



Purim & Pesach Information Edition

Purim and especially Passover are right around the corner, with all kinds of holiday and other programming filling March and April! We thought we would try something a little different this year and decided to combine the March and April bulletins together with the Purim-Passover packet that you normally receive in your homes every year. We are hoping that this will be a better way of having all the information you need about synagogue happenings in one place and all at your fingertips.

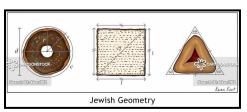
Not just the bulletin/Passover packet is different this year, but we are trying out a few new programs. In April there's



a synagogue meet
-up at the Central
Des Moines
Library for an AVid
author who wrote
about a book on a
Nazi hunter. Also,
in late April we'll
have more Jewish
law discussions

including the kashrut of lab-grown meat (seriously!) and another Thursday book discussion on the very different lives of 4 Israeli paratroopers who liberated the Western Wall. The weekend before Passover begins, we will have some special Passover programming, including studying modern rabbinic thought on what you can eat on Passover (Shabbat after kiddush 4/4) and on Sunday April 5, we will be doing a Passover Family-Friendly Event called Passover Prep and Practice. There will be an art program with Cynthia Shulman for both kids and adults (different programs) in a rotation with some other programs and also an opportunity to help with cleaning the synagogue kitchen to get ready for the Seder.

Come, at any age, make some art, help out the synagogue and have fun with your friends! We hope you'll take some time out of



your afternoon and join us! Of course, also look in this issue of the bulletin for the dates for the Hy-Vee Kosher for Passover sale, paperwork for selling your *chametz*, and to make your reservations for the Second Night Seder. If you have any Passover questions, let me know!

Before that, though, Purim is on its way! We are still looking for English readers of megillah and helping hands with children's crafts! We have been working hard in the office to make this year even bigger, noisier and more fun than last year so get ready for some surprises and don't forget your dried pasta groggers to give to DMARC at the end of the night! There's lots going on in the next few months! Hope you'll come check it all out!

Rabbi Barton

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- Remember to make all your RSVPs

Schedule of Services

Unless otherwise noted, Erev Shabbat services regularly begin at **6:00pm on Friday evenings**, and Shabbat morning services regularly begin at **9:30am** on **Saturday mornings** followed by Shabbat Café at **11:45am**. Rabbi Barton leads a Talmud Discussion at **12:30pm**. There are no Talmud discussions on days when there is a Bar or Bat Mitzvah or special guest artists.

For more information on a particular style of service or a full outline of worship opportunities, please see Tifereth Israel website <u>tifereth.org</u> or call the synagogue.

MARCH SHABBAT SERVICES			
6-7 March	11 Adar		
Shabbat Parashat	Tetzavah, Shabbat Zachor		
Candle Lighting:	5:54pm		
Friday Evening:	Traditional Services 7:00pm Special Time		
Saturday Morning:	Traditional Services Mia Blumberg Bat Mitzvah		
Purim March 9	Megillah Reading & Celebration		
13-14 March	18 Adar		
Shabbat Parashat	Ki Tisa, Shabbat Parah		
Candle Lighting:	7:02pm		
Friday Evening:	Acoustic Shabbat Services		
Saturday Morning:	Contemplative Service + Torah Service (10:15am)		
20-21 March	25 Adar		
Shabbat Parashat	Vayakhel/Pekudei, Shabbat Hachodesh		
Candle Lighting:	7:09pm		
Friday Evening:	Traditional Services		
Saturday Morning:	Traditional Services		
27-28 March	3 Nisan		
Shabbat Parashat	Vayikra		
Candle Lighting:	7:17pm		
Friday Evening:	Traditional Services		
Saturday Morning:	Traditional Services + Tot Shabbat & Jr. Congregation 10:30am		

APRIL SHABBAT SERVICES			
3-4 April	10 Nisan		
Shabbat Parashat	Tzar, Shabbat Hagadol		
Candle Lighting:	7:25pm		
Friday Evening:	Acoustic Shabbat Services		
Saturday Morning:	Traditional Services		
Pesach April 9	Pesach Morning Services 10:00am		
Pesach April 10	Pesach Morning Services 10:00am		
10-11 April	17 Nisan		
Shabbat Parashat	Intermediate Day Pesach		
Candle Lighting:	7:32pm		
Friday Evening:	Traditional Services		
Saturday Morning: Pesach Day 7	Passover Traditional Services		
Pesach April 15	Pesach Morning Services 9:30am		
Pesach Day 8 April 16	Pesach Morning Services 9:30am		
17-18 April	24 Nisan		
Shabbat Parashat	Shemini		
Candle Lighting:	7:40pm		
Friday Evening:	Traditional Shabbat		
Saturday Morning:	Traditional Shabbat		
24-25 April	1 lyar		
Shabbat Parashat	Tazria-Metzora, Rosh Hodesh Iyar		
Candle Lighting:	7:47pm		
Friday Evening:	Mishpacha Shabbat		
Saturday Morning:	Traditional Shabbat		



- Facebook.com/TiferethDesMoines
- Facebook.com/lowaTribe
- Facebook.com/TIWomensLeague
- Facebook Group- The Tifereth Israel Yad Squad

Shabbat Service Options and Information

Service Times

Unless otherwise noted, Erev Shabbat services regularly begin at **6:00pm on Friday evenings**, and Shabbat morning services regularly begin at **9:30am** on **Saturday mornings** followed by Shabbat Café at **11:45am**. Rabbi Barton leads a Talmud Discussion at **12:30pm**. There are no Talmud discussions on days when there is a Bar or Bat Mitzvah or special guest artists. For more information on a particular style of service or a full outline of worship opportunities, please see Tifereth Israel website www.tifereth.org or call the office.

Service Honors

Aliyot, leading a service, serving as a Gabbai, chanting Torah and/or haftarah are all wonderful spiritual practices, as well as ways to grow

Service Honors

yourself, serve the community, celebrate the anniversary of a bnei mitzvah, wedding or birthday, honor a person you care about (whether living or already deceased). If you are interested in learning how to celebrate an honor or serve in one of these ways, please contact **Sue Harris**. **Note** that to lead services or chant the Torah or haftarah, you need to be able to read, or at least decode Hebrew. Sue can be reached at: (515) 329-4135 or sue.harris@tifereth.org

Tuesday Morning Minyan Service

Consider joining us weekly or once a month or once in awhile on Tuesday mornings at **7:15am**. You may even find it's a great way to start your day every week! If you'd like to receive email updates and weather alerts please contact **Rose Sloven** rosiefutur@aol.com As with all synagogue events if Des Moines Public Schools are closed for weather we will also be closed. **Thanks for your ongoing support for our community.**

Contemplative Shabbat Service

The second Saturday each month we offer a special 45 minute meditative service including learning, singing, English readings and discussion. This pea



learning, singing, English readings and discussion. This peaceful practice is a part of the main Saturday Shabbat service for all ages to enjoy. Torah Service will begin at 10:15am.

Upcoming Dates-

- March 14th
- May 9th

Acoustic Shabbat

Come participate in a special Friday Shabbat service featuring instrumental accompaniment and a blend of ancient, traditional, and contemporary



Jewish music. Through the music of this service, you'll find connections to the spirit of our holy liturgy, allowing you to pray with your heart, and hands and feet. Lift your voice in song and help create the spirit of holiness that is Shabbat! ALL are welcome!

Upcoming Dates- Fridays at 6:00pm

- March 13th
- April 3rd

Mishpacha Shabbat & Potluck

About once a month, the families of Tifereth Israel come together to celebrate Mishpacha ("Family") Shabbat. The services are designed so that children can easily participate and also have some fun! Songs, activities,



storytelling, and instruments are used to help children engage in the service. The service is usually followed by a family event, most often a potluck dinner coordinated by our YAD Group. For more information on the YAD group, go to their **Facebook group**-

facebook.comgroups/1376454289342423/

Upcoming Date- Fridays at 6:00pm

• April 24th

Tot Shabbat & Jr. Congregation

Children of all ages are welcome! Tot Shabbat is lead by Beit Sefer Shalom instructor, **Dori Hauser**, for pre-k to 2nd grade & their friends to share in stories & songs about Shabbat, including some free play. Junior Congregation is lead by the Beit Sefer Shalom music instructor **Benjamin Brodkey** for children in 3rd - 6th grade. It is a fun service rooted in the traditions of the Conservative movement. We conclude in time to join the main service to sing Adon Olam together!



