May 2019 Nisan-Iyar 5779





FROM THE RABBI'S STUDY:

srael-Looking Back and Forward

When I lived in Israel, I spent a lot of time thinking about psalm 126. Shir Ha'malot, which is the psalm that we use to begin Birkat Hamazon, the grace after meals, on Shabbat and Festivals. It begins with the words "When the Lord brings backs Zion's exiles, we were like dreamers. Then our mouths will be filled with laughter, and our tongues with songs of joy. Then shall they say among the nations, 'The Lord has done great things for us; we shall surely be glad.' Bring back our exiles, Lord, like streams coming to the dry south." I would walk around the streets of Jerusalem, from my apartment in Baka through the German Colony, sometimes past the Prime Minister's house to school, I would take the bus to Ben Yehuda street and then the shuk, the beautiful open air market with amazing kosher gummy bears. I spent a week in Tiberias meditating, my birthday at the Naval Museum in Haifa and then the next day in Tzfat, and every month I spent Shabbat in that now thriving desert city, Be'er Sheva. And, all the time, even when I was in the West Bank, listening to Palestinians share their own stories and worried about how peace would ever happen. or when I was up in the Golan, looking at the abandoned military equipment in the fields, and learning our bus driver had been a tank driver in the Yom Kippur war, I would repeat the words of psalm 126 to myself, and often sing it with the various melodies I know. Even with the challenges all around me, Israel is a place of hope. And, I am glad to have words that express that sense of gratitude and joy and sheer amazement.

Something I also thought a lot about was how this psalm was the opening of Birkat Hamazon, or bensching for Ashkenazi Jews, with whom the tradition of using this psalm originated, for hundreds and hundreds of years. I thought about how for generations, this psalm, would have been sung at tables for which a return to Zion was really just a dream in the mist, a hope. I wondered about what it would have been like to sing this in the midst of despair, in a concentration camp. I always return to these thoughts and emotions at this time of the year when thinking about preparations for Yom HaShoah, Holocaust Remembrance Dav. which we will commemorate on May 1, and looking forward to a week

ahead with Yom HaZikaron, the Day of Remembrance, and Yom Ha'atzma'ut, Israel Independence Day. What a week, to remember and dream, and know that even when dreams come true there's still much work to be done.

Rav Kook, the first Chief Rabbi in the state of Israel, wrote of psalm 126 that "the realm of the dream is the ideal realm. What we refer to as the "real world" is bereft of dreams, and as such is a diminished and contaminated world. He points out that the best of humanity regularly dream. Prophets dream, poets dream, and, in this psalm, the returned captives of Zion dream. Ordinary life, he writes "removes from the world the light of the dream. Paradoxically, the dream is the ultimate reality, the ground of true existence."

If you stand on Har Herzl, which is a cemetery devoted to Israeli soldiers who have fallen fighting for its freedom and continued security, and you look down, vou can see Yad v'Shem. Israel's Holocaust Museum. I sat with a good friend of mine on a bus a couple of years ago, and we talked then, and actually again a year later, when we were on an AIPAC trip together, about how if the Jews were placed into a betting pool with all the nations of the world, like a horse in the Kentucky Derby, our odds at the time of the Babylonian exile, at the time of the first Temple destruction, would have been a million to one. And, yet, here we are. If you look down from Har Herzl, you can see Yad v'Shem, but you can also see parts of a thriving city of Jerusalem and forests planted by Jewish National Fund. Against all odds, we are still a small, but mighty people, and the Lord has done great things for us, but with God's help, we have followed through with our own hands.

And, that brings us to the end of the psalm. "Those who sow in tears, will reap with songs of joy. He who goes out weeping, carrying precious seed, will come back with songs of joy, carrying his sheaves of grain." The dreamers, the ones who put this psalm at the beginning of bensching or the Grace after Meals, so that on Shabbat or a holiday, even on Rosh Chodesh--Continued on page 11

SCHEDULE OF SERVICES

Unless otherwise noted, Erev Shabbat services regularly begin at **6:00pm on Friday evenings**, and Shabbat morning services regularly begin at **9:30am** on **Saturday mornings** followed by Shabbat Café at **11:45am**. Rabbi Barton leads a Hebrew Bible Discussion at **12:30pm**. There are no Bible discussions on days when there is a Bar or Bat Mitzvah or special guest artists.

For more information on a particular style of service or a full outline of worship opportunities, please see Tifereth Israel website <u>www.tifereth.org</u> or call the synagogue.

MAY SHABBAT SE	ERVICES	JUNE SHABBAT	SERVICES
3-4 May	29 Nisan	7-8 June	5 Sivan
Shabbat Parashat	Achrei Mot	Shabbat Parashat	Bamidbar, Erev Shavuot
Candle Lighting:	7:56pm	Candle Lighting:	8:28pm
Friday Evening:	Traditional Shabbat at 7:00pm	Friday Evening:	Acoustic Shabbat
Saturday Morning:	Traditional Shabbat + Hailey Homonoff Bat Mitzvah	Saturday Morning:	Traditional Shabbat
10-11 May	6 lyar	14-15 June	12 Sivan
Shabbat Parashat	Kedoshim	Shabbat Parashat	Nasso
Candle Lighting:	8:04pm	Candle Lighting:	8:32pm
Friday Evening:	Traditional Shabbat	Friday Evening:	Traditional Shabbat
Saturday Morning:	Traditional Shabbat (9:30am)	Saturday Morning:	Contemplative Serivce + Traditional Shabbat (10:15am)
		21-22 June	19 Sivan
17-18 May	13 Iyar	Shabbat Parashat	Beha'alotcha
Shabbat Parashat	Emor	Candle Lighting:	8:34pm
Candle Lighting:	8:11pm	Friday Evening:	Traditional Shabbat
Friday Evening:	Traditional Shabbat + The Bible Players Comedy Duo	Saturday Morning:	Traditional Shabbat
Saturday Morning:	Traditional Shabbat +	28-29 June	26 Sivan
	Tot Shabbat & Jr. Congregation + The Bible Players Comedy Duo	Shabbat Parashat	Sh'lach
24-25 May	20 lyar	Candle Lighting:	8:34pm
Shabbat Parashat	Behar	Friday Evening:	Traditional Shabbat
		Saturday Morning:	Traditional Shabbat
Candle Lighting:	8:17pm		
Friday Evening:	Acoustic Shabbat	-	
Saturday Morning:	Traditional Shabbat	-	
31 May-1 June	27 lyar	-	
Shabbat Parashat	Bechukotai		
Candle Lighting:	8:23pm		
Friday Evening:	Traditional Shabbat		
Saturday Morning:	Traditional Shabbat	7	

BEA MENSCH!

MENSCH (n.)

An upstanding, worthy, honorable person of either sex.

Please consider volunteering to share your ride to services! Our community has seniors and students that do not always have a ride to shul, Be a mensch! Contact office@tifereth.org or 515-255-1137

SERVICE INFORMATION

TUESDAY MORNINGS MINYAN SERVICE



Thanks to everyone who has made it to Tues morning minyan. We welcome spring weather and also welcome back our snow birds! Everyone is welcome to join us every **Tuesday at 7:15am**. This brief service is a great way to begin the day while helping our community with a minyan for those with a yarzheit to remember a loved one.

No experience required. Hope to see you there!

Join us Tuesdays at 7:15am.

Questions, please contact - **Rose Sloven**. <u>Rosiefutur@aol.com</u>

CONTEMPLATIVE SHABBAT SERVICE

Once per month we offer a special 45 minute meditative service including learning, singing, English readings and discussion. This peaceful practice is a part of the main Saturday Shabbat service for all ages to enjoy. The Contemplative Service is on the second Saturday each month. The upcoming date will be **June 15th 9:30-10:15am.** Torah Service will begin at **10:15am.**



ACOUSTIC SHABBAT SERVICE



"Those who sing in this world sing also in the next." — Talmud, Sanhedrin

Come participate in a special Shabbat service featuring instrumental accompaniment and a blend of ancient, traditional, and contemporary Jewish music. Through the music of this service, you'll find connections to the spirit of our holy liturgy, allowing you to pray with your heart, your feet, your hands, and your body, even as the music of the prayers crosses your lips. Lift your voice in song and help create the spirit of holiness that is Shabbat! **ALL are welcome!**

Friday, May 24th at 6:00pm

MISHEBERACH LIST UPDATES

To keep the Misheberach List to current and correct, please contact the office with your updates or additions to the list. <u>office@tifereth.org</u> **Thank you!**



GREETERS/ USHERS NEEDED FOR SERVICES



We Want You to be an Usher/Greeter for Shabbat Services!

