassman			February 28	Suzanne Chester Daniel Malina

HAPPY FEBRUARY
ANNIVERSARIES

February 22 Rita & Harvey Weinberg

DMARC RED BARREL MONTHLY SUGGESTED DONATION



The DMARC Red Barrel is located in the Tifereth entryway. Feel Free to drop off donations during office hours, see back page for hours. If you would like to contact or donate directly to the Des Moines Area Religious Council directly: 515-277-6969 dmarcunited.org

FEBRUARY 2019

DONATION
of the **MONTH**

*Culturally
Appropriate Food*



Healthy Canned Goods

low sugar, fat, and salt options



**Canned Jackfruit
& Banana Blossoms**

canned in water or brine



HAPPY BIRTHDAY TO:

March 1 Neil Hausmann	March 8 Susie Kimelman Mary Noss Reavely	March 22 Danielle Engman Rebecca Finkelshteyn Hinda Meyers
March 2 Bruce Hay Eli Wolnerman	March 9 James Hay Ellen Kirschner	March 23 Jacob Copeland
March 3 Matthew Brody	March 11 Margie Koslow	March 24 Todd Jacklin
March 4 Marilyn Winick	March 13 Brad Brody Harry Griger Susan Madorsky	March 25 Alma Mazar
March 5 Elijah Waltman	March 14 Jeff Beecher	March 26 Matthew Biren-Erpelding Ezra Hausmann Shirlee Marcovis Cynthia Rovner
March 6 Philip Bear Mia Blumberg Steven Goldstein Patricia Shepherd Mike Siegel Lois Sloven	March 18 Lilianna Bernstein	March 27 Rob Engman Marina Staroselsky
March 7 Amy Brody Mayim Finkelstein Stephanie Perl Marvin Winick	March 19 Alan Givant	March 28 Andrew Rosenberg Rebecca Toubes
	March 20 Julianna Dubin William Nechtow	March 31 Philip Blumberg Carolyn Levine Jonathan Urban

HAPPY MARCH ANNIVERSARIES

March 6 Maria & Bruce Hay	March 24 Esther & Warner Bergh
March 16 Judy & Mitchell Gregerson	March 25 Ann & Larry Blumberg
March 23 Cynthia & Marc Shulman	

Tifereth Israel SYNAGOGUE

Thank you to those that contributed photos to the Tifereth Bulletin, It is very appreciated! These people include,

Hannah Rogers, Will Rogers, Anna Zavell



If your name was not mentioned please let the office know, it will be added to next month's Bulletin.

We would really like to add your photos to the Tifereth Bulletin, if you have photos to submit, please send them to office@tifereth.org
Thank you!



Hy-Vee Windsor Heights
continues to get new truck loads of kosher foods.

Please check back often and watch for updates on the -

Facebook Group—
Kosher In Des Moines Iowa



Just in—
Kosher dried cooking spices!

Hy- Vee will continue to purchase and provide kosher products as long as it sells. Please support it! If you have a kosher suggestion please let Hy-Vee know!

WINDSOR HEIGHTS
HY-VEE STORE

FUEL SAVER



FUEL SAVER THURSDAYS



EVERY THURSDAY
MARCH 28TH - APRIL 18TH

**EARN
12¢ OFF**

PER GALLON WITH
EVERY \$20
PURCHASE



WITH \$40
PURCHASE



WITH \$60
PURCHASE



WITH \$100
PURCHASE

Includes Fresh Meats, Dairy, Frozen, Dry Grocery, Candy, Select Candles, Wines, Matzo, Empire chicken, Frozen Gefilte Fish, Kosher Turkeys and Turkey Breast, Cold Cuts and more.

*Some restrictions may apply. Stackable \$20.00 purchase excludes money orders, gift cards, gas, catering, pharmacy, tobacco, Western Union, lottery or postage purchases. Total does not include tax or deposit. Please see stores for details or go to Hy-Vee.com for full terms and conditions. Fuel savings are limited to 20 gallons of fuel per purchase.

Valid Thursday, March 28 - Thursday, April 18, 2018. Only at your Windsor Heights Hy-Vee. Some restrictions apply, see store for details. While supplies last. No rain checks. Plus deposit on applicable items.