Upcoming Date-March 28th

Shabbat Service Volunteers & Information

Thank you to all the congregants who volunteered their time and energy to assist with our Shabbat services in January & February		
Greeters/ Ushers:	Larry Blumberg, Jill Cantor, Bev Ellis, Jacob Lederman, Barb Leventhal-Beckerman, Maggie Matijevich, Will Rogers, Don Schoen, Justin Schoen, Toni Urban	
Service Leaders:	Acoustic Shabbat Band, Rabbi Barton, Jarad Bernstein, Reuben Biel, Mia & Zara Blumberg, Benjamin Brodkey, Suzanne Chester, Andy Goodman, Deirdre Farr, Carla Herling, Hailey & Sophie Homonoff, Nashi Khalastchi, Talia Naggar	
Gabbais:	Scott Birkett, Phil Blumberg, Andy Goodman, Sophie Homonoff, Peter Karney, Robin Karney, Mike Kuperman, John Zieman	
Torah Readers:	Rabbi Barton, Scott Birkett, Deirdre Farr, David Friedgood, Sue Harris, Mike Mintzer, Miriam Mintzer, Mark Schneider, Rose Sloven	
Haftarah Readers:	Rabbi Barton, Deirdre Farr, David Friedgood, Sue Harris	
Shabbat Café & Oneg Sponsors:	Jill Cantor, Deirdre Farr, Dory & Andy Goodman, Louise Kaufmann, Women's League	

Please consider donating your time to help make Tifereth Israel Synagogue a Thriving Community!



Ushers/Greeters Needed for Services!

Tifereth is in need of Greeters/Ushers for Shabbat services. Anyone can volunteer! **Sign up for either Fridays, Saturdays or both!** Volunteer on your own, in pairs, or parents and children together! Please contact the office and tell us when you are available! **Thank you!** office@tifereth.org

Volunteers are needed to be shomrim

Missy Wolnerman is always compiling a list of shomrim volunteers to be called when needed. Shomrim (Hebrew for guards) must be Jewish. You will be sitting with the deceased at Dunn's funeral home during the day or overnight before the funeral. You can do it by yourself or in a pair. To sign up for a time or for more information, please contact Missy Wolnerman at missywolnerman@gmail.com or text/ call 515.778.6619.

Thank you!

Donate Towards Kiddush

Consider donating to the Elizabeth Sherman Kiddush Fund. No amount is too small to contribute to help us ensure that we can continue to provide delicious food to our congregants after services. It is a way to support our Shabbat Café without taking on the entire cost by yourself. Help us build this fund! Your donations share your simcha with our Tifereth Israel community! A perfect way to celebrate any time! *Thank you!*

Ride Sharing for Services Needed. Consider Volunteering to Share Your Ride to Service

Our community has seniors and students that do not always have a ride to shul. **Be a mensch!** office@tifereth.org

Misheberach List Updates Needed

We encourage you to add names to the Micheberach list. Please email the office with any additions either using an English or Hebrew name. To keep the Misheberach list current and correct, please also remember to let the office know when a name can be removed from the list. office@tifereth.org Thank you!

Provide or Sponsor a Kiddush

Shabbat Café brings together our community after Saturday morning services. It's a chance for congregants to sit and converse over a light lunch and often celebrate a special occasion, such as a-

- Birthday
- Anniversary
- Simcha (a joyous family event)
- Life cycle event
- Yahrzeit

There are plenty of options for sponsoring a Shabbat Café. Simply contact the office to discuss your Shabbat café options or to give a suggestion. office@tiferth.org



Shul Information

Front Door Security Key FOBS

The Tifereth Israel Synagogue building is now locked at all times. During business hours you will need to be buzzed in and your key FOB will only work before and during services. Members may request up to two key fobs. You may choose not to get a Key FOB and will be let in. At larger events, like a bar or bat mitzvah or the High Holidays, there will be security in place at the front door. Please contact the office to fill out a key FOB form.

Gift Shop hours and information

The Gift Shop is run by the Tifereth Women's League. Requests and additional orders can be made by contacting Andi Duitch Andidee@aol.com. If you would like to volunteer in the Hurwitz Gift Shop please contact Andi Duitch. The Louis & Marilyn Hurwitz Gift Shop inside of Tifereth Israel Synagogue is open any time the office is open. Monday-Thursday 9:00am to 5:00pm and Fridays 9:00am-3:00pm.

Tifereth Board Members

The Tifereth annual year ends April 2020. If you would like to volunteer to be on the Tifereth board please contact the office for information. office@tifereth.org

President	Jacob Lederman		
Foundation Board President	Don Schoen		
Vice President	Justin Schoen		
Secretary	Marni Duitch		
Treasurer	Brian Pearl		
Past President	Will Rogers		
Board of Trustees 2019-2020	Barb Leventhal Beckerman		
	Gloria Bernstein		
Roard Nows	Larry Dlumbara		

Board News

- The Tifereth Annual Meeting will be in May, please watch for details to follow soon.
- New board members welcome! If you would like to become a board member, nominations are in April! For more information contact office@tifereth.org

Brian Pearl
Will Rogers
Barb Leventhal Beckerman
Gloria Bernstein
Larry Blumberg
Jill Cantor
Christine Dietz
Josh Engman
Neil Hausmann
Matt Homonoff
Liz Hopkins
Jody Jacklin
Maggie Matijevich
Mike Mintzer
Sheldon Ohringer
Toni Urban
John Zieman

Winter Weather Reminder

Please remember that if the Des Moines schools cancel classes due to weather conditions, Tifereth offices will be closed and all activities will also be cancelled. You can also find cancellations posted on KCCI-TV.



Attention Snow Birds

If you will be leaving town for the winter, please check in with the office to let us know the dates you will be gone and to double check that we have your correct address on file.

Tifereth Email List

If you would like to receive our weekly synagogue emails please contact the office to be added to the list office@tifereth.org

Hearing Assistance Devices for Services

Hearing assistance devices are available to use during services and events. The devices use plug-in earphones and are located at the entry of the sanctuary. Feel free to bring your own headphones or earbuds to use with the audio system.

Large Print Books Available for Services

All large print books, including the *Siddur Sim Shalom* prayer books, are located on the sanctuary bookshelves. If you have any trouble or questions please ask the usher.

Tifereth Committees & Chairs Consider volunteering for committee. We need your help! **Building & Grounds** Will Rogers, Jacob Lederman **Fundraising** Jacob Lederman -Calendar Cynthia Shulman, Frank Marcovis -Mah Jongg Ann Blumbera Cemetery Josh Engman Chesed Dory Goodman Adult Education Christine Dietz Garden MaryPaul Even Jacob Lederman, Brian Pearl, Bob Carpenter Investment Membership Justin Schoen Rabbi Barton, Deirdre Farr Music **Personnel** Jacob Lederman **Pomerantz Library** MaryPaul Even, Rita Weinberg **Programming** Rabbi Barton Ritual Andy Goodman Tikkun Olam Mike Mintzer Barb Leventhal Beckerman Samantha Johnson Women's League YAD (Youth Activities Division) Jill Cantor, Maggie Matijevich

Community News

Recent Passing's

It is with great sorrow that we recall the recent passing of: Lottie Frank 2/21/20

beloved sister of Bob (Linda) Carpenter

Robert A. Press 2/16/20

Beloved father of Thomas and Barry Press

Fira Rakhman, 1/25/20

beloved mother of Viktoria Zilbermints

Dr. Paul Rohrlich 1/28/20

beloved husband to Susan Sandler and father of Noah and Jordan Rohrlich, brother-in-law of Louise Kaufmann

May their memory always be for a blessing.



We've made great strides toward pluralism in Israel over the last 20 years. But there are disturbing trends that threaten our values and are pulling us backward.

We have very few opportunities, sitting here in America, to influence and make change in Israel.

This is one of those times.

Every 5 years, Jews around the world are asked to step-up and be counted in the World Zionist Congress election. The next election begins this coming January.

145 delegates will be elected to represent the US and asked to make critical decisions about the future of the Jewish people in Israel – religious freedom, democratic principles, and the celebration of diversity.

PLEDGE TO VOTE THE 'MERCAZ' SLATE

- Text'VOTE' to 917.336.1162 *
- Take the pledge at Mercaz2020.org

We'll remind you when it's time to vote

If you care about the growth of Conservative/Masorti Judaism in Israel and worldwide – from the growth of our kehillot around the country to our influence inside important decision-making bodies. If you want to fight for an Israel that feels like a homeland for ALL Jews...

Opponents of pluralism and diversity are on the rise - and Israel is no exception. This election is our opportunity to put a check on those trends and take a stand. There is too much at stake:

- The future strength of the Conservative/Masorti Movement
- Our voice and influence on critical policy issues Millions of dollars for our programs and institutions

Your vote for 'MERCAZ' can make real change.

Stand up and be counted. Casting your vote for the MERCAZ Slate will ensure that the Conservative Movement has the strongest possible delegation at the Congress. Act now!



ORGANIZE nail votemercaze mercazusa.org

CONNECT Go to MERCAZ2020.org and get involved

Vote MERCAZ-The Conservative/Masorti Slate • Text 'VOTE' to 917.336.1162* • MERCAZ2020.0RG

By providing your email/cellphone you agree to be contacted by VoteMERCAZ. Message and data rates may apply.