Tifereth is in need of Greeters/Ushers for Shabbat services. Anyone can volunteer! **Sign up for either Fridays, Saturdays or both!** Volunteer on your own, in pairs, or even parents and children together! Please contact the office and let us know when you are available! **Thank you** <u>barb.berven@tifereth.org</u>

SERVICE INFORMATION

<i>Thank you</i> to	Thank you to all the congregants who volunteered their time and energy to assist with our Shabbat services in April:					
Greeters/ Ushers:	Christine Dietz, Marni Duitch, Jacob Lederman, Brian Pearl, Will Rogers					
Service Leaders:	Rabbi Barton, Deirdre Farr, Andy Goodman, Hailey Homonoff, Sophie Homonoff, Acoustic Shabbat band					
Gabbais:	Scott Birkett, Harvey Giller, Peter Karney, Mike Kuperman, Miriam Mintzer, John Zieman					
Torah Readers:	Rabbi Barton, Scott Birkett, Reuben Biel, Deirdre Farr, David Friedgood, Joel Mintzer, Miriam Mintzer, Rose Sloven					
Haftarah Readers:	Rabbi BartonDeirdre Farr, David Friedgood					

SERVICE HONORS

Aliyot, leading a service, serving as a Gabbai, chanting Torah and/or haftarah are all wonderful spiritual practices, as well as, ways to grow yourself, serve the community, celebrate the anniversary of a bnei mitzvah, wedding or birthday, honor a person you care about, (whether living or already deceased). If you are interested in learning how to celebrate an honor or serve in one of these ways, please contact **Sue Harris**. **Note** that to lead services or chant the Torah or haftarah, you need to be able to read, or at least decode, Hebrew. Sue can be reached at: (515) 329-4135 or <u>sue.harris@tifereth.org</u>

HEARING ASSISTANCE DEVICES FOR SERVICES

Tifereth Israel Synagogue now has hearing assistance devices available to use during services. The devices use plug-in earphones and are located at the entry of the sanctuary. Feel free to bring your own headphones, earphones or earbuds to use with the audio system.



LARGE PRINT BOOKS AVAILABLE FOR SERVICES

Many large print books were donated to Tifereth by **Saralee Sloven**. Thank you! They are in the sanctuary for use during services. All large print books, including the *Siddur Sim Shalom* prayer books, are located on the sanctuary bookshelves, see picture below. The newly donated books are listed below. Enjoy!

By Philip Birnbaum

- Ha- Siddur Ha Shalem weekday prayer book Vol.. 1
- Ha-Siddur Ha-Shalem Sabbath prayer book Vol.. 2
- Ha-Siddur Ha- Shalem Prayer book for Festivals with additional prayers Vol. 3
- The Haftorat. Genesis- Exodus Hebrew and English Vol. 1
- The Haftorat Leviticus, Numbers, Deuteronomy Vol. 2
- The Haftorat Special Haftorat for Sabbaths, Festivals, and Fast Days Vol. 3
- The Five Books of Moses in Large Type English Edition
- The Five Books of Moses in Large Type Hebrew Edition



COMMUNITY INFORMATION

CELEBRATE WITH SHABBAT CAFE



Do you enjoy Shabbat Café lunches and the lovely desserts we have after Friday night services? Shabbat Café brings together our community after Saturday morning services. It's a chance for congregants to sit and converse over a light lunch and often, celebrate a special occasion, such as a **birthday** or **anniversary, special family event or life cycle event**.

Would you like to help sponsor them but are not sure about the expense? Consider donating to the Elizabeth Sherman Kiddush Fund. No amount is too small to contribute to help us ensure that we can continue to provide delicious food to our congregants after services. It is a way to support these things without taking on the entire cost by yourself. Honor a loved one's yahrzeit, a simcha (a joyous event in your family) or a birthday and help us build this fund! Consider sponsoring a Shabbat Cafe to share your simcha with our Tifereth Israel community! What a wonderful way to celebrate any time!

There are plenty of options for sponsoring a Shabbat Café. Interested sponsors can then choose the date, then pick the options for menu, setup, and cost for their month's celebratory Shabbat Café. All members will be notified prior to their birthday and encouraged to join with others also celebrating that month. Please contact **Barb Berven** to discuss your Shabbat café options or give a suggestion. <u>barb.berven@tiferth.org</u>

TIS ENTRY KEY FOB INFORMATION

Additional Security Measure – Congregants to receive Key FOB for entry to Tifereth

In light of the tragedy at the Tree of Life Synagogue in Pittsburgh and other recent anti-Semitic events, the Tifereth board has decided, in conjunction with **Rabbi Barton**, to keep the doors of the building locked at all times. Many of you may have already experienced this new development and we thank you so much for being so supportive of this change in security in the synagogue. In order to address the need of members to come in and out of the building for services, however, the board has also authorized the purchase of key fobs that will allow you to enter the building for services without having to be buzzed or otherwise let in. During business hours you will still have to be buzzed in and you key FOB will only work before and after services. Each member family will be able to request up to two key fobs. If you choose not to get a Key FOB, you will be let in to the building when you arrive for services or another event; you will only have to wait for someone to come let you in. At big events, like a bar or bat mitzvah or the High Holidays, there will be security in place at the front door. If you only frequent the synagogue at the High Holidays or for other large events, you may not want to get a key fob at this time.

An order form was sent to each member, to be completed and returned to the Synagogue, so that a Key FOB can be programmed for your worship needs. Once we get your form we will program the FOB and let you know that it is ready for pick-up. If you need an order form, please let the office know.

A special thank you to an anonymous donor for their support of this program with a generous donation to cover the initial FOB costs. If you have any questions about how to use the FOBs or just the FOB in general please contact **Elizabeth Hopkins**, Security Chair at Tifereth or **Barb Berven** in the office.

TIFERETH IS ON FACEBOOK



Facebook.com/TiferethDesMoines

Facebook.com/lowaTribe

Facebook.com/TIWomensLeague

ISRAEL NEWS

From The Jerusalem Post April 15, 2019 By Maayan Jaffe-Hoffman

https://www.jpost.com/HEALTH-SCIENCE/Israeli-scientistsprint-first-3D-heart-586902

Israeli scientists 'print' world's first 3D heart with human tissue

A team of Tel Aviv University researchers revealed the heart, which was made using a patient's own cells and biological materials.

A team of Israeli researchers has "printed" the world's first 3-D vascularized, engineered heart.

On Monday, a team of Tel Aviv University researchers revealed the heart, which was made using a patient's own cells and biological material. Until now, scientists



A scientist holds the world's first 3Dprinted, vascularized engineered heart in Tel Aviv on April 15.AMIR COHEN / Reuters NBC.com

have successfully printed only simple tissues without blood vessels.

"This is the first time anyone anywhere has successfully engineered and printed an entire heart replete with cells, blood vessels, ventricles and chambers," said Prof. Tal Dvir of TAU's School of Molecular Cell Biology and Biotechnology, Department of Materials Science and Engineering in the Center for Nanoscience and Nanotechnology, and the Sagol Center for Regenerative Biotechnology, who was the lead researcher for the study.

He worked with Prof. Assaf Shapira of TAU's Faculty of Life Sciences, and Nadav Moor, a doctoral student. Their research was published in Advanced Science.

Heart disease is the leading cause of death among both men and women in the United States. In Israel, it

is the second largest cause of death (after cancer). In 2013, heart disease accounted for about 16% of the total number of deaths in Israel, according to the Health Ministry.

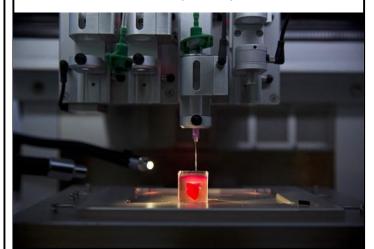
Heart transplantation is often the only treatment available to patients with end-stage heart failure. The waiting list for patients in the US can be as much as six months or more. In Israel and the US, many patients die while on the waiting list, hoping for a chance at survival.

"This heart is made from human cells and patientspecific biological materials. In our process, these materials serve as the bio-inks, substances made of sugars and proteins that can be used for 3-D printing of complex tissue models," Dvir explained.

"People have managed to 3D-print the structure of a heart in the past, but not with cells or with blood vessels. Our results demonstrate the potential of our approach for engineering personalized tissue and organ replacement in the future," he said.

At this stage, the 3-D heart produced at TAU is sized for a rabbit, but the professors said that larger human hearts could be produced using the same technology.

For the research, a biopsy of fatty tissue was taken



A 3D printer builds a heart with human tissue during a presentation at the University of Tel Aviv on April 15.Oded Balilty / AP NBC.com

ISRAEL NEWS

from patients, according to a release. The cellular and a-cellular materials of the tissue were then separated. The cells were reprogrammed to become pluripotent stem cells that could then be efficiently differentiated into cardiac or endothelial cells. The extracellular matrix (ECM), a three-dimensional network of extracellular macromolecules, such as collagen and glycoproteins, was processed into a personalized hydrogel that served as the printing "ink." The differentiated cells were then mixed with the bio-inks and were used to 3D-print patient-specific, immune-compatible cardiac patches with blood vessels and, subsequently, an entire heart.

According to Dvir, the use of "native" patient-specific materials is crucial to successfully engineering tissues and organs.

The next step, they said, is to teach the hearts to behave like human hearts. First, they will transplant them into animals and eventually into humans. The hope is that within "10 years, there will be organ printers in the finest hospitals around the world, and these procedures will be conducted routinely," Dvir said.