Hy-Vee

JUST LOOK FOR THESE SIGNS

at your Windsor Heights Hy-Vee.

**KOSHER
ITEM**

**PRE-PASSOVER
SAMPLE FEST**

THURSDAY, MARCH 28
FROM 7 P.M. - 10 P.M.

FREE SAMPLES!

FREE WINE SAMPLES!



DONATIONS: December 17, 2018-January 18, 2019

Louis and Dorothy Pomerantz Camp Ramah Scholarship Fund

Roselind and Sheldon Rabinowitz
In Memory of Susie Osby

Engman Fund

Barb Hirsch-Giller and Harvey Giller
In Memory of Robert Hirsch

Garden Fund

Rebecca Huisman
In Memory of Irving Disenhouse
In Memory of Patricia Disenhouse

General Fund

Jay Beecher
In Memory of Sharon Beecher
Celina and Amir Biniaz
In Memory of Cyrtla Karp
Ann and Larry Blumberg
In Memory of Susie Osby
Margo and Don Blumenthal
In Memory of Ben Witten
Kim and Jeff Chapman
In Memory of Randy Cain
Sashya and Ben Clark
In Appreciation
Helene Cole
In Memory of Pinky Cole
Jan and Jeff Farber
In Memory of Susie Osby
Debra Feintech
In Appreciation
Elise and Jim Galinsky
In Memory of Helen Galinsky
In Memory of Dr. Cecelia Liebow
Sharon and Dennis Goldford
In Memory of Stephen Gold
David Goldman
In Appreciation
Leticia and David Gordon
In Memory of Milton Gordon
Joanie Jacobson
In Memory of Molly Sandler
Sheila and Michael Johnson
In Memory of Barney Pearl
In Memory of Lester Pearl
In Memory of Mildred Pearl
Michael Kuperman
In Memory of Boris Kuperman
In Memory of Susie Osby
Lyubov and Rafael Nanaziashvili
In Memory of Mariya Nanaziashvili
Ronna and Donald Pochter
In Memory of Sylvia Shapiro
Linda S. Podolsky
In Memory of Minnie Beckerman

General Fund Continued

The Family of Rosa Rabinovitz
In Appreciation
Gerald Rosenblatt
In Memory of Etta Rosenblatt
In Memory of Maxwell Rosenblatt
Suzy Robinett and Ron Roseblatt
In Memory of Robert Rosenblatt
Ronit and Dana Simon
In Honor of Morgan & Julia Simon's
Wedding
In Memory of Rosita Rabinovitz
Rose and Joseph Toubes
In Memory of Abraham Hoffman
In Memory of Hyman Toubes
Birdie and Arnie Waltman
In Honor of the Best Chader
Teacher – Mike Kuperman
Bernie Waltman
In Memory of Bernice Waltman
In Memory of Evelyn Waltman
Max Yaro
In Memory of Helen Yaro
In Memory of Ivan Yaro
Debra and John Zieman
In Memory of Zane Zieman

Pidgeon Book Fund

Harriet Pidgeon
In Memory of Samuel Kimmel

Rabbi's Discretionary Fund

Ron Osby and Family
In Appreciation for Susie's service
Janice and Kent Rosenberg
In Appreciation
The Family of Rosa Rabinovitz
In Appreciation
Melissa and Michael Wolnerman
In Memory of Jennie Wolnerman

Harry Simon Fund

Andi, Bob, Jeff and Marni Duitch
In Memory of Paul Duitch
In Memory of Dr. Elliott Shindler
Vicki and Alan Givant
In Memory of Steve Gold
In Memory of Adelaide Krum
In Memory of Susie Osby
In Memory of Rosa Rabinovitz
In Memory of Sophie Clayman Rutman
In Memory of Howard Rutman
Sally and Carl Harris
In Memory of Susie Osby
Suzann Simon
In Memory of Kenneth Bernhard
In Memory of Diane Grant
In Memory of Susie Osby

Spiro Music Fund

Jadwiga and Alex Wiczner
In Memory of Janina Wiczner

Tifereth Israel Synagogue families and friends who wish to remember their loved ones throughout the year may make contributions to any of our funds listed below.