WANTED/NEEDED

We are looking for people to preview Jewish films to be shown at Tifereth and a possible film festival. Please let the office know if you would like to help with viewing! Contact the office if you are interested office@tifereth.org





The Tifereth community has been a wonderful host to the traveling USY on Wheels Bus for the last

two summers! The USY students have been grateful for their accommodations and experience in Des Moines that they are stopping through again this summer on **Wednesday**, **August 5th**, **2020!** The next round of USYers are excited for the same opportunity. For successful planning, we area asking the Tifereth community well in advance for host homes for this one night. Please contact the office if you are able to host a teen or two for the night. **Thank you!** office@tifereth.org

Tikkun Olam Y'all!

Feel like doing some good in 2020? We do! Join us in making Team Tikkun Olam a large and in charge group!



If you missed it our last Tikkun Olam event had a great turnout of do-gooders! We volunteered at *Meals from the Heartland.* It was a fun time

We are now in need or more volunteers to put into rotation for preparing Shelter Dinners for a local women's & children's shelter. This event is usually quarterly but may meet additional times if we can find more volunteers. **Mike Mintzer**, thankfully, has been a great organizer for this group, please let him or the office know if you would like to contribute. More on the next page.

Purim & Passover Items are now on Sale in the Hurwitz Gift Shop!







Community News

Save the Date for

Another Tikkun Olam Opportunity!

Mail Carriers will be gathering donations from homes on May 9th for DMARC. Volunteers are needed to sort the donations. If you would be interested in this Tikkun Olam event, please contact the office. There are many today and times available. More details below or https://www.dmarcunited.org/volunteer/warehouse/sorting/



Volunteer for Stamp Out Hunger®

Des Moines Area Religious Council | 1435 Mulberry Street | Des Moines, IA 50309 | 515.277.6969 | dmarcunited.org

On Saturday, May 9, the National Association of Letter Carriers will hold their 28th annual Stamp Out Hunger® food drive.

For the fifth year in a row, DMARC will be the recipient of tens of thousands of food items donated from the drive. That's where we need your help! DMARC is organizing hundreds of volunteers to help us date-check, seal-check, and sort these food items into categories.



We are seeking 50 volunteers for every three-hour shift, three shifts per day, Monday through Friday, with an additional unloading and organizing shift on Saturday, May 9.



May 11-15 DMARC UNITED TO MEET THE NEED

dmarcunited.org/volunteer







DON'T FORGET: Letter carriers will be collecting donations on Saturday, May 9. You can help by setting out food or toiletry items—we especially need peanut butter, fruit canned in juice, and low sugar, whole grain cereal. Remember to make sure that the items are non-perishable, in-date, and unopened.

DONATE ONE OF THESE ITEMS!

Please bring boxes of pasta to use as groggers at the Purim Celebration & Megillah reading! Then donate them to the red barrel see below







The DMARC Red Barrel is located in the Tifereth entryway. Feel Free to drop off donations during office hours. If you would like to contact or donate directly to the Des Moines Area Religious Council directly:



515-277-6969 or dmarcunited.org

Thank You from Women's league!

Thank you to all the volunteers that participated in the Women's League Shabbat!

Over 20 Women's League members, their daughters and friends participated in the Women's League Shabbat Services held on Saturday, February 8th. Women's League sponsored and prepared a special Shabbat café for the occasion as well. This Shabbat service also commemorated the 100th anniversary of the Tifereth Women's League. We are the longest continuous running branch of the Tifereth Israel organization. Our chapter of Women's League was the 11th in the nation to receive its charter out of hundreds of chapters which now exist! Women's League will have a 100th Anniversary Gala on Sunday, June 7th. More details to follow!

Facebook.com/TIWomensLeague



PARTICIPANTS

Greeter	Bev Ellis
Preliminary Service	Sophie Homonoff מה ירושתנו
Shacharit Service	Sophie Homonoff
Opening and Closing the Ark	. Mariya Lichinskaya
Torah Carrier	. Fran, Hannah, Amira & Ilana Biel
Torah Service	. Mia Blumberg, Hailey Homonoff
Gabbai Rishon	. Sophie Homonoff
Gabbai Sheni	. Mike Kuperman
Floor Gabbai	. Peter Karney
First Aliyah Suzanne Chester	Reader Miriam Mintzer
Second Aliyah Gloria Bernstein	Reader Miriam Mintzer
Third Aliyah Rebecca Schaffer	Reader Miriam Mintzer
Fourth Aliyah Mike Kuperman	Reader Sue Harris
Fifth Aliyah Rose & Saralee Sloven	Reader Rose Sloven
Sixth Aliyah Jody Hramits	Reader Rabbi Barton
Seventh Aliyah Ann & Larry Blumberg	Reader Rabbi Barton
Maftir Deirdre Farr	Reader Rabbi Barton
Hagbah	. Tasha Hausmann
Galilah	. Ariella & Hannah Rogers
Haftarah	. Deirdre Farr
Prayer for Congregation	. Jenny Blumberg
Prayer for our Country	. Debbie Feintech
Prayer for Israel	. Louise Kaufmann
Prayer for Peace	. Annie Naggar
Ashrei	. Zara Blumberg
Musaf Service	. Suzanne Chester
Eln Keloheynu	. Talia Naggar
Aleinu	. Mia Blumberg, Hailey Homonoff,
	Talia Naggar
Dvar Torah	. Hannah Rogers
Women's League Prayer & Remarks	. Barbara Leventhal-Beckerman
Eshet Chayil	. Rabbi Barton
Adon Olam	. Mia Blumberg, Hailey Homonoff,

Talia Naggar, Ariella Rogers & Students

Community News & Events

Bat Mitzvah Announcement

Phil and **Jenny Blumberg** are happy to announce that their daughter, **Mia Bella Blumberg**, will be called to the Torah as a Bat Mitzvah on **Saturday, March 7, 2020 at 9:30 a.m**. at Tifereth Israel Synagogue. Mia is in 7th grade at Stilwell Jr. High School. She enjoys spending time with her friends, playing soccer, and playing the violin. She is looking forward to her 4th summer at camp OSRUI in Oconomowoc, WI.



Wine, Cheese, Chocolate & Travel Event

Ann Blumberg took about 25 ladies and one gentleman on a vicarious trip around the world for a very enjoyable afternoon on Sunday, February 9th. We enjoyed our time with Ann as Women's League sponsored the Wine, Cheese, Chocolate & Travel event. There were many varieties of kosher wine, cheese and chocolate sampled from all over the world while Ann shared her travel experiences during her years as a tour leader for several bank clubs in the Des Moines area. (For fun ask her about the 5-legged elephant!)

The refreshments were as delicious as they were beautifully displayed. Thanks to **Gloria Bernstein** for the photos and to **Beverly Ellis**, **Gloria Bernstein**, **Louise Kaufmann and Barbara Leventhal-Beckerman** for the preparing and serving the bountiful buffet.

And special thanks to Ann Blumberg for sharing her fun and fascinating experiences with us.... And she even provided a list of travel hints and hacks for us!

















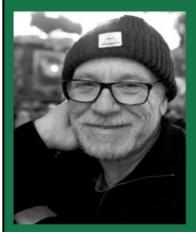












LUNCH AND LEARN WITH ADL REGIONAL DIRECTOR, GARY NACHMAN

Tuesday, March 31, 2020 | 12 p.m.

Tifereth Israel Synagogue | 924 Polk Blvd, Des Moines

Catered Lunch | RSVP at https://forms.gle/m1xDeDkhviYuxuZW7



Community Events

Rosenblatt-Tamily Garden Committee News!

First Garden Meeting of 2020 planned. Sunday March 1st at 1:30pm

We're excited to start planning for Spring and Welcome any new Gardeners to our committee.

There are many ways you can be involved:

- Planning
- Providing Seeds, Plants or Supplies
- **Planting**
- Active Garden Maintenance
- Watering and Irrigation
- Harvesting and Food Distribution

Besides our Vegetable and Herb beds you can also help with:

- Prairie Area
- Pollinator Garden
- Roses and Berries
- Garden Education

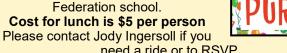
If you can not make this first meeting but would like to join the Gardening Effort please contact MaryPaul Even mpvreven@yahoo.com I'll make sure to update you with future plans.

Senior Purim Lunch Celebration with Gan Shalom

March 12th, 12:00-1:30pm Temple B'nai Jeshrun

The Students of Gan Shalom will join us for a Purim celebration! Don't miss this fun time with our preschoolers from the

> need a ride or to RSVP 515-987-0899 ext. 210 jody@dmjfed.org



Senior Lunch & Crafting with Bev Ellis!

April 23rd, 12:00-1:30pm

Let's Do Crafts! Bev Ellis will be instructing us in a fun art/craft project. No need to bring anything but your creativity!