The two 3-week sessions feature immersive Hebrew ulpan, vibrant Torah study, and meaningful volunteer work. Session I has a special track for college students and Session II has a special track wishing to lead, or just get more out of, parts of the High Holiday Liturgy. For more details- <u>https://conservativeyeshiva.org.il/</u>

EXPLORE for a week or a month

One 3-Week* Session / Full-Day: \$900 (\$1050 after May 1)

- Morning Ulpan + Afternoon Torah Study
- Morning Ulpan + Afternoon Volunteering
- Morning Volunteering + Afternoon Torah Study
- One 3-Week* Session / Half-Day: \$550 (\$640 after May 1)
- Morning Ulpan
- Afternoon Torah Study

One 3-Week* Session / Part-Time: \$375 (\$435 after May 1)

• Up to 3 full afternoons of Torah Study per week

Participants who register for BOTH Session 1 AND Session 2 will receive 20% off the lower-priced session. Residents of Israel receive an additional 30% discount.

* NOTE – each 3-week session meets for a total of 14 days

COMMUNITY NEWS-ANNOUNCEMENTS

MAZEL TOV- ENGAGEMENT ANNOUNCEMENTS

Mazel Tov to **Daniel Singer** and **Hannah Herzog** on their engagement. Daniel Singer is the son of **Miriam Mintzer** and **Robert Singer**, and the grandson of **Evie** and **Al Mintzer**. Hannah Herzog is the daughter of **Mike** and **Elaine Herzog** of Bloomington, IL. They are planning to be married later this summer.





Danielle Lauren Engman and **Thomas Byron Edington** will be married **May 4th**, **2019** at the Des Moines Golf and Country Club. Danielle (Dani) is the daughter of **Josh** and **Sharon Engman** and granddaughter of **Sally Nagorner** and **Ruth Engman**. Dani is a Senior Recruiter for Signature Consultants in Des Moines. Thomas (Tom) is the son of **Annette and Embree Edgington**. He is a Senior Internal Wholesaler at Principal Financial Group.

MAZEL TOV- BABY ANNOUNCEMENT



Mazel tov to the proud Grandparents Toni and Tim Urban on the birth of their grandson **Julian Ray Urban**. The proud parents are **Alexis Ettinger and Jonathan Urban** of Washington DC on **April 15th**, **2019**

MAZEL TOV- GRADUATE ANNOUNCEMENT

Allison Ohringer daughter of Sheldon and Beth Ohringer of West Des Moines, graduated from Valley High School. Allison was an Art Scholar. She was involved in cross country, golf, synchronized swimming, IHSSA All-State, National Honor Society, and was the President of DECA. Allison will attend the University of Colorado-Boulder in the fall.





Dani Lipman, daughter of Andi and Jeff Lipman and granddaughter of Don and Ronna Pochter, graduated from the University of Iowa on May 11, 2019. Dani graduated with Bachelor of Science degrees in Physics and Astronomy, with a minor in Mathematics. Dani graduated with departmental and University Honors. Dani has received a Fulbright Scholar Award through the US Department of State which will involve spending the next year researching at Nanjing University in China. More information on Dani's Fulbright award can be found at: <u>https://international.uiowa.edu/news/ui-student-dani-lipman-awarded-fulbright-researchchina?fbclid=lwAR0gaofYV2wGSBsD9i_Dy4W8umiCSSk4xsX-</u>

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COMMUNITY NEWS-ANNOUNCEMENTS

MAZEL TOV- BAT MITZVAH ANNOUNCEMENTS



COMMUNITY NEWS

A SPECIAL THANK YOU!



MEN'S TIES WANTED!

Please Donate Your Old Men's Ties for Art Projects. Thanks!

delicious drinks which really contributed to the joyous occasion!

Bev Ellis needs your old men's ties for teaching Fine Arts Days at elementary schools. Please drop them off at Tifereth if you have any to give. Thank you for your help. **Bev Ellis**

The Tifereth community would like to give a special thank you to **Liz** and **Erica Hopkins** for donating their time, creativity and funding to the special Purim celebration cocktails and mock-tails! Erica made and served the



RESPONSE TO RABBI'S LETTER



(in Community Organization) Wissild An-Star

1117 42nd Street | Des Moines | IA 50311

To: All our friends and neighbors Christian and Jewish Faith Leaders and Community Members Des Moines, Iowa

Date: March 20th, 2019

Dear Respected Friends and Neighbors

RE: Appreciation

On behalf of myself and members of the Muslim Community Organization (M.C.O.) in Des Moines, IA, I would like to take this opportunity to express my heartfelt thanks and appreciation to you for standing with the Muslim community here in Des Moines and around the glob against the horrific killing of the fifty innocent Muslim lives in New Zealand on March 15, 2019.

Your words of encouragement and moral support have reaffirmed our shared collaboration and will forever be remembered. Again, thank you for your enthusiasm and sympathy.

Yours sincerely

Mohomo de Khan

Mohamad W. Khan President, MCO board

Email: mco.noor@gmail.com | 515.371.8762 | 347.930.8883

Did your ancestor serve in the Civil War?

Help us complete the *Roster Project*, a comprehensive database of Jewish-American soldiers and sailors who fought in the Civil War for both the Union and the Confederacy. The result of more than 25,000 hours of research, we are convinced



that the Shapell Roster will be of interest to academic scholars, descendants, and anyone interested in Jewish American history. Our searchable database, which will be free to the public online, will go live with a limited set of records in 2019. As we complete additional research, more records will become available. We are so excited, and hope people like you will be, as well. The goal is to connect with descendants whose ancestors served during the American Civil War. Does that include you? Contact **Eliza Kolander** of the *Shapell Roster Project* at <u>eliza@shapell.org</u> to connect.

https://www.shapell.org/behind-the-scenes/theshapell-roster-4/

\$10 Jewish Coffee Table Book for Sale at Tifereth

Women's League for Conservative Judaism, With Strength and Splendor, Jewish Women as Agents of Change by Lisa V. Kogen (Only 10 copies remain) They can be purchased anytime the office is open- M-TH 9-5pm, FR 9a-3pm



RABBI'S ARTICLE CONTINUED & COMMUNITY NEWS

Continued from the cover article-

which for the month of Iyyar will be Monday May 6--it would be sung three times a day if you ate bread, the ones who likely never even saw Palestine, and certainly not the modern-day state of Israel, believed not only in the power of God to help and sustain us as individuals and as a people, but in the power of our own selves to make our dreams, whatever they may be, flourish. Someone in Israel once said to me, without, I believe, knowing the context of the psalm, that "those who sow in hate will reap in hate." And as much as I have thought about Shir HaMaalot during this past week, I have also thought about how relevant those words are here in the United States, always. And, it reminds me that the actions of our own hands and our own words can sometimes bring us from darkness into more darkness.

And, then, this week, I was on Facebook, and saw a picture a friend of mine posted, a modern Orthodox rabbi who I know through both Encounter, a group that took American Jews to the West Bank to listen to Palestinians, and AIPAC. It was of an old man, being lifted in a chair at some kind of social event, probably a wedding. The old man is waving, with an enormous grin on his face. My friend wrote in the caption that the man in the chair was Oskar Schindler, the event was my friend's grandfather's 25th wedding anniversary. Oskar Schindler had saved my friend's grandfather, as he saved Celia Karp and her family and hundreds of others. "They who sow in tears will reap with songs of joy. He who goes out weeping, carrying precious seed, will come back with songs of joy, carrying his sheaves of grain."

Shir HaMa'alot, was almost the national anthem for Israel, and the famous cantor Yosele Rosenblatt made the melody composed by Pinchas Minkowski very popular, so popular, in fact that even though HaTikvah won out in the end, it's a melody that many people often still sing at their Shabbat and holiday tables. In this week of memory and loss, stretching from before the Holocaust into the present day, we also have much to celebrate. And may we remember, that even through their tears, there were many who still continued to sing with faith in the future. And, so, may we all.

Rabbi Barton

WE WANT YOU TO ASK THE RABBI!



Ask the Rabbi!

We have started an *"Ask the Rabbi"* column in the Tifereth Bulletin! Each month Rabbi Barton will pick a question or two from congregants of all ages, and answer them to the best of her ability. Please submit a question, whether you are 5 or 105! Please send your questions to <u>office@tifereth.org</u> and in the subject line please put *"ask the Rabbi"*



ARE YOUR CHILDREN GOING TO JEWISH CAMP THIS SUMMER?



If your children are attending Engman Camp Shalom locally or if they are going out of state, we would love to know! We hope to put a map and camp locater in the June/ July or August Tifereth

Bulletin! Help us create this fun map by submitting your child's camp location to office@tifereth.org Names

will not be included, only the location and camp name will be listed. In the words of **Dr. Seuss**, we want to see and show- **Oh, The Places You'll Go!** Thanks for contributing! **Happy Summer!**



COMMUNITY NEWS

WOMEN'S LEAGUE CELEBRATED JEWISH WOMEN





Thank you to all who attended and purchased books!







PASSOVER ADULT ART NIGHT







The Adult Passover Art Night was a lot of fun! The class decorated and painted either a Miriam or Elijah's cup to use at their Passover Seder. Thank you to **Ben Singer** for volunteering to create and bartend Passover themed cocktails and mocktails! Thank you to **Cynthia Shulman** for teaching the class and providing great inspiration. We hope to have another adult art night soon. Watch for details to come.

KADIMA & USY GO JUMPING











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COMMUNITY NEWS

PASSOVER SAMPLE NIGHT AT HY-VEE WINDSOR HEIGHTS



Hy-Vee Windsor Heights continues to get new truck loads of kosher foods year round!