- General Fund
- College Scholarship Fund
- Stanley Isaacson Torah Fund
- Kitchen Fund
- Brody Youth Fund
- Marcovis Youth Fund
- David D. Pidgeon Book Fund
- Louis & Dorothy Pomerantz Camp Ramah Fund
- Pomerantz Library Fund
- Prayer Book Fund
- Program Endowment Fund
- Rabbi's Discretionary Fund
- Rosenthal Memorial Fund & Cemetery
- Ruth Rissman Children's Book Fund
- Elizabeth Sherman Shabbat Café Fund
- Harry Simon Memorial Fund
- Spiro Music Endowment Fund
- Tifereth Israel Foundation
- Tikkun Olam / Garden Fund
- Women's League
- YAD Group

Purim and Passover Schedule 5779 / 2019



*Wednesday, March 20, 2019

Megillah Reading and Purim Celebration

6:00pm - Family Friendly Activities and Dinner

*Sunday, April 14, 2019

10:00am - Kasher the Tifereth Kitchen

*Friday, April 19, 2019

Erev Pesach / Ta'anit Bekhorim (Fast of the Firstborn)

9:00am - Study session with Rabbi Emily Barton (Conference Room)

*Saturday, April 20, 2019

First Day Pesach

10:00am - Pesach Morning Services (NOTE Time Change)

7:00pm - Tifereth Community Second Night Seder (Social Hall)

Begin counting Omer at Second Night Seder

*Sunday, April 21, 2019

Second Day Pesach

10:00am - Pesach Morning Services (NOTE: Time Change)

*Wednesday, April 24, 2019

6:00pm - Women's League Passover Lasagna Dinner

*Friday, April 26, 2019

Seventh Day Pesach

9:30am - Pesach Morning Services

6:00pm - Pesach / Shabbat Evening Services




*Saturday, April 27, 2019

Eighth Day Pesach

9:30am - Pesach Morning Services / Yizkor Service






February 2019 / Shevat-Adar I 5779

Calendar subject to change

SUN	MON	TUES	WED	THURS	FRI	SAT
3 28 Shevat STEP 10:00am Intro to Judaism 12-1:30pm	4 29 Shevat	5 30 Shevat Morning Minyan 7:15am Rosh Chodesh Krav Maga 6:30-7:30pm	6 1 Adar I	7 2 Adar I	8 3 Adar I Evening Services 6:00pm  5:21pm	9 4 Adar I Morning Services 9:30am Shabbat Café 11:45am Lunch & Learn with Rabbi 12:30pm Game Night & Potluck 6:30pm
10 5 Adar I STEP 10:00am Intro to Judaism 12-1:30pm Kadima- Shark Tank 2-4:00pm	11 6 Adar I	12 7 Adar I Morning Minyan 7:15am Krav Maga 6:30-7:30pm	13 8 Adar I Erev Nashim at Cosi Cucina 6:30pm	14 9 Adar I	15 10 Adar I Evening Services 6:00pm  5:30pm	16 11 Adar I Morning Services 9:30am Shabbat Café 11:45am Lunch & Learn with Rabbi 12:30pm Adult Date Night at Flix 6:45pm
17 12 Adar I STEP 10:00am Intro to Judaism 12-1:30pm Art Club 12:30pm USY- Iron Chef 2-4:00pm	18 13 Adar I Presidents Day	19 14 Adar I Morning Minyan 7:15am Krav Maga 6:30-7:30pm	20 15 Adar I	21 16 Adar I Meditation Around Town at TIS 6-7:00pm	22 17 Adar I Acoustic Shabbat Evening Services 6:00pm  5:39pm	23 18 Adar I Morning Services 9:30am Tot Shabbat & Jr. Cong. 10:30am Shabbat Café 11:45am Lunch & Learn with Rabbi 12:30pm
24 19 Adar I STEP 10:00am Intro to Judaism 12-1:30pm Sheiter Dinner 9-12:00pm @ Caspe Terrace Kosher Chili Cook-off 1:00-3:00pm	25 20 Adar I	26 21 Adar I Morning Minyan 7:15am Chai Mitzvah Class at TIS 6:30pm	27 22 Adar I	28 23 Adar I Tribe at St. Kilda 5-7:00pm		