Tifereth Israel Synagogue Please contact Jody Ingersoll if you need a

ride or to RSVP 515-987-0899 ext. 210 or jody@dmjfed.org



Jewish Family Service







JOIN US FOR AN INSPIRING FILM AND CONVERSATION WITH THE CREATOR OF

THE EURASIA INTERNATIONAL FILM FESTIVAL AWARD WINNING FILM ABOUT THE REJUVENATION OF THE JEWISH COMMUNITY OF BUDAPEST

Tuesday, March 10, 2020

5:30 p.m. Reception with complimentary drinks and snacks 6:30 p.m. Film and Discussion

> Levitt Auditorium, Des Moines Art Center Admission is free, thanks to P2G

RSVP to alicia@jewishdesmoines.org or 515.987.0899

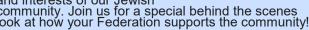


Jewish Film Day at Tifereth

Watch for summer viewing dates soon. Join us as we show a series of Jewish films at Tifereth using our new audio system! FUN! There will be popcorn! If you have a suggestion for a Jewish film let us know! One suggestion is for the film *Paper Clips*, so watch for that one in the mix!

Federation - Behind the Scenes

March 25th This year marks the 106th Anniversary of the Jewish Federation of Greater Des Moines. In those 106 years, the work of the Federation has expanded to meet the changing needs and interests of our Jewish community. Join us for a special behind the scenes look at how your Federation supports the community!



See Beit Sefer students in action and join them for dinner. Learn about how the curriculums for Beit Sefer Shalom, Engman Camp Shalom, and Gan Shalom have changed to include cutting-edge teaching techniques. Hear about the statewide leadership role of your Federation's Jewish Community Relations Council, how Jewish Family Services serves our community and how you can help preserve lowa's Jewish heritage.

Read Bob Carpenter's blog post from last year's event-

https://www.jewishdesmoines.org/news-events/blog/behind-the-scenes-by-bob-carpenter/

RSVP to alicia@jewishdesmoines.org

Pomehantz Libraty News

Please stop into the Rose Lee & Marvin Pomerantz Library and see what is new!

We have received many wonderful donations for the library.

- Thank you to **Sashya** and **Ben Clark** for several new volumes of the Koran Talmud Bavli. These beautiful books are in the first section of the library beneath the books on Kabbalah.
- Thank you also to Barb and Harvey Giller and to Toni and Tim Urban for books on a variety of topics.
- Neil and Tasha Hausmann donated many PJ library books which are in the sanctuary for children to use during services.
- We are also enjoying the new bookcase Kristin and Christy moved into the library for the books we are still
 accessioning.

Thanks! Rita Weinberg and Mary Paul Even

The Tifereth Israel Synagogue Rose Lee & Marvin Pomerantz Library is a special place. If you have not been in the library in awhile, we welcome you to explore all the books it has to offer. The library is available whenever the building is open. On Wednesday mornings, Library Volunteers **Rita Weinberg** and **MaryPaul Even** are available for questions and suggestions. We continue to add to our "**FREE to a Good Home**" section on the east wall for you to add to your personal library.

FREE TO A GOOD HOME SECTION

FREE Children's Books!



Thank you to those that have donated many wonderful Jewish children's books to the Tifereth Pomerantz Library! We now have some doubles and we would like to share them with the community! There will be a box in the sanctuary for children to either take home or to read during services. Enjoy!

Your Opinion Wanted!

Great News! The Tifereth Pomerantz library is getting more use! If you have read a good book from our library please let others know by filling out a Community Book Recommendation Card. We will then place on the shelf near that book, similar to *Barnes & Noble*. It's fun and helps out a fellow reader!

Also, if you have a request for a book to be ordered for the Tifereth Pomerantz Library please leave your request and contact information on the Library desk, feel free to stop in on Wednesday Mornings when the Library Volunteers are here or let the office know. office@tifereth.org

Thanks and Happy Reading!



Tifereth Israel SYNAGOGUEZ Community Book Recommendations
Book:
A
Why:
Recommended By:

Adult Ed: Two Great Book Events on the Same Night! Lucky Us!

DINNER AT CENTRO & BOOK DISCUSSION AT DES MOINES CENTRAL LIBRARY



Thursday, April 23

- 5:30pm Dinner at Centro 1003 Locust St, Des Moines
- 6:45pm Des Moines Central Library 1000 Grand Avenue, Des Moines

The 20th anniversary of Authors Visiting in Des Moines has arrived! The Des Moines Public Library's AViD series brings prominent national and international authors to central lowa for free speaking engagements each spring. Join us for dinner at Centro at 5:30pm and then head across the street to the Central Library for the discussion with the author, **Katie Quinn**.

"The Huntress was an instant New York Times bestseller, and named one of the best books of the year by Marie Claire and Bookbub. The novel tells the story of a battle-haunted English journalist and a Russian female bomber pilot who join forces to track the Huntress, a Nazi war criminal gone to ground in America."



KATE QUINN

HUNTRESS

Kate Quinn is the *New York Times* and *USA Today* bestselling author of historical fiction. A native of southern California, she attended Boston University where she earned a Bachelor's and Master's degree in Classical Voice.

- Admission is free.
- Doors open at 6:00 PM.
- Seating is first-come, first-served.
- Free parking is available:
- In the Des Moines Public Library parking garage, located on Grand Ave.
- On the surface lot on the corner of 10th St. and Grand Ave., across from the library.
- At the end of the program, there will be a question and answer period. A book signing will follow.
- Books will be available to purchase before and after the program courtesy of Beaverdale Books.

Amazon Link-

https://www.amazon.com/Huntress-Novel-Kate-Quinn/dp/0062740377

RSVP for dinner reservations office@tifereth.org

JEWISH LIVES BOOK CLUB VIRTUAL AUTHOR EVENT: AVIVAH GOTTLIEB ZORNBERG ON MOSES AT TIFERETH

Thursday, April 23 6:00-7:30 PM

Join us at Tifereth Israel for an evening will Author Aviavh Zornberg, include a light dinner!

Join us at Tifereth Israel Synagogue to be apart of a livestreamed virtual author discussion event. Livestreamed from Park Avenue Synagogue in New York City, join communities around the world



MOSES

A Human Life
AVIVAH GOTTLIEB ZORNBERG

for a free virtual author event with Jewish Lives author **Avivah Gottlieb Zornberg** on the life and legacy of Moses.

An unprecedented portrait of Moses's inner world and perplexing character, by a distinguished biblical scholar No figure looms larger in Jewish culture than Moses, and few have stories more enigmatic. Avivah Gottlieb Zornberg, acclaimed for her many books on Jewish thought, turns her attention to Moses in this remarkably rich, evocative book. Drawing on a broad range of sources--literary as well as psychoanalytic, a wealth of classical Jewish texts alongside George Eliot, W. G. Sebald, and Werner Herzog--Zornberg offers a vivid and original portrait of the biblical Moses. Moses's vexing personality, his uncertain origins, and his turbulent relations with his own people are acutely explored by Zornberg, who sees this story, told and retold, as crucial not only to the biblical past but also to the future of Jewish history

Amazon link-

https://smile.amazon.com/Moses-Human-Life-Jewish-Lives/dp/0300209622/

ref=smi_www_rco2_go_smi_g8217842112? encoding=UTF8&%2AVersion%2A=1&%2Aentries% 2A=0&ie=UTF8

RSVP to office@tifereth.org

For more information about the Jewish Lives Book Club, please visit jewishlives.org/bookclub.

Hy-Vee Windsor Heights Has Your Kosher Items year round, including meat & wine!







Watch for updates on the Facebook Group– Kosher In Des Moines Iowa

Adult Education



Purim for Grownups

10:00am-	Jews of Western Europe
11:30am	-Mike Kuperman
11:30 am- 12:30pm	Purim & Chanukkah – Anti-Semitism in the Modern Age -Mike Kuperman
12:30pm-	Finding Adult Meaning in the Megillah
2:30pm	-Christine Dietz

RSVP to office@tifereth.org

Lunch Book Discussion with Rabbi Barton

April 2nd at 12:30pm Join Rabbi Barton for a Lunch Book Discussion at Tangerine at the Art Center. The book to be discussed is Like
Dreamers: The Story of the Israeli
Paratroopers Who Reunited Jerusalem and
Divided a Nation by Yossi Klein Halevi. "In
Like Dreamers, acclaimed journalist Yossi
Klein Halevi. intervence the stories of Klein Halevi interweaves the stories of a group of 1967 paratroopers who reunited Jerusalem, tracing the history of Israel and the divergent ideologies shaping it from the Six-Day War to the present."

YOSSI KLEIN HALEV angerine

DREAMERS

Amazon Link to get the book-

https://www.amazon.com/Like-Dreamers-Paratroopers-Reunited-Jerusalem/ dp/0060545763

RSVP needed for restaurant reservations-

Talmud Study Class with Rabbi Barton

March 29th 12:30-2:00pm

Join us for another lively Talmud discussion with Rabbi Barton!

The Teshuvah is The Kashrut of Cultured Meat by Rabbi Daniel Nevins



https://www.rabbinicalassembly.org/sites/default/files/ public/halakhah/cils/

kashrut of cultured meat responsum final version marc h 2018.pdf

Bring snacks for yourself or to share!