HyVee

Please check back often and watch for updates on the -Facebook Group- Kosher In Des Moines Iowa



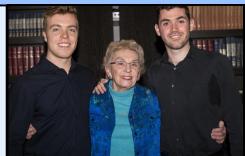
Hy- Vee will continue to purchase and provide kosher products as long as it sells. Please support it! If you have a kosher suggestion please let Hy-Vee know!



MEMORIES OF AUSCHWITZ EVENT

Celina Karp Biniaz

sharing her *Memories of Auschwitz*, including her terrifying encounter with Dr. Josef Mengele, the Butcher of Auschwitz, at the April 1st event held at Tifereth Israel.



Ambrose Soehn, Celina Karp Biniaz, & Alex Biniaz-Harris



Ambrose Soehn and Alex Biniaz-Harris (Celina's grandson) play *Melodies of Auschwitz,* which they composed & performed at a reception for survivors at the 70th Anniversary of the Liberation of Auschwitz in January 2015.



Survivor's Tribute for Four Hands

Ambrose Soehn & Alex Biniaz-Harris

Cover of the original piano composition

Coming to Tifereth Israel Synagogue Friday May 17th & Saturday May 18th A Comedy Duo Called



Friday May 17th

At Services the Bible Players will do a **teaser Dvar Torah**! After a **community dinner** they will do an **Adults Only Comedy Show (Rated RESH)** that everyone will love, **from 8-8:45pm,** followed by Dessert! **RSVP for dinner** <u>barb.berven@tifereth.org</u>

Saturday May 18th

The Bible Players will do a **Torah Comedy Program** from **10:30 AM to 11:15am** for the children's service geared towards kids, then they will give the **Dvar Torah** for the adults in the main service.

The Bible Players are a Torah Comedy team based in New York City that are teaching Jewish Values and sweeping the nation! Andrew Davies and Aaron Friedman use theater and improv to infuse comedy and laughs into tales from the Torah and beyond. Since founding The Bible Players in 2011, they have toured America from NY to Texas to California, bringing their unique show to thousands of people of all backgrounds and some form the terms of the terms in 25 states.

and ages, from Pre-K through adults. They perform in 25 states, and do over 100 programs a year, all while remaining handsome and humble.

Tifereth Israel





TIKKUN OLAM COMMITTEE NEWS & INFORMATION

SHELTER DINNER



Next Shelter Dinner dates are Sundays at 1:00pm on May 5th, August 4th & November 3rd

Please consider volunteering to prepare the dinner or to donate food for the dinner. *Thank you!*



The May 5th organizers are **Judith Taylor** and **Hadassah Holl**. Please contact them to volunteer or to donate to the dinner. Thanks. **Maggie Matijevich** <u>maggie.matijevich@gmail.com</u> **Judith Taylor** <u>taylor.judith730@gmail.com</u>

The Tifereth Tikkun Olam Committee Shelter Dinner group shops, prepares and delivers meals made in the Ohringer Kitchen: A Blumenthal Family Legacy several times a year. These meals supports a local shelter for women and their children who have suffered domestic violence. If you would like to contribute to this important activity, be added to the committee contact list or if you have questions please contact the office, <u>office@tifereth.org</u>. **Don't forget that teens can earn Silver Cord hours for volunteering as well!** Watch for Tifereth weekly emails, Bulletins, the Tifereth website and Facebook page for future Shelter Dinner dates. **Thank you for volunteering!**

TIFERETH ROSENBLATT FAMILY GARDEN NEWS



Garden Committee had a great planning meeting on April 7th and has started cleanup & early planting. There will be several work days in May so watch your email and synagogue messages for dates

The Tikkun Olam Garden Committee is looking for people to join. If you are interested please contact the Tifereth office or MaryPaul Even. Please watch weekly emails and <u>facebook.com</u> for the next meeting date or for more details about this committee. **Thank you!**



For continual updates, please join the Committee's email list, please contact office@tifereth.org or 515-255-1137

COMMUNITY NEWS- UPCOMING EVENTS

PIRKEI AVOT CLASS

Pirkei Avot Class:

Between the holidays of Passover and Shavuot it is customary to study Pirkei Avot (in English "The Ethics of the Fathers"). Pirkei Avot is Mishnah which is a collection of teachings from the rabbis (codified circa 200 CE), some of which forms the basis for the Talmud. Pirkei Avot is often considered the gateway to the study of Talmud. Come dip your toe in the sea of rabbinic literature with us after Shabbat Cafe! May 4, May 11, May 25, June 1, June 8 (Please note: there is no Shabbat lunch and learn when there is a visiting artist or a bar or bat mitzvah)

YOM HASHOAH EVENT

"THEY'RE WITH US, STILL."

An evening of reflection on the occasion of Yom HaShoah with a screening of video interviews of Holocaust survivors from the Des Moines community. Wednesday, May 1, 2019 6:30 p.m. Memorial Service 7 p.m. Memorial Program Caspe Terrace

With assistance of the Iowa Jewish Historical Society. For additional information, contact jcrc@dmjfed.org

Tifereth Israel Synagogue Family Fun Day Vinyasa Yoga in the YardRogue 5K Run/Walk & Picnic Lunch Sunday, May 5th

-10:00am Vinyasa Yoga with Instructor Bethany Grabe -11:00am Rogue 5KRun/ Walk -12:00pm Picnic Lunch with Hot Dogs

Information: This is an all ages & all fitness levels even

Bring your own blanket or yoga mat. Rogue refers to this isn't sanctioned, the roads are NOT blocked, we run on sidewalk at our own risk. A free event T-shirt will be provided while supplies last.

Questions: Email Jacob Lederman- LEDERMAN71@msn.com or TEXT 515-202-2597

COMMUNITY NEWS- UPCOMING EVENTS

SENIOR ACTIVITY SENIOR LUNCHEON



Prairie Meadows

Tuesday, May 7, 11:00am - 3:00pm

We will enjoy the buffet, gambling, and music at Prairie Meadows. The bus will leave Tifereth Israel Synagogue at 11:00am and we will return at 3:00pm. Cost for transportation and lunch is \$7 per person.



RSVP to Jody Ingersoll at 515-987-0899 ext 210 or jody@dmjfed.org

EREV NASHIM LADIES DINNER GROUP

Erev Nashim is a purely social, multi-generational gathering of women in the Jewish community. We dine at restaurants throughout the greater Des Moines area, schmooze, kibitz, and share what's new in our lives. This is a great way to meet and get to know other women! This monthly outing is one of Tifereth Israel's most popular programs and is open to any women who are in any way connected to the Des Moines Jewish community.

Wednesday May 15 6:30

Yanni's Grill and Vineyard- Simply appointed eatery featuring a menu of Italian & Greek standards plus a lengthy wine list. 410 S. Ankeny Blvd, Ankeny, vannisgrill.com

To **RSVP** or for more information or suggestion, please contact **Jody Hramits** <u>jodyhramits@gmail.com</u>



TRIBE HAPPY HOUR

The Tifereth Tribe is a group for 20's & 30's young professionals to gather once a month, to spend time getting to know each other. Don't forget to bring your friends, whether they are Jewish or not, all are







Tribe Happy Hour Event-

Thursday, May 16th 5:00-7:00pm Wellman's Pub & Rooftop, 597 Market Street, WDSM

RSVP directly via Eventbrite at-

https://www.eventbrite.com/e/tribe-happy-hour-at-wellmans-pub-and-rooftop-wdsm-tickets-60822010270

SOUPER SUPPER DINNER

The Central Presbyterian Church would like to invite the Tifereth Israel Synagogue congregation to join us for a 'Getting to know YOU'' Souper Supper on Sunday, May 19th at 5:00pm.

We will provide a variety of soups & everyone else our congregation and yours would bring a small salad or dessert.

From Centeral Presbyterian Church-

What is the purpose of this souper supper? Our mission is to build bridges between our congregation and yours. We are not out to convert anyone! Just want to get to know your congregation and build a relationship.

What would this "getting to know YOU" souper supper look like? We hope to gather in Fellowship Hall of the Education members from your congregation and ours to enjoy dinner and get to know each other. There would be suggested questions to start discussion. This is like inviting a new neighbor for dinner to get to know them. We can find out what we have in common, how we differ, and what we can learn from each other. The idea is to build relationships and this includes all ages. Just as the City of Des Moines has "sister cities" around the world, we would like to have "sister or brother congregations" around Des Moines! More details to follow. Please Join Us!



COMMUNITY INFORMATION



FOR THOSE INTERESTED IN A LEADERSHIP ROLE AT TIFERETH.

CHICAGO, ILLINOIS MAY 19-20, 2019

SULAM FOR OFFICERS

The conference will take place over the course of two days, and the content-rich workshops will cover topics related to leadership, board members, lay-staff relations, membership engagement, finance sustainability, resource development and more.

Please Consider It~

We have a donor offering to sponsor a small number of Tifereth members. Space is limited. Hotel, food & registration will be provided. Transportation will also be provided by Jacob Lederman. For questions please contact Jacob Lederman at lederman71@msn.com Thank you!