March 2019 / Adar I-Adar II 5779

Calendar subject to change

SUN	MON	TUES	WED	THURS	FRI	SAT
					1 24 Adar I Evening Services 6:00pm  5:47pm	2 25 Adar I Morning Services 9:30am Shabbat Café 11:45am Lunch & Learn with Rabbi 12:30pm Havdalah & Game Night 6:45pm
3 25 Adar I STEP 10:00am Intro to Judaism 12-1:30pm	4 26 Adar I	5 27 Adar I Morning Minyan 7:15am	6 28 Adar I	7 30 Adar I	8 1 Adar II Acoustic Shabbat Evening Services 6:00pm  5:55pm	9 2 Adar II Avi Jones Bar Mitzvah Morning Services 9:30am Contemplative Service Shabbat Café 11:45am
10 3 Adar II Daylight Savings STEP 10:00am Intro to Judaism 12-1:30pm	11 4 Adar II	12 5 Adar II Morning Minyan 7:15am	13 6 Adar II	14 7 Adar II Rosh Chodesh	15 8 Adar II Evening Services 6:00pm  7:03pm	16 9 Adar II Morning Services 9:30am Shabbat Café 11:45am Shabbat Café 11:45am Lunch & Learn with Rabbi 12:30pm
17 10 Adar II STEP 10:00am Intro to Judaism 12-1:30pm	18 11 Adar II	19 12 Adar II Morning Minyan 7:15am	20 13 Adar II Purim Celebration at TIS 6:00pm Fast of Esther, Megillah Reading	21 14 Adar II Tribe- Meals from the Heartland 6:00-8:00pm	22 15 Adar II Shushan Purim Evening Services 6:00pm  7:11pm	23 16 Adar II Morning Services 9:30am Shabbat Café 11:45am Lunch & Learn with Rabbi 12:30pm
24 17 Adar II STEP 10:00am Intro to Judaism 12-1:30pm Children's Art Club 12:30pm AIPAC Policy Conference, Washington DC	25 18 Adar II	26 19 Adar II Morning Minyan 7:15am Chai Mitzvah Class at TIS 6:30pm	27 20 Adar II	28 21 Adar II Hy Vee Windsor Heights Passover Sampler Night	29 21 Adar II Evening Services 6:00pm  7:18pm	30 23 Adar II Morning Services 9:30am Tot Shabbat & Jr. Con. 10:30am Shabbat Café 11:45am Lunch & Learn with Rabbi 12:30pm

OFFICE HOURS

Monday—Thursday* 9:00am—5:00pm

Friday 9:00am—3:00pm

*Closed Monday through Thursday from 12:30pm—1:30pm

The Rabbi is usually in the building except Mondays.

Please feel free to call the office and set up an appointment.

STAFF

Rabbi Emily Barton: rabbibarton@tifereth.org

Morton and Lois Bookey Rabbinical Chair

Sue Harris, Bnai Mitzvah Tutor & Service Coordinator:

sue.harris@tifereth.org

Deirdre Farr, Cantorial Soloist

Pinchas Spiro z"l, Cantor Emeritus

Barbara Berven, Executive Director:

barb.berven@tifereth.org

Kristin Davis, Administrative Assistant:

office@tifereth.org

TIFERETh BOARD EXECUTIVE COMMITTEE

Will Rogers, President

Jacob Lederman, Vice President

Aaron Beckerman, Treasurer

Marni Duitch, Secretary

Harvey Giller, Past President

GIFT SHOP HOURS

Sunday 9:00am—12:00pm

Wednesday 9:30am—12:00pm

*Also open during office hours

LIBRARIAN HOURS

Wednesdays 9:00am - 11:00am

"We strive to enrich our cultural and spiritual lives as Jews by connecting with our community, the traditions of our People, Israel, and with God"

Tifereth on the Web:

www.tifereth.org | www.facebook.com/tiferethdesmoines

Important Notice

The Tifereth Bulletin will be available primarily online instead of through the mail. A link to each month's online copy will be emailed to you instead of a paper copy being mailed to you.

Paper copies will only be provided upon request. If you wish to continue having paper copies mailed to you, you must contact the office. Converting to online distribution will save costs on mailing, paper, ink and assembly time. Thank you for your understanding.