RSVP to office@tifereth.org

International Seminar for Halakhic Study with Rabbi Barton

April 26th 12:30-2:30pm

Rabbi Barton will be teaching a class for the International Seminar for Halakhic. The Committee on Jewish Laws and Standards (CJLS) will introduce and celebrate the work of **Elliot Dorff.** He has contributed magnificently to the conservative movement and the Jewish world through his CJLS teshuvot and administrative leadership. We will study "Providing References for Schools and Jobs." This is a teshuvah

thatconservative congregations across the US will study on the same day!

Link for reading it-

http://www.rabbinicalassembly.org/sites/default/files/assets/public/halakhah/teshuvot/2011-2020/ providingreferences.pdf

Bring snacks for yourself or to share! RSVP to office@tifereth.org

Film & Play Spring Class Series

Join us for a FUN spring learning series on The Band's Visit including viewing the movie and the play at the Des Moines Performing Arts Civic Center!

- Sunday, May 10th at 1:00pm-Viewing Film at Tifereth
- Sunday, May 17th at 3:15pm- Play Discussion at Tifereth

Together we will view the film *The Band* at Tifereth on Sunday, May 10th and the week following week people can attend the play The Band at the Des Moines Performing Arts Civic Center, May 12-17th. Then on Sunday May 17th at 3:15pm we will meet at Tifereth for a discussion!

Here is a link for more information and to purchase tickets to the playhttps://desmoinesperformingarts.org/events/the-bands-visit/

<u>Description-</u>

"The eight Egyptian musicians who comprise the Alexandria Ceremonial Police Orchestra arrive by mistake in a small town in Israel's Negev Desert. Their booking set for a different city, and with no transportation out of the town or any hotels to stay at, the band settles at a restaurant owned by Dina (Ronit Elkabetz), who offers them lodging. Overcoming ethnic barriers, the Egyptians find diversion and companionship with the Israelis through a pervading undercurrent of shared melancholy."

RSVP BY APRIL 17th for TICKETS! office@tifereth.org



Adult Education

Tifereth Israel Synaogue is Participating in the

First National Masorti Shabbat May 1st & 2nd, 2020



Masorti Foundation

1st Annual
Shabbat

Please join us to learn about the Masorti Movement, our partners in the conservative movement in Israel, and how they support the values of diversity and egalitarianism that we cherish. We will be sharing stories, photographs and videos of Masorti Israel. Masorti in Israel makes possible *full inclusion* in Jewish religious and social life for:

- Children with disabilities
- Jews by Choice
- LGBTQ Jews
- Secular Jews who long for deeper connections
- Socially liberal Modern Orthodox Jews

Masorti is building unity in Israel through innovative programs, through its growing youth movement and through its advocacy for social justice -- the Jewish Pluralism Watch.

Over 50 congregations from coast to coast are participating, including:

- New York, NY
- Los Angeles, CA
- Des Moines, IA
- Dallas TX
- Minnetonka, MN
- Caldwell, NJ
- Washington, DC

For the list of participating rabbis and congregations to date, go to:

https://masorti.org/national-shabbat-congregations/



Some of the Masorti Shabbat Participating Rabbis and Synagogues

Rabbi Elliott Cosgrove Park Avenue Synagogue New York, NY

Rabbi David Wolpe Sinai Temple Los Angeles, CA

Rabbi Michael Siegel Anshe Emet Synagogue Chicago, IL

Rabbi Debra Newman-Kamin

Am Yisrael Conservative Congregation Northfield, IL

Rabbis Lauren Holtzblatt & Aaron Alexander Adas Israel Congregation Washington DC

Rabbi Annie Tucker Temple Israel Center, White Plains, NY

Rabbi Alan Silverstein Congregation Agudath Israel Caldwell, NJ

Rabbi Ari Sunshine Congregation Shearith Israel Dallas, TX

Rabbi Harold Kravitz Adath Jeshurun Congregation Minnetonka,

Rabbi Emily Barton Tifereth Israel Synagogue Des Moines, IA

Weekly Shabbat Lunch and Learn with Rabbi Barton, Topic- Talmud

Stay for Kiddush and learning after services! **Saturdays** from approximately **12:30-1:15pm**. Bring your questions and opinions! Texts will be read in English, but Hebrew will also be provided. Note: There will not be a Talmud discussion on the weekends there is a bar or bat mitzvah. This group is currently studying Talmud tractate Bava Kamma.

STEP: Sunday Torah Education Program

STEP's study of the Hebrew Bible is ongoing. The discussion meets Sundays at 10:00am (except on holidays) in the Tifereth Israel Bookey Classroom. Feel free to stop in anytime; there's always a fresh pot of coffee and something sweet to eat! STEP is moderated by Mike Kuperman.

Adult Ed. Classes - We Want Your Input

Are there subjects you would like to learn more about? Movies and books you would like to discuss? Let us know, we'll try to make it happen! office@tifereth.org

Save the Date

Summer Adult Ed Classes Return May 6th!



Returning again this summer, Tifereth will have 10 weeks of adult education classes!

The classes will include-

- Beginning Adult Hebrew
- Biblical Hebrew
- Talmud Class– Studying: The top Sugyiot that all Jews should know!

Watch for more details soon!

Sign up early to office@tifereth.org

Y.A.D.- Youth Activities Division!

Tot Shabbat & Jr. Congregation

Tot Shabbat provides an opportunity for parents and children to celebrate Shabbat together. Junior Congregation is Tifereth Israel's supplement to the Jewish education offered by Beit Sefer Shalom for children in 3th – 6th grade. The next date for Tot Shabbat and Jr. Congregation is **March 28th** at **10:30am**. Watch your emails for updates on all youth programs and activities. To be added to the list please contact office@tifereth.org.



Upcoming YAD and Family Activities

Please plan to attend the following TIS family activities:

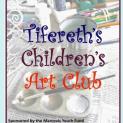
- March 9th, 6:00pm Tifereth Community Purim Party
- April 5th, 12:30pm Passover Prep. & Practice for kids & adults
- April 9th, 7:00pm Tifereth Second Night Seder
- April 24th, 6:00pm Mishpacha Shabbat & Potluck



Tifereth Art Club, a Monthly Educational Program for kids at Tifereth.

- March 1st at 12:30pm, includes lunch!
- April 5th at 12:30pm, includes lunch. This class will be a part of the Passover Prep. & Practice Day at Tifereth! More details on Page 18.

The aim of the Art Club is to give children the potential to express their creativity and a sense of Jewish pride. Art is a powerful tool for success, and is fun! Kids will be able to complete art projects connected to a Jewish theme. Sessions will be one Sunday each month and lunch is provided!



There is no cost to participating families, this educational program is made possible by the **Marcovis Youth Fund.**

RSVP required for a headcount on supplies and food.

The Margo and Don Blumenthal Jewish Student Scholarships for 2020 — 2021 Academic Year

Application forms for the next academic year will be available in March of 2020. Applications will be due, postmarked to the Jewish Federation, by April 30, 2020. The scholarships are awarded on a competitive basis to Jewish students from Central lowa* who will attend or are attending post-secondary schools within the state of lowa. *Jewish students who reside elsewhere in lowa and will be attending a post-secondary school within lowa and whose parent or grandparent is a member of the Des Moines area Jewish community are eligible to apply this year. Donations to the Blumenthal Scholarship Fund may be earmarked and sent to:The Jewish Federation of Greater Des Moines, 33158 Ute Avenue, Waukee, IA 50263

To apply, contact Jody Ingersoll at jody@jewishdesmoines.org

Kadima made *Linus* Blankets for Children in Need

Last year, the Kadima students made fleece tie blankets that were recently donated to Project Linus, an organization that



helps bring warm, cozy blankets to children of all ages who have experienced trauma.

Thank you to **Anna Zavell** for organizing this event!



Are Your Children Going to Jewish Camp this Summer?

If your children are attending Engman Camp Shalom locally or if they are going out of state, we would love to know! Rabbi Barton would like to send your children letters, cards and possibly a visit while they are at camp! We may also make a map in the summer Bulletin showing





MARCH

6-8PM

A COMMUNITY PARTY TO CELEBRATE THE READING OF THE MEGILLIAH!!

> Tifereth Israel SYNAGOGUE

ALL ARE WELCOME!

MEGILLAH READ IN HEBREW & ENGLISH!

COSTUMES **ENCOURAGED! 5780** PURIM CELEBRATION!

PARADE! PRIZES! CRAFTING!





BRING BOXES OF PASTA! USE THEM AS GROGGERS & THEN DONATE TO DMARC!



TIFERETH ISRAEL SYNAGOGUE RSVP REQUIRED TO OFFICE@TIFERETH.ORG



Maccabee's Kosher Deli



Maccabees Kosher Deli has many Passover products, ranging from Matzah to Wine to a Full Line of Grocery, Frozen Goods, Salads, Dips, Deli Meats, Meats/Poultry.

Come on in and check out all of our Kosher for Passover products.



Don't forget we do catering!



Hours- Mon Closed, Tues 11-5pm, Wed 11-6pm, Thurs 11-6pm, Fri 10-3pm, Sat Closed, Sun 11-4pm 1150 Polk Blvd Des Moines IA 50311. MaccabeesKosherDeli.com

Tylee.