UPDATE-DES MOINES HUNGER HIKE-TEAM TIFERETH

Thank you to all who donated and a special thank you to **Sophie Homonoff** for coordinating and collecting donations from the Federation School. Because of all your efforts Tifereth was given "The Traveling Bowl" award. Thanks again, **Bev Ellis**. The following is a list of non-profit organizations who benefited from the donations:

Hunger Hike Allocations from 2018 Hike, Presented in March,2019 at the Hunger Hike Awards Banquet

- Bidwell Riverside Center \$1,500.00
- Catholic Charities (St. Mary Family Center) \$1,500.00
- Central Iowa Shelter & Services \$1,300.00
- Children & Families of Iowa (Family Violence Center) \$1,500.00
- Children & Family Urban Movement \$1,500.00
- DMARC \$1,500.00
- Epworth Community Dinners \$1,500.00
- Harbor of Hope \$1,500.00
- Hawthorn Hill New Directions Shelter \$1,000.00
- IMPACT Community Action Partnership \$1,500.00
- Joppa \$1,000.00
- New Horizons Adult Day Center (Ankeny) \$1,000.00
- Wesley Life (Meals on Wheels) \$1,200.00
- Young Children Prioriy One \$200.00
- EMBARC \$1,300.00
- Iowa-Yucatan Partners of the Americas \$2,000.00
- Seeds Program \$2,000.00
- Haitian Artisans for Peace International \$2,000.00
- Mary's Meals \$3,000.00
- Meals from the Heartland \$3,000.00
- Self-Help International \$3,000.00
- Blessman Ministries \$2,500.00

DES MOINES AREA



ADULT EDUCATION

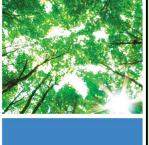
ADULT ED CLASS CHAI MITZVAH WITH TIS & TBJ



How do we develop, re-define our Jewish lives? Chai Mitzvah combines study, ritual and social action, providing the framework for a meaningful Jewish journey. Chai Mitzvah has five basic components in a twelve-month program: Group study, Independent study, Ritual, Social Action. Participants who finish the program receive a certificate from Chai Mitzvah, and a tree planted in their honor courtesy of Jewish National Fund's collaboration with Chai Mitzvah. For questions please contact Christine Dietz at cdietz895@gmail.com Chai Mitzvah will meet on the **fourth Tuesday of the month at 6:30pmlf you have any questions please contact Christine Dietz at cdietz895@gmail.com or (515) 210-3841.**







TUESDAY MAY 21 AT TIFERETH ISRAEL 6:30P TO 8:00P LED BY CHRISTINE DIETZ

Chai Mitzvah Topics and schedule:

October 23, 6:30 pm	Adult Rites of Passage	Rabbi Emily Barton at TIS
November 27, 6:30 pm	Tzedakah/Philanthropy	Rochelle Hjelman at TBJ
December 18, 6:30 pm	Individual & Community	Rabbi Emily Barton at TIS
January 22, 6:30 pm	Interpersonal Relationships	Samantha Kemp-Carlin at TBJ
February 26, 6:30 pm	Mindfulness/Conscious Living	Christine Dietz at TIS
March 26, 6:30 pm	Passover	Elianah Siepmann at TIS
April 23, 6:30 pm	Israel and the Jewish Spirit	Rabbi David Kaufman at TBJ
May 21, 6:30 pm	Gratitude/Modim Ananchu Lach	Christine Dietz at TIS
June 25, 6:30 pm	Judaism and the Environment	Josh Mandelbaum at TBJ
July 23, 6:30 pm	Leadership	Sally Frank at TBJ
August 27, 6:30 pm	Death and Loss	Robin Karney at TIS
September 24, 6:30 pm	Arc of the Fall Holidays	Ryba Epstein at TBJ

INTRODUCTION TO JUDAISM

Sundays, 12:00 noon – 1:30 pm beginning October 21st.

Taught by **Christine Dietz** and **Rabbi Barton**, this class is open to anyone interested in learning more about Judaism. It is also REQUIRED for anyone considering conversion to Judaism. The class will be based on the



Miller Introduction to Judaism Program

Miller Introduction to Judaism curriculum supplemented with additional texts and activities. The cost to nonmembers is \$150 and it is free to TIS members. Scholarships and payment plans are available. Please contact **Rabbi Barton** if you are interested in converting, before registering for this class. <u>rabbibaton@tifereth.org</u>

If you are interested in this class, contact <u>barb.berven@tifereth.org</u> to register for the next session beginning in Fall 2020.

ADULT EDUCATION

NEWS FROM THE POMERANTZ LIBRARY

NEWS FROM THE LIBRARY...

Please stop into the Rose Lee & Marvin Pomerantz Library and see what is new!

LOOK! LOOK! What's new in the Tifereth Library! Everything from exciting new novels to scholarly nonfiction works. Not every day in May will be suitable for outside activities so stop in and check us out. Thank You to **Sashya Clark** and **Rose Sloven** for their recent donations.



The Tifereth Israel Synagogue Rose Lee & Marvin Pomerantz Library is a special place. If you have not been in the library in awhile, we welcome you to explore all the books it has to offer. On Wednesday mornings, Library Volunteers **Rita Weinberg** and **MaryPaul Even** are available for questions and suggestions. We continue to add to our "**Free to a Good Home**" section on the east wall for you to add to your personal library.

CHAVRUTA PROGRAM

Introducing: Tifereth Israel Synagogue's new **Chavruta program!** Chavruta, the Hebrew word for "friendship," is a traditional style of Jewish learning that puts the student first. Two students sit together to study a text - anything from Midrash to Movies- and analyze it as a team. Discussing new ideas helps both partners better understand what they think about the text. Chavruta also offers the opportunity to engage with the Tifereth community and Jewish learning on YOUR schedule. Chavruta is open to all who want to participate in Jewish learning. No experience required. Fill out the interest form to get started. A member of the Adult Education committee will contact you with more information and introduce you to your new chavruta partner. https://goo.gl/forms/wmL0KfNdZzklWDpG3

2019 CLASSES

Stay Tuned for the following classes/events to come in 2019

- Jewish History and Israel– Book discussions and films
- **Conservative Teshuvot-** *How Does the Conservative Movement Make Change in a Traditional Framework* with **Rabbi Barton**
- Shavuot– Why I Choose to be a Jew: Presentations and Discussion

We want your input! Are there subjects you would like to learn more about? Movies and books you would like to discuss? Please contact us and we'll try to make it happen! Please contact the Tifereth office with your ideas, topics and suggestions. <u>office@tifereth.org</u> Thank you!

ADULT EDUCATION

SUMMER CLASSES RETURN IN MAY

Intro to Rabbinic Literature/ The Talmud

Are you curious about the Talmud and how the ancient rabbis made law? Then join us for Summer Adult Ed at Tifereth! From **7:15-8:15pm**, we will have an Open Beit Midrash (house of study) where we will learn the Talmud (mostly in English) together. Come and study with us on Wednesday nights starting in **June** from **7:15-8:15pm** for

10 weeks. The cost for **FREE** for TIS members and \$54 for nonmembers or \$72 if taken with a Hebrew class To register please

contact-



barb.berven@tifereth.org

Beginners Hebrew & Biblical Hebrew for Beginners

Hebrew classes will return for the 2019 summer. Have you wanted to learn Hebrew but weren't able to make last summer's class? Or, you can read Hebrew but you would like to learn more about the language, especially Biblical Hebrew? There will be two classes of Hebrew: **Beginner's Hebrew** (for those who have never learned Hebrew or need a refresher) and also **Introduction to Biblical Hebrew** (for those who can read Hebrew but want to learn Biblical Hebrew more in depth) Classes will begin in **June** and have 10 classes in the cassion. Hebrew classes

classes in the session. Hebrew classes will be from 6:00-7:00pm. The cost is FREE for TIS

members and \$54 for non-members or \$72 if taken with the Talmud class. To register please contact



barb.berven@tifereth.org

Beginners Mah Jongg

Please join us to learn or refresh your Mah Jongg skills! This 3 part class is will be limited to 20 people. This class will teach using 5 Mah Jongg tables with an instructor at each table to allow for small group and hand-on learning! Details and Dates are getting worked out but will be

given shortly. Watch weekly emails for updates and registration information. \$18 for non-member, **FREE** for TIS members.



Barb.berven@tifereth.org

STEP: SUNDAY TORAH EDUCATION PROGRAM

STEP's study of the Hebrew Bible is ongoing. The discussion meets **Sundays at 10:00am** (except on holidays) in the Tifereth Israel Bookey Classroom. Feel free to stop in anytime; there's always a fresh pot of coffee and something sweet to eat! STEP is moderated by **Mike Kuperman**.

LEARN TO LEYN/CHANT WITH SUE HARRIS

Would you love to learn to leyn/chant from our sacred Torah scrolls? Can you decode Hebrew? If yes, then I'd love to teach you! Please email me at <u>sue.harris@tifereth.org</u> and let me know if you need a refresher or want to start from the very beginning. **Thank you!**

LEARN TO BE A HOLY ROLLER

Every week the Torah needs to be rolled for services and it's a multi person job. We would love to have a few volunteers help with this task, you just need to be able to reach above the Bimah! All ages welcome!

Contact <u>sue.harris@tifereth.org</u> if interested or talk to her at Shabbat services. *Thank you!*



YOUTH AND YOUNG FAMILIES

AN INCOMENTAL

Our final youth group event for the school year will be a Lag B'Omer Celebration at Tifereth. You won't want to miss out! We will have food, music, games and a s'mores making contest. Please invite your friends and family to join us for this event. Please **RSVP by May 13** with the number of people from your group who will be attending.