WINDSOR HEIGHTS HY-VEE STORE





EVERY THURSDAY MARCH 26TH - APRIL 16TH



EARN 12¢ OFF

EVERY \$20
PURCHASE







WITH 540 PURCHASE

WITH 560 PURCHASE

WITH 100 PURCHASE

KOSHER

JUST LOOK FOR THESE SIGNS

at your Windsor Heights Hy-Vee.

Includes Fresh Meats, Dairy, Frozen, Dry Grocery, Candy, Select Candles, Wines, Matzo, Empire chicken, Frozen Gefilte Fish, Kosher Turkeys and Turkey Breast, Cold Cuts and more.

"Some restrictions may apply. Stackable *20.00 purchase excludes money orders, gift cards, gas, catering, pharmacy, tobacco, Western Union, lottery or postage purchases. Total does not include tax or deposit. Please see stores for details or go to Hy-Vee.com or full terms and conditions. Fuel savings are limited to 20 gallons of fuel per purchase.

Valid Thursday, March 26 - Thursday, April 16, 2020. Only at your Windsor Heights Hy-Vee. e restrictions apply, see store for details. While supplies last. No rain checks. Plus deposit on applicable items.

Purim & Pesach 5780/2020

SCHEDULE OF EVENTS:



Tifereth Israel, SYNAGOGUEXX

Monday, March 9	Megillah Reading and Purim Celebration 6:00pm Dinner, Family Friendly Activities & Megillah Reading
Sunday, April 5	Passover Prep. & Practice 12:30pm Adults & Children Learning, Art, Film & Kashering the Kitchen
Wednesday, April 8	Erev Pesach / Ta'anit Bekhorim (Fast of the Firstborn) • 9:00am Study session & Pastries with Rabbi Emily Barton (Conference Room)
Thursday, April 9	First Day Pesach 10:00am Pesach Morning Services (NOTE Time Change) 7:00pm Tifereth Community Second Night Seder (Social Hall) Begin counting Omer at Second Night Seder
Friday, April 10	Second Day Pesach 10:00am Pesach Morning Services (NOTE: Time Change) 6:00pm Pesach/Shabbat Evening Services
Saturday, April 11	9:30am Pesach Morning Shabbat Services
Wednesday, April 15	9:30am Pesach Morning Services
Thursday, April 16	Eighth Day Pesach ● 9:30am Pesach Morning Services / Yizkor Service

RSVPs are Required for-

●Purim ●Passover Prep. & Practice ●Rabbi's Study Session ●Second Night Seder

RSVPs create more accurate planning. Thank you.

More event details below and on the next pages. Please RSVP to office@tifereth.org

TIFERETH ISRAEL SYNAGOGUE CORDIALLY INVITES YOU TO



Thursday, April 9th at 7:00pm

Join us for an abbreviated, yet traditional Seder complete with prayer, song, & Haggadah reading.

All ages welcome!

This year's meal will be subsidized for all attendees!

- \$20.00 Adults(12 & up)
- \$10.00 Children (11 & under)

Catered by The Copelands The menu will include:

- Gefilte fish with horseradish
- Matzo Ball Soup (veggie)
- Charoset
- Lemon Caper Chicken or
- Vegetarian—Stuffed Portabellas
- Seasonal roasted vegetables
- Herb mashed potatoes
- Mixed green salad
- Assorted Passover cookies, candy, bars, & fresh fruit
- You are welcome to bring your own preferred Kosher for Passover wine to share with your table.

×		
Kindly	reserve your seats for the April 20th Pesach Second Night Seder,	
,	, , , , , , , , , , , , , , , , , , , ,	
Name (s):	Phone	
	Number of Adults at \$20 each: = \$	
	Number of Children (11 & under) at \$10 each: = \$	
* I would	like to make a donation towards subsidized tickets & dinner \$	
I	Total Amount Enclosed: \$	
	Number of Lemon Caper Chicken entrees	
	Number of Vegetarian entrees	
	Please mail your check and this reservation form to:	
*All reservations must be prepaid by Friday, April 3rd. Tifereth Israel Synagogue, 924 Polk Blvd, Des Moines, IA 50312		
""		
	Tifereth Israel	
	SYNAGOGUE	

Pesach 5780 Mechirat Chametz-The Selling of Chametz

Any manner of chametz (leavened food or utensils) owned by a Jew during the Passover holiday is forbidden for use. Since monetary considerations made it impossible to literally fulfill the Biblical command to destroy all leavened products, our Sages instituted the practice of Mechirat Chametz, selling of chametz. Thus every Jew is reminded of the necessity to divest himself/herself of ownership of chametz during Passover and to prepare his/her home for the holiday.

The sale of <u>chametz</u> is conducted between a representative of the Jewish community and a non-Jew. After Passover, the <u>chametz</u> is re-purchased by the Jewish community.

Rabbi Barton will be pleased to act as your agent for the sale of <u>chametz</u>. If you would like her to arrange the sale of your <u>chametz</u>, please complete the form below and return it to the Synagogue <u>NO LATER THAN Wednesday, April 8, 2020 at 11:45 am.</u> Rabbi Barton will be selling the Chametz that morning at 11:45 am. She cannot be responsible for forms that arrive after this date and time. Rabbi Barton will arrange a post Pesach "buy-back" on **Thursday, April 16, 2020 at 9pm**.

It is customary to make a special solicitation of funds before Passover to be used to help those in need. We encourage you to include a contribution to the Des Moines Area Religious Council Food Pantry. At a time when we are particularly concerned with the quality and quantity of our food, let us be mindful of those who are hungry.

Send to or Drop off to: Rabbi Emily Barton, litereth Israel Synagogue 924 Polk Boulevara Des Moines, IA 50312		
AUTHORIZATION FOR SALE OF CHAMETZ		
I,, do hereby authorize Rabbi Emily Barton, as agent for Tifereth Israel Synagogue, Des Moines, Iowa, to act on my behalf to sell, transfer and assign all chametz of whatever kind and wherever situated in my residence at or my place of business at or my place without reservation or limitation. All the aforesaid chametz is to be sold to a non-Jew who is to have free access to the chametz acquired by him/her. I further state that the chametz covered by the agreement will be stored away at the above address and not used by me during the period commencing no later than 11:45am on Wednesday, April 8, 2020, and ending no earlier than 9:00pm on Thursday, April 16, 2020. This authorization legalized by my signature on the day of, 2020		
I enclose \$ for the Des Moines Area Religious Council Food Pantry. Please make your check payable to "DMARC Food Pantry."		

RABBINICAL ASSEMBLY	, a	הרבנ	כנסת	
3080 Broadway New York, NY 10027 phone 212.280.6000	fax 212.749.9166	5 info@rabbinicalass	embly.org rabbinicalassembly.or	g

THE RABBINICAL ASSEMBLY PESAH GUIDE: ה'תש"פ nmittee on Jewish Law & Standards (CJLS) Kashrut Subo Introduction by Rabbi Elliot N. Dorff, Chair, CJLS

This Rabbinical Assembly Pesah guide is a brief outline of the policies and procedures relevant to the preparation of a kosher for Pesah home. This guide is intended to help families maintain a kosher for Pesah home in accordance with the principles of Conservative Judaism and its understanding of Jewish Law. *This version contains updated information on kashering induction stovetops on page 5.

https://www.rabbinicalassembly.org/story/pesah-quide-5780-0

Will You Invite a Stranger to Your Pesach Table?

Please let the office know if you are willing to open your Seder to others that need a place on the first or second night. Thank you! office@tifereth.org

Exodus 23:9

You shall not oppress a stranger, for you know the feelings of the stranger, having yourselves been strangers in the land of Egypt. ♥



NEW Passoven Prep. & Practice Day! Don't Miss it!



Sunday, April 5th, 12:30pm - 3:30pm Includes Lunch!

RSVPs are **REQUIRED** for food & supplies!

The day will include Passover Art, Learning, Film, Demos & Practice with plenty of time to ask Rabbi Barton your Passover related questions

See below for more details.



Children's Art Club with a Passover Theme, making Mezuzot led by Cynthia Shulman



One station rotations for the children will be Art Club. Cynthia Shulman will teach about Passover using games and art: The children will be painting ceramic mezuzot: Kosher scrolls are available for purchase in the Tifereth Hurwitz gift shop if you would like to hang give or gift your mezuzah! There is no cost and will include lunch!

The Prince of Egypt will be shown

A second station rotation will have the film *The Price of Egypt* showing for both children and adults.

"In this animated retelling of the Book of Exodus, Egyptian Prince Moses (Val Kilmer), upon discovering his roots as a Jewish slave, embarks on a quest to free his people from bondage. When his plea is denied by his brother Rameses (Ralph Fiennes), the new pharaoh, a series of horrific plagues strike Egypt. Moses finally leads the Israelites to freedom by parting the Red Sea and drowning the Egyptian army. God then gives Moses the Ten Commandments, a list of rules for his people to live by.