Kadima & USY

Lag B'Omer Celebration

THURSDAY, MAY 23, 2019 5 P.M.- 7 P.M.

Join us for a cookout, bonfire and a s'mores making competition! Be sure to bring your friends and families



the Bible Playets IMPROV-ING JEWISH LIVES

Coming to Tifereth Israel Synagogue May 17 & 18th!





AUGUST 12-16

FIELD TRIP: IOWA STATE FAIR

515,987,0899

EXTRACURRICULAR: FINAL DAY OF

CAMP CELEBRATION ON FRIDAY





K-6 | DAY CAMP

FAMILY SHOW







7-12 | OVERNIGHT CAMP TEEN SHOW

SINCE 2011, THE BIBLE PLAYERS HAVE USED SKETCH, STANDUP, & IMPROV COMEDY TO SHARE TORAH STORIES & JEWISH VALUES WITH HUNDREDS OF AUDIENCES ACROSS NORTH AMERICA.

1) CAME

ACCREDITED

JULY 8-12

FIELD TRIP: RACCOON RIVER PARK

EXTRACURRICULAR: SWIM LESSONS

AVAILABLE TO ANY CHILD ENTERING KINDERGARTEN - EIGHTH GRADE

For more information about transportation, hot lunch, before and after care, please visit:

Waukee, IA 50263

MONDAY-FRIDAY 9 A.M.-4 P.M., \$200/WEEK

https://www.je

Register online at

33158 Ute Avenue

s://www.iewish

YOUTH AND YOUNG FAMILIES

TOT SHABBAT & JR. CONGREGATION

Tot Shabbat & Jr. Congregation will be meet next on **May 18th at 10:30am**. Tot Shabbat provides an opportunity for parents and children to celebrate Shabbat together. Junior Congregation is Tifereth Israel's supplement to the Jewish education offered by Beit Sefer Shalom for children in 3th – 6th grade. Watch <u>tifereth.org</u> and your emails for updates on all youth programs and activities.

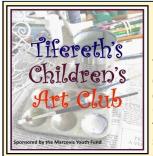
UPCOMING YAD ACTIVITIES

Please plan to attend the following YAD group activity:

- Family Fun Day, Sunday, May 5th at 100:00am
- Bible Players Program, Tot Shabbat & Jr. Congregation, Saturday, May 18th at 10:30am Watch emails for future YAD events.



TIFERETH CHILDREN'S ART CLUB



A Monthly Educational Program for kids at Tifereth.

Sunday, May 19th at 12:30pm, Lunch is Provided

The children's Art Club returns this year! Art enriches our lives. It strengthens our connection to ourselves, our self image, our spirituality, and our community, gives us empathy, and helps us connect and understand each other. The aim of the Tifereth Art Club is to make a positive difference by instilling children with the potential to express their creativity while giving them a sense of Jewish pride. Art is a powerful tool for success, and the best part is we have so much fun doing it!! Kids will be able to complete art projects connected to a Jewish theme. Sessions will be led by **Cynthia**

Shulman one Sunday each month. RSVP is REQUIRED for food and supplies barb.berven@tifereth.org

There is no cost to participating families, this educational program is made possible by the Marcovis Youth Fund.



USY on Wheels returns to Tifereth! Wednesday, July 31st



If you are able to host two or more teens that night and provide transportation to and from the synagogue, please contact **Matt Homonoff** at:

MatthewHomonoff@hotmail.com or 703-244-3895



- Sliding into the New Year (\$10 each)
- Shaking in the Shack (\$11 each)
- Hoopla Under the Huppah (\$15 each)

Dori Weinstein's Jewish children's chapter book series are available for purchase in the Tifereth office.



Brandeis Scholarship

Is there someone you know—or a group of young professionals or students between the ages of 20 and 29—who would be a great fit for Brandeis Collegiate Institute? If so, please send them our way! We can't wait to welcome the 2019 aliyah to the beautiful Brandeis-

Bardin campus, and usher in another

generation of BCl'ers to this wonderful community. (\$400 domestic/\$300 international + travel stipends)! Application website www.aju.edu/bciapply



WOMEN'S LEAGUE NEWS

<u>Membership</u>: Dues Statement for the 2018-19 Women's League membership and statements have been mailed. Please send your payments to Rose Sloven 13002 Hazelwood Drive, Clive, IA 50325-7470

Torah Fund: The 2018-2019 Torah Fund Campaign ends **May 31, 2019**. In the June 2019 Bulletin, those who have made donations to the 2018-2019 Torah Fund Campaign will be listed. If you have any questions please Contact the Torah Fund Chair, **Gwen Griger** at 515-537-1454.

Women's League donations to T.I. Women's League or Torah Fund will be included in your annual account overview from the synagogue. Thanks to **Barb Berven** for helping us make this accounting possible for you. If you have questions about a donation or want to be sure your donation is accounted for please contact **Rose Sloven** or **Barb** in the office.

WOMEN'S LEAGUE HAS AN APP!

The All-New Women's League App – Updated for 2019!

Now you can easily connect to Women's League anytime and anywhere – right on your smart phone or tablet! The Women's League App makes access to Women's League effortless.

- Do you need Shabbat candle lighting times? Just tap the app and you can quickly find them for any city in the world
- Missed Weekly Words of Torah by Rabbi Ellen S. Wolintz-Fields? Tap on "News" for all real-time updates!
- Do you need to find information about a sisterhood? Just tap the app for a link to all Women's League affiliated sisterhoods
- Do you need programming ideas? Are you looking for membership documents? Do you need to order materials? Are you looking for conference information? Do you want to see photos from Women's League events? Just tap the app and you'll find it all!

iPhone/iPad – How to get the WLCJ app:

- 1. Go to the App Store
- 2. Click the magnifying glass icon
- 3. Type "Women's League for Conservative Judaism" or "WLCJ" in the search box at the top
- 4. Click the GET button
- 5. Put in your password or thumbprint
- 6. After it installs, click OPEN

Android/Google Play – How to get the WLCJ app:

- 1. Go to the apps on your phone
- 2. Click on the PLAY STORE
- 3. Enter WLCJ in the search box on the top right

LIKE US ON

facebook

- 4. In the results: Click on the Women's League logo
- 5. Click the INSTALL button.
- 6. After it installs, open the WLCJ app

For all devices: You will need to go to the Member Log in button to use Member Pages and Resources. Be sure to allow push notifications so that we can send you important and timely information.

WOMEN'S LEAGUE IS ON FACEBOOK

Tifereth Women's League is on Facebook.







The Tifereth Women's League Invites You To a Special Evening of

fashion, food & Shopping!

Wednesday, May 22nd at 6:00pm.

The evening includes, a Fashion Show, Dinner & Shopping for Apparel & Accessories!



Fashion Show & Shopping Provided by Cindy's Boutique. Cindy's will donate 20% of sales, the week prior to & the evening of the show, to **Tifereth Women's League**.

Everyone Welcome, Please Bring Guests.

Fashion Show Models :

Lilianna Bernstein, Ann Blumberg, Jenny & Mia Blumberg, Jody Jacklin, Louise Kaufmann, Hannah and Ariella Rogers, Melanie Sandler, Sabrina Silva

Soup and Salad Bar Dinner \$12

RSVP by May 20th to **Gwen Griger**

515-537-1454 or harragwn@aol.com

DONATIONS: March 25 to April 24, 2019

Louis and Dorothy Pomerantz Camp Ramah Scholarship Fund Roselind and Sheldon Rabinowitz In Memory of Arnold Engman Choir Fund Rita and Harvey Weinberg In Memory of John "Al" Jaeger General Fund Ryan Abram & Family In Memory of Arny Engman Ann and Louis Balentine In Memory of Sol Beecher In Memory of Sylvia Beecher Jay Beecher In Memory of Sol Beecher In Memory of Sylvia Beecher Mary and Tom Bernstein In Memory of Arny Engman Barb Berven In Memory of Arny Engman Ann and Larry Blumberg Recovery of Larry's Sister Ann Sashya and Ben Clark In Appreciation Patty and Jim Cownie In Memory of Arny Engman Shari and Stanley Engman In Memory of Frances Harris In Memory of Susie Osby In Memory of Ron Rosenblatt Margaret and Gary Epstein In Memory of Ida Epstein Sandy and Paul Epstein In Memory of Arny Engman Sharon and Mike Fontanini In Memory of Arny Engman **Diane and Mel Friedman** In Honor of Marilyn and Sigmund Nussbaum's 60th Anniversary Barb and Paul Friedman In Memory of Arny Engman Sharon and Dennis Goldford In Memory of Arny Engman In Memory of Frances Harris Don Greenberg In Memory of Arny Engman Gwen and Harry Griger Recovery of Marilyn Nussbaum In Memory of John (AI) Jaeger Jan and Rob Hiersteiner In Memory of Arnold Engman Rebecca Huisman In Memory of Ruth Disenhouse Annette Isaacson In Memory of Rose Isaacson In Memory of Sam Whiteman Marshall Kaminer In Memory of Frances Harris Shirin Karimi & The South Pas Gang In Memory of Arnold Engman Susie and Josh Kimelman In Memory of Frances Harris **General Fund Continued** PAGE 26