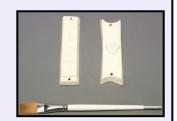
Learn how to properly Kasher your kitchen including demonstrations and practice



The third station rotation will have explanation and demonstrations on how to properly Kasher your Kitchen for Passover led by Rabbi Barton. Learning to Kasher is for both adults and children together. There will be plenty of time to ask all of your Passover related questions as well as time to practice within the Tifereth Kitchen.

Adult Art Club with a Passover Theme, making Mezuzot, led by Cynthia Shulman

The fourth station will be the Adult Art Club also with a Passover theme, painting ceramic mezuzot like the children's art club without the Passover lesson, but you are welcome to ask Cynthia Shulman all your Passover questions as well: The mezuzot are 1" X 4" in size. Kosher scrolls are available for purchase in the Tifereth Hurwitz gift shop if you would like to hang give or gift your mezuzah! Lunch is provided. No cost.



Fundhaising Community Event-Mah Jongg Tournament!



Sunday, September 13th 11am-4:30pm

Registration begins at 10:30am, Explanation of Rules at 10:45am

*Early Registration Gets 5 FREE Raffle Tickets!

- Early registration by: August 1st, Regular Registration Deadline September 1st
- Male Players Welcome
- For More Info contact Ann Blumberg 515-988-8599 | ann4mykids@aol.com
- Tifereth Israel Synagogue | Des Moines, IA | 515-255-1137



Synagogue to	REGISTRATION FORM ete this form and send it with your check for \$40 made out to Tifereth Israel : Ann Blumberg, c/o Tifereth Israel Synagogue 924 Polk Blvd. Des Moines, IA ure your spot, please register by September 1st, 2020.
Name	
Address	
Phone	Email
I am wil	ling to be East (You will be East for the whole day & will be responsible for score– keeping at your table)
I will bri	ng my set (Please, no vintage sets)
	Be sure to bring your current NMJL Mah Jongg card
İ	Lunch & Snacks Provided Unique Silent Auction – Gift Bags – \$\$\$ Prizes
Spc	onsored by Yellow Mountain Imports * ymimports.com

Nomen's League News



Women's League for Conservative Judaism is the network for all women who support our mission of enhancing Jewish knowledge, engaging in Jewish life, expanding communal involvement, and supporting klal Yisrael. It is for those who belong to affiliated sisterhoods and those who join directly. As an active arm of the Conservative / Masorti movement and the largest synagogue-based women's organization worldwide, Women's League provides service to thousands of women and hundreds of women's groups.

<u>Membership</u>: Dues Statement for the 2019-20 Women's League membership and statements have been mailed. <u>Please send your payments</u> to Rose Sloven 13002 Hazelwood Drive, Clive, IA 50325-7470

Torah Fund: Torah Fund is ongoing. The Campaign will end **MAY 31, 2020**. Our Goal is \$2,000. More

information on Torah Fund Donors below. Please address check to Gwen Griger. For any

questions please call Gwen Griger at 515-537-1454 or harragwn@aol.com

Women's League donations to T.I. Women's League or Torah Fund will be included in your annual account overview from the synagogue. If you have questions about a donation or want to be sure your donation is accounted for please contact Rose Sloven or the office.

SAVE THE DATE **Women's League is 100!**

Help Us Celebrate Treasures From the Past June 7, 2020 **Special Guests**

Susan Sandler, Deputy Special Envoy for Holocaust Issues, US State Department Speaking on Holocaust Issues and Art

and Margie Miller, International President, WLCJ

Friends, Community, and Past, Current, and Future Members of Tifereth Israel Women's League:

We invite you to save the date for a very special Gala for our 100th Anniversary!

Sponsorship opportunities are available to benefit our celebration:

\$100 - 999 - Mathilde Level, in honor of Mathilde Roth Schecter, founder of Women's League

\$1,000 - 2,999 - Chesed Level - Acts of kindness

\$3,000 and up - Eshet Hayil - Woman of Valor

Any contribution of any amount will be greatly appreciated. We are a non profit, your contribution is tax deductible Please send contributions to Jody Jacklin at 8510 Wooded Point Drive, Johnston, IA 50131



WOMEN'S LEAGUE FOR CONSERVATIVE JUDAISM

- March 4-8th Women's League selling Hamantashen at the Windsor Heights Hy-Vee. Volunteers still needed for 2-3 hour shifts!
- March 26th at 6:30pm Women's History Month special presentations with featured speaker. More details to follow. All are welcome!
- 2020 IntraContinental Region Conference is being held in Houston/ Clear Lake, Texas April 18 - 21st, everyone welcome. If you have questions or interested in making reservations please ask **Jody Jacklin**; ICR Conference Chair.
- May 20th at 6:00pm Women's League Fashion Show with Cindy's Boutique. Adults and children welcome!
- SAVE THE DATE: June 7th, Tifereth Israel Women's League will Tifereth Israel Women's League will be celebrating our 100th Anniversary!! We have the honor of being the 11th affiliated sisterhood within the organization of Women's League of Conservative Judaism (WLCJ), affiliating in June 1919! As part of the Gala, Treasures From the Past, we will have special guests: Margie Miller International President of WLCJ and Ms. Susan Sandler, Deputy Special Envoy for Holocaust Issues that is part of the Office of Special Holocaust Issues within the U.S. Department of State. Watch for a Save the Date postcard with additional details about our remarkable evening. Mark your our remarkable evening. Mark your calendars and plan to join us for this for this very special celebration!!

Nomen's League News

Tifereth Israel Women's League 2019-2020 Calendar of Events

- Annual Hamantashen Sale
- March 26, 2020 Women's History Month Evening with Featured Speaker
- May 20, 2020 Fashion Show Featuring Our Own Tifereth Models Modeling Fashions From Cindy's Boutique and dinner
- June 6, 2020 Shabbat Café Summer Kick Off/Camp Send Off



Tifereth Israel Women's League Membership 2019 - 2020

ירושתנו Tifereth Israel Women's League is celebrating its 100th year! We invite you to join us!

> We are the active Sisterhood at Tifereth Israel. Our fundraising efforts assist in our ability to contribute to Tifereth Israel Synagogue, including needed items for the kitchen and youth lounge, gifts to Bar/ Bat Mitzvah children, USY, and much more. We work on social action projects such as collecting items for the homeless, and sponsor many entertaining and educational programs throughout the year plus events that revolve around the holidays with special activities during Passover and Hanukkah. We also work in conjunction with other groups within the synagogue and the community. Please contact us for more information about Women's League or any of our programs, and we hope to see you soon!

Samantha Johnson and Barbara Leventhal-Beckerman - Co - Presidents Contact Samantha at: rsljohn@msn.com or 515-238-4084 Contact Barbara Leventhal-Beckerman at 515-326-2739

2018 - 2019 **Board Members**

Co-President -Samantha Johns

Co-President -Barbara Leventhal-Beckerman

Vice President -Torah Fund Chair Gwen Griger

Vice President -Gift Shop -And Duitch

Judy Taylor

Kathy Bassman

Membership -Rose Sloven

Beverly Ellis

Jody Jacklin

Louise Kaufmann

Gloria Bernstein

2019-2020 Women's League Membership

Please return this portion with your payment by October 1st

Yes, I would like to be a Women's League Member for the 2019-2020 year.

Indicate your selection Address \$36 Annual Membership Phone E-mail \$54 Supporter

Mail to:

Rose Sloven-Attention Women' League Membership 13002 Hazelwood Drive, Clive, IA 50325-7470

New Member

Donations: January 1 - February 25, 2020

Engman Fund

Barbara Hirsch-Giller and Harvey Giller Pnina and Marshall Luban In Memory of Robert Hirsch In Memory of Sarah Lu

Garden Fund

Rebecca Huisman In Memory of Robert Woeppel

General Fund

Madelyn and Edward Bernstein In Memory of Joyce Bernstein Barman Barb Berven

In Memory of Lottie Carpenter Frank Celina and Amir Biniaz

In Memory of Leon Karp In Memory of Phyllis Karp

Shelley and Martin Brody
In Memory of William Mil

In Memory of William Miller Helene Cole

In Memory of Pinky Cole Michele Dobrin

In Memory of Michael Dobrin Irina and Alex Drob

In Memory of Bayla Rappoport Suzanne and Larry Engman

In Memory of Milton Engman
In Memory of Verene Cohn Walsh

David Farber

In Memory of Mark Finkelstein
In Memory of Sarah Rimmerman

In Memory of Mary Rose Scarpino

Frances Fleck and Terry Greenley
In Memory of Sadie Fleck

Barbara and Paul Friedman

In Memory of Helen Mezvinsky In Memory of Morris Mezvinsky

Elise and James Galinsky

In Memory of Mark Finkelstein

Beth and John Gerwin
In Memory of Roberta Gerwin

Rebecca Huisman

In Memory of Irving Disenhouse In Memory of Patricia Disenhouse

Linda and Harlan Jacobs

In Memory of Adeline Jacobs In Memory of Samuel Jacobs

Joanie and Richard Jacobson

In Memory of Molly Sandler Michael Kuperman

In Memory of Lottie Carpenter
Frank

In Memory of Boris Kuperman

In Memory of Donia Kuperman In Memory of Bob Press

Christina and Jacob Lederman

In Memory of Marvin Lederman
In Memory of Anthony Punelli

General Fund Continued

Pnina and Marshall Luban
In Memory of Sarah Luban
Lyubov and Rafael Nanaziashvili
In Memory of Gavril Nanaziashvili
Marilyn and Sig Nussbaum
In Memory of Louis Nussbaum
Gloria Borg Oldes