Cari Lefkow In Memory of Allan Lefkow Barbara and David Lettween In Memory of Arny Engman Frances Lipsman In Memory of Victor Lipsman Susan and Jim McConnell In Memory of Arny Engman Evelyn and Al Mintzer In Memory of Arny Engman Kay Myers In Memory of Frances Harris Beth & Sheldon Ohringer In Memory of Arny Engman Ron Osby In Memory of Arnold Engman Lynore Pierce In Appreciation of the Celina Biniaz Event Ronna and Donald Pochter In Memory of Arnold Engman Hannah and Will Rogers In Memory of John (AI) Jaeger Audrey and Harlan Rosenberg In Memory of Arnold Engman Melanie and Peter Sandler In Memory of Arny Engman Rebecca Shaffer In Honor of Elianah Siepmann's Passover Class Rose and Daniel Sloven In Memory of Arny Engman Deborah and Jerry Thornton In Memory of Arny Engman The Travel Center In Memory of Arny Engman Carrie and Lane Whitacre In Memory of Arny Engman University of Wisconsin Alumni Research Foundation In Memory of Arnold "Arny" Engman Isaacson Torah Fund Rita and Harvey Weinberg In Memory of Seymour Sacks **Marcovis Youth Fund** Shirlee and Jim Marcovis For Good Health of Shirlee and Jim Marcovis **Pidgeon Book Fund** Harriet Pidgeon In Honor of Hailey Rose Homonoff's Bat Mitzvah In Memory of Arny Engman **Rabbi's Discretionary Fund** Kathryn Bern In Memory of Frances Harris Gloria Bernstein In Memory of Frances Harris Barb Berven

In Memory of Frances Harris Judy Blank In Memory of Frances Harris **Rabbi's Discretionary Fund Continued** ILinda and Gary Bremen In Memory of Frances Harris Kristin Davis In Memory of Frances Harris Judy and Larry Deutch In Memory of Frances Harris Andi and Bob Duitch In Memory of Frances Harris Karen Engman In Memory of Frances Harris Shellev Engman and Annie Goslin In Memory of Arnold Engman MaryPaul Even In Memory of Frances Harris Deirdre and Tom Farr In Memory of Frances Harris Fran Fleck and Terry Greenley In Memory of Frances Harris In Memory of Joseph Isman Phyllis Friedman and Mark Schneider In Memory of Frances Harris Barb Hirsch-Giller and Harvey Giller In Memory of Frances Harris Vicki and Alan Givant In Memory of Arnold Engman In Memory of Frances Harris Gwen and Harry Griger In Memory of Frances Harris Carla Herling and Jason Nunemaker In Memory of Frances Harris Dorothy and Harlan "Bud" Hockenberg In Memory of Frances Harris Shelley Kitsis In Memory of Frances Harris Michael Kuperman Recovery of Nashi Khalastchi In Memory of Frances Harris Joanie Lehr In Memory of Arnold Engman Barbara and David Lettween In Memory of Frances Harris Jeanne Levitt In Memory of Frances Harris Alla Mintzer Zaprudsky and Michael Mintzer In Memory of Frances Harris In Memory of John "Al" Jaeger Ron Osby In Memory of Frances Harris Hannah and Will Rogers In Memory of Frances Harris Audrey and Harlan Rosenberg In Memory of Frances Harris Susan Robinette Rosenblatt In Appreication The Rosenfeld Family In Memory of Frances Harris Madelon Rosenfeld In Memory of Joel Rosenfeld In Memory of Sidney Rosenfeld Cindv and Mike Rovner In Memory of Frances HarrisMaddie & Don Schoen In Memory of Frances Harris

Rabbi's Discretionary Fund Continued

Rebecca Shaffer

In Memory of Frances Harris Rose and Dan Sloven

In Memory of Frances Harris Nancy Waldman

In Memory of Frances Harris Rita & Harvey Weinberg

In Memory of Frances Harris Karen and Steve Weiss In Memory of Frances Harris Sherry Wiesman In Memory of Frances Harris Robbie and Marvin Winick

In Memory of Frances Harris Max Yaro In Memory of Frances Harris

Elizabeth Sherman Shabbat Café Fund Justin Schoen In Memory of Elizabeth Sherman Karen and Steve Weiss

In Appreciation

Harry Simon Fund

Andi and Bob Duitch Recovery of Ruth Engman Recovery of Nashi Khalastchi Vicki and Alan Givant Safe Travels, Megan Schnoebelen In Honor of John Paul Muelhaupt's Birthday In Memory of Ann Wahlig Suzann Simon Mazel Tov to Hailey Homonoff On her Bat Mitzvah Recovery of Ruth Engman In Memory of Arny Engman In Memory of Frances Harris

Spiro Music Fund Jody and Todd Jacklin In Memory of Frances Harris

Tifereth Women's League Tikkum Olam In Memory of Elyse Weiss



Celebrate

tifereth Israel Synagogue Annual Meeting, Dinner & Torah Rededication

Special Guests

Rabbi Moshe Klein Rabbi Neil Sandler

Thursday, May 30th 2019 🌣 5:15pm Annual Meeting 🌣 6:15pm Dinner & Torah Rededication

Please RSVP to barb.berven@tifereth.org 515.255.1137



Tifereth Israel Synagogue families and friends who wish to remember their loved ones throughout the year may make contributions to any of our funds listed below.

- General Fund
- Stanley Isaacson Torah Fund
- Kitchen Fund
- Brody Youth Fund
- Marcovis Youth Fund
- David D. Pidgeon Book Fund
- Louis & Dorothy Pomerantz
 Camp Ramah Fund
- Pomerantz Library Fund
- Prayer Book Fund
- Program Endowment Fund
- Rabbi's Discretionary Fund

- Rosenthal Memorial Fund & Cemetery
- Ruth Rissman Children's Book Fund
- Elizabeth Sherman Shabbat Café Fund
- Harry Simon Memorial Fund
- Spiro Music Endowment Fund
- Tifereth Israel Foundation
- Tikkun Olam / Garden Fund
- Women's League
- YAD Group

Tifereth Israel



Thank you to those that contributed photos to the Tifereth Bulletin, It is very appreciated! These people include, Gloria Bernstein, Kristin Davis, Jody Jacklin, Sandi Yoder, Anna Zavell

If your name was not mentioned please let the office know, it will be added to next month's Bulletin.

We would really like to add your photos to the Tifereth Bulletin, if you have photos to submit, please send them to office@tifereth.org

				HAPPY	BIRTHDAY TO:
May 1	Lori Long Saralee Sloven	May 14	Deborah Feder	May 22	Amy Beecher Meier Lipman
May 2	Jay Morrison Talia Naggar	May 15	Michael Rovner	May 23	Rebecca Huisman Paige Kirschner
May 4	Maddie Blair Lena Pusin	May 16	Peter Sandler	May 24	Melissa Chavas Michael Feder
May 6	Krista Pearl	May 17	Don Blumenthal Sydney Pearl Janice Rosenberg	May 25	Jack Lederman
			Trudi Rosenfeld Beth Tross	May 26	Jay Levitt Peter Petrosov
May 7	Susan Glazer Burt	May 18	Ezekiel Hausmann Robert Kupitz	May 27	Jennifer Blumberg Gabby Jones Eugene Pusin Joe Wahlig
May 8	Harvey Weinberg	May 19	Brad Biren-Erpelding Donald Schoen	May 28	Zak Christensen
May 10	Madelyn Schoen	May 20	Gabriel Sandler	May 29	Peter Adelman Marshall Luban Rebecca Rovner
May 11	Elizabeth Koslow	May 21	Lori Hockenberg	May 31	Avi Jones
					HAPPY MAY ANNIVERSARIES

May 17	Tanya & Mark Shoykhet	May 25	Deirdre & Tom Farr
May 20	Lyanna & Bill Lindgren	May 26	Barbara & David Lettween
May 22	Mr. & Mrs. Larry Raphaelson	May 27	Kathy Elsner & Steven Adelman
May 24	Jan & Jeff Farber	May 29	Andi & Jeffery Lipman
-	Alla Mintzer Zaprudsky & Michael Mintzer	May 30	Jennifer & Philip Blumberg

DMARC RED BARREL MONTHLY SUGGESTED DONATION

	DMARC move -	MAY	2019
Renerative Reserved	SHOULD I DONATE FOOD -OR- FUNDS?	of the MONTH	Culturally Appropriate Food
The DMARC Red Barrel is located in the Tifereth entryway. Feel Free to drop off donations	WITH YOUR \$25.	REAL REAL REAL REAL REAL REAL REAL REAL	For a Grant Street Stre
during office hours. If you would like to contact or donate directly to the Des Moines Area	COMPARE THAT TO THE NINE OR TEN MASYOU COMD BUY AT THE STORE WITH THE SAME \$25.	Beans	Fava & Mung Beans
Religious Council directly: 515-277-6969 <u>dmarcunited.org</u>	TWICE THE PEANUT BUTTER. (GEORGE WASHINGTON CAVER WOULD BE PROUD.) DO MORE. DONATE FUNDS. dmarcunited.org/donate	dried or canned	

HAPPY BIRTHDAY TO:

Judy & Gary Rubin

Judy & Marshall Flapan

Rebecca & William Shaffer

Lilianna & Jarad Bernstein

Allison Wolf & Daniel Klass

Hannah & Will Rogers

June 1	Erin Howland Christina Koslow Michael Tobis Adam Wieczner	June 12	Sigmund Nussbaum	June 21	Ben Singer Kathy Wolf
June 3	Tammy Abdulghani Liz Hopkins Eilan Naggar Shira Simon	June 13	Brian Beecher Robert Carpenter	June 22	Sarah Bell
June 4	Jacob Carpenter Isak Sivi	June 14	Herbert Rosen	June 23	Jeffery Lipman Aviv Luban
June5	Della Kweskin	June 15	Benjamin Giller	June 24	John Chavas Mollie Giller
June 6	David Engman Sally Nagorner Tibby Rissien Mark Schneider	June 16	Miriam Mintzer Marc Shulman Stephen Wahlig	June 26	A.J. Pearl Rebecca Shaffer
June 7	Esther Bergh Martin Brody Tracy Engman Finkelsteyn Jacob Mendelev	June 18	Margo Blumenthal	June 27	Reece Jones Zachary Kupitz Linda Lapp Daniel Weiss
June 9	Zara Blumberg Julie Goldstein	June 19	Shari Engman Susan Harris	June 28	Teddy Karney Sabine Wieczner
June 10	Fannie Kalis June 20		Dekel Luban Pnina Luban Frank Marcovis	June 29	Shelley Brody Carl Harris
			Evelyn Mintzer Judy Rubin Deb Yavitz	June 30	Scott Birkett Zachary Brody
					HAPPY JUNE ANNIVERSARIES
June 6	Shirley & Jerry Hade	nfeldt	June 23	Lori & Brad Lor	•
June 8	Shirlee & James Mar	covis		Simma & Micha Ami Yaro & Ste	
June 9	Evelyn & Albert Mintz	zer	June 25	Dory & Andrew Robin & Peter I	
June 13	Samantha & Robert Johnson			Cindy & Michae	

June 26

June 28

- June 14Suzanne & Larry Engman
- June 16 Barb Hirsch-Giller & Harvey Giller
- June 17 Jody & Todd Jacklin
- June 18 Janel & Frank Marcovis
- June 22 Abby & Scott Birkett

May 2019 / Nisan-Iyar 5779 Calendar subject to change

SAT	ian 4 29 Nisan 14th Dav of Omer		Shabbat Café 12:00pm	5 lyar 11 6 lyar		1.2.3001	yar 18 13 lyar 28th Day of Omer Morning Services 9:30am The Bible Plavers with	Tot Shabbat & Jr. Congregation 10:30am Shabbat Café 11:45am	var 25 20 Iyar 35th Day of Omer Morning Services 9:30am n Shabbat Café 11:45am Lunch & Learn with Rabbi Barton 12:30pm	yar
FRI	3 28 Nisan	13th Day of Omer Evening Services 7:00pm	7:56pm	10 5 ly 20th Davi of Omer	Evening Services 6:00pm	8:04pm	17 12 lyar 27th Day of Omer The Bible Players & Com- munity Dinner	Evening Services	24 19 lyar 34th Day of Omer Acoustic Shabbat Evening Services 6:00pm 8:17pm	31 26 lyar 41st Day of Omer Evening Services 6:00pm 8:23pm
THURS	2 27 Nisan	12th Day of Omer	Yom Hashoah	9 4 Iyar	19th Day of Omer	Yom Ha'atzma'ut	16 11 lyar 26th day of Omer	Tribe Happy Hour at Wellman's Pub & Rooftop WDSM 5-7pm	23 18 lyar 33rd Day fo Omer USY & Kadima Lag Ba'Omer Fire at Caspe 5-7:00pm	30 25 lyar 40th Day of Omer TIS Annual Meeting, Dinner & Torah Rededication 5:15pm RSVP
WED	1 26 Nisan	11th Day of Omer	Yom HaShoah Caspe Terrace 7:00pm	8 3 lyar	18th Day of Omer	Yom Hazikaron	15 10 lyar 25th Day of Omer	Erev Nashim at Yanni's 6:30pm	22 17 lyar 32nd Day of Omer Women's League Fashion Show 6:00pm	29 24 lyar 39th Day of Omer
TUES				7 2 lyar	17th Day of Omer Morning Minyan 7:15am	Sr. Activity at Prairie Meadows 11:00am	14 9 lyar 24th Day of Omer Morning Minyan 7:15am		21 16 Iyar 31st Day of Omer Morning Minyan 7:15am Chai Mitzvah at TIS 6:30pm	28 23 Iyar 38th Day of Omer Morning Minyan 7:15am
NOM				6 1 lyar	16th Day of Omer		13 8 lyar 23rd Day of Omer		20 15 lyar 30th Day of Omer	27 22 Iyar 37th Day of Omer Memorial Day Office Closed
S U N				5 30 Nisan	STEP 10:00am YAD Family Fun Run & Picnic 11:00am	Shelter Dinner 1:00pm Rosh Chodesh	12 7 lyar 22nd Day of Omer Mother's Day	o ter 10.00am Intro to Judaism 12-1:30pm	19 14 Iyar 29th Day of Orner STEP 10:00am Intro to Judaism 12-1:30pm Children's Art Club 12:30pm Dinner with Central Presbyterian Church 5:00pm	26 21 Iyar 36th Day of Omer STEP 10:00am Intro to Judaism 12-1:30pm

June 2019 / Iyar-Sivan 5779 Calendar subject to change

N U N	N O M	TUES	WED	THURS	FRI	SAT
						1 27 Iyar 42nd Day of Omer Morning Services 9:30am Shabbat Café 11:45am Lunch & Learn with Rabbi 12:30pm
2 28 Iyar 43rd Day of Omer STEP 10:00am	3 29 lyar 44th Day of Omer	4 1 Sivan 45th Day of Omer Morning Minyan 7:15am Rosh Hodesh	5 2 Sivan 46th Day of Omer	6 3 Sivan 47th Day of Omer	7 4 Sivan 48th Day of Omer Acoustic Shabbat Summer Kick off & BBQ Evening Services 6:00pm	8 5 Sivan 49th Day of Omer Morning Services 9:30am Shabbat Café 11:45am Lunch & Leam with Rabbi 12:30pm
9 6 Sivan STEP 10:00am Shavuot	10 7 Sivan TIS Office Closed Services 9:30 Yizkor Shavuot	11 8 Sivan Morning Minyan 7:15am	12 9 Sivan	13 10 Sivan	14 11 Sivan Evening Services 6:00pm 8:32pm	15 12 Sivan Morning Services 9:30am Contemplative Service 9:30am, Torah Service 10:15am 10:15am Shabbat Café 11:45am Lunch & Leam with Rabbi
16 13 Sivan	17 14 Sivan	15 Sivan	19 16 Sivan	20 17 Sivan	21 18 Sivan	22 19 Sivan
Father's Day STEP 10:00am TIS Family Picnic- Raccoon Valley Park 11:30am		Morning Minyan 7:15am			Evening Services 6:00pm	Morning Services 9:30am Shabbat Café 11:45am Lunch & Leam with Rabbi 12:30pm
23 20 Sivan	24 21 Sivan	25 22 Sivan	26 23 Sivan	27 24 Sivan	28 25 Sivan	29 26 Sivan
IA Cubs Game 1:00pm		Morning Minyan 7:15am				Morning Services 9:30am Shabbat Café 11:45am
30 27 Sivan		Chai Mitzvah at TBJ 6:30pm			Evening Services 6:00pm	Lunch & Leam with Rabbi 12:30pm

OFFICE HOURS

Monday—Thursday*	9:00am—5:00pm
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Friday 9:00am-3:00pm

*Closed Monday through Thursday from 12:30pm—1:30pm

The Rabbi is usually in the building except Mondays. Please feel free to call the office and set up an appointment.

STAFF

Rabbi Emily Barton: rabbibarton@tifereth.org Morton and Lois Bookey Rabbinical Chair

Sue Harris, Bnai Mitzvah Tutor & Service Coordinator: sue.harris@tifereth.org

Deirdre Farr. Cantorial Soloist Pinchas Spiro z["]I, Cantor Emeritus

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Kristin Davis, Administrative Assistant: office@tifereth.org

TIFERETH BOARD EXECUTIVE COMMITTEE

Will Rogers, President Jacob Lederman, Vice President Aaron Beckerman, Treasurer Marni Duitch, Secretary Harvey Giller, Past President

GIFT SHOP HOURS

Sunday 9:00am—12:00pm Wednesday 9:30am—12:00pm

*Also open during office hours

LIBRARIAN HOURS Wednesdavs 9:00am - 11:00am

"We strive to enrich our cultural and spiritual lives as Jews by connecting with our community, the traditions of our People, Israel, and with God"

Tifereth on the Web: www.tifereth.org | www.facebook.com/tiferethdesmoines

Important Notice

The Tifereth Bulletin will be available primarily online instead of through the mail. A link to each month's online copy will be emailed to you instead of a paper copy being mailed to you.

Paper copies will only be provided upon request. If you wish to continue having paper copies mailed to you, you must contact the office. Converting to online distribution will save costs on mailing, paper, ink and assembly time. Thank you for your understanding.