In Memory of Irving Borg Susan and Ronald Osby

In Memory of Lottie Carpenter Frank Harriet Pidgeon

In Memory of Samuel Kimmel Linda Podolsky

In Memory of Minnie Beckerman

Cynthia and Michael Rovner
In Memory of Morris Rovner

Rose and Joseph Toubes

In Memory of Denise Hoffman In Memory of Pauline Toubes

Alberta and Arnold Waltman

In Honor of the best Chader Teacher – Mike Kuperman

Marilyn and Marvin Winick

In Memory of Louis Winick

Max Yaro

In Memory of Helen Yaro In Memory of Ivan Yaro

In Memory of Phyllis Yaro

Pidgeon Book Fund

Zona Pidgeon

In Honor of Harriet Pidgeon's 99th Birthday

In Memory of Leonord Pidgeon

Greenberg

In Memory of David Pidgeon

Rabbi's Discretionary Fund

Cheryl Gold

In Memory of Stephen Gold Jeanne Levitt

In Appreciation

Karen and David Sobotka

In Appreciation

Galina and Yefim Vernik

In Appreciation

Melissa and Michael Wolnerman
In Memory of Jennie Wolnerman

Viktoriya and Viktor Zilbermints

In Appreciation

Elizabeth Sherman Shabbat Café Fund

Maddie and Don Schoen

In Memory of Mark Finkelstein In Memory of Mary Rose Scarpino

Harry Simon Fund

Andi and Bob Duitch

In Memory of Mark Finkelstein Andi, Bob, Jeff, and Marni Duitch In Memory of Isadore Shindler Vicki and Alan Givant

In Memory of Sharma Spector

Sally and Carl Harris

In Memory of Sharma Spector Trudi Rosenfeld

In Memory of Teyva Lasky

Edward Seidenfeld

In Memory of Rosemary Seidenfeld Suzann Simon

In Memory of Sharma Spector

Happy Birthday To:

	March		April
March 1	Neil Hausmann	April 1	David Farber
March 2	Bruce Hay		Joe Lettween
	Eli Wolnerman		Harry Wolf
March 3	Matthew Brody	April 2	Melissa Hay
March 4	Marilyn Winick	April 3	Mark Blair
March 5	Elijah Waltmen		Vivian Fritzler
March 6	Phil Bear		Dorothy Goldberg
March	Bella Blumberg		Eugene Shoykhet
	Julia Feder	April 4	Josh Engman
	Patricia Shephard		James Galinsky
	Mikey Siegel		Jan Hockenberg Elizabeth Ohringer
	Louis Sloven	April 5	Aaron Schoen
March 7		April 6	Mara Engherman
warch /	Amy Brody	April 0	Randall Levitt
	Mayim Finkelstein	April 7	Gail Pearl
	Stephanie Pearl	April 8	Philip Masters
	Marvin Winick	April 9	Ann Blumberg
March 8	Susie Kimelman	•	Christine Copeland
	Mary Reavely		Marshall Flapan
March 9	James Hay		Sheldon Ohringer
	Ellen Kirschner		David Roberts
March 11	Margie Koslow	April 10	Ron Osby
March 13	Brad Brody	April 11	Vladimir Lichinskaya
	Harry Griger	April 14	David Copeland
	Susan Madorsky		Iolana Jotzke
March 14	Jeff Beecher	April 15	Bradley Beecher
March 15	Karen Marcovis		Leah Goodman
March 18	Lilianna Bernstein	April 16	Ksenya Malina Audrey Rosenberg
March 19	Alan Givant	April 17	Jordan Bookey
March 20	Julianna Dubin	Apin ii	Regina Zilbermints
March 22	Danielle Engman	April 20	Jacob Grund
	Rebecca Finkelshteyn	April 22	Steven Beecher
	Hinda Meyers	•	Daniel Greenspon
March 23	Jacob Copeland		Jonathan Greenspon
March 24	Todd Jacklin		Daniel Klass
March 25	Alma Mazar		Maizy Mintzer
March 26	Matthew Biren-Erpelding	April 23	Mike Kuperman
	Ezra Hausmann	April 25	Evelyn Fritzler
	Shirlee Marcovis		Michael Stein
	Cynthia Rovner		Jerry Weiner
March 27	Rob Engman	April 27	Max Deal
	Marina Staroselsky	A!1 00	Kent Rosenberg
March 28	Andrew Rosenberg	April 28	Kristin Engman
	Rebecca Toubes		Ellie Greenspon Iveta Kershenbaum
March 29	Jay Beecher		Lyanna Lindgren
March 31	Philip Blumberg	April 29	Peter Karney
	Carolyn Levine		Stella Kalis LaPalm
	Jonathan Urban	April 30	Barbara Beecher
			Harvey Giller

Happy Anniversatry To:

	March
March 6	Maria & Bruce Hay
March 16	Cynthia & Marc Shulman
March 25	Ann & Larry Blumberg

	April
April 5	Marilyn & Sigmund Nussbaum
	Dawn & Brook Rosenberg
April 22	Debra & Viktor Zilbermints
April 26	Sandra Pomerantz-Reed & Jeff Reed

Tifereth Israel Synagogue families and friends who wish to remember their loved ones throughout the year you may make contributions to any of our funds listed below.

- General Fund
- Cantor's Discretionary Fund
- College Fund
- Stanley Isaacson Torah Fund
- Kitchen Fund
- **Brody Youth Fund**
- Marcovis Youth Fund
- David D. Pidgeon Book Fund
- Louis & Dorothy Pomerantz Camp Ramah Fund
- Pomerantz Library Fund
- Prayer Book Fund
- **Program Endowment Fund**
- Rabbi's Discretionary Fund
- Rosenthal Memorial Fund
- Ruth Rissman Children's Book Fund
- Elizabeth Sherman Shabbat Café Fund
- Harry Simon Memorial Fund
- Spiro Music Endowment Fund
- Tifereth Israel Foundation
- Tikkun Olam / Garden Fund
- Women's League
- YAD Group



Thank you to those that contributed photos to the Tifereth Bulletin, It is very appreciated! These people include, Gloria Bernstein, Kristin Davis & Jenny Blumberg

If your name was not mentioned please let the office know, it will be added to next month's Bulletin.
We would really like to add your photos to the Tifereth Bulletin, if you have photos to submit, please send them to office@tifereth.org Thank you!

March 2020 / Adar-Nisan 5780 calendar subject to change

NUS	NOM	TUES	WED	THURS	FRI	SAT
1 5 Adar STEP 10:00am Children's Art Club 12:30pm Garden Meeting 1:30pm	2 6 Adar	3 7 Adar Morning Minyan 7:15am	4 8 Adar Women's League Selling Hamantashen at Hy-Vee Windsor Heights	5 9 Adar Women's League Selling Hamantashen at Hy-Vee Windsor Heights	6 10 Adar WL Selling Hamantashen at Hy-Vee Windsor Heights Private Dinner at 5:00pm Evening Services 7:00pm	7 11 Adar Mia Blumberg Bat Mitzvah 9:30am Kiddush Lunch 12:00pm
					5:54pm	
8 12 Adar	9 13 Adar	10 14 Adar	11 15 Adar	12 16 Adar	13 17 Adar	14 18 Adar
Dayight Savings- Change your clocks! STEP 10:00am		Morning Minyan 7:15am	Jewish Film at the DSM Art Center 5:30pm	Sr. Luncheon TBJ 12:00pm	Acoustic Shabbat Evening Services 6:00pm	Contemplative Service 9:30am, Torah Service 10:15am 10:20am Café 11:45am Lunch & Leam with Rabbi
Purim Carnival at Caspe	I Irereth Community Purim Party 6:00pm		e:supm Film & Discussion		7:02pm	12:30pm
15 19 Adar	16 20 Adar	17 21 Adar	18 22 Adar	19 23 Adar	20 24 Adar	21 25 Adar
STEP 10:00am		Morning Minyan 7:15am			Evening Services 6:00pm	Morning Services 9:30am Shabbat Café 11:45am
	Tifereth Boead Meeting 6:00pm				7:09pm	12:30pm Shabbat Hachodesh
22 26 Adar	23 27 Adar	24 28 Adar	25 29 Adar	26 1 Nisan	27 2 Nisan	28 3 Nisan
STEP 10:00am		Morning Minyan 7:15am		Women's League– Women's History Event 6:30pm	Evening Services 6:00pm	Morning Services 9:30am Shabbat Café 11:45am Lunch & Learn with Rabbi 12:30pm
29 4 Nisan	30 5 Nisan	31 6 Nisan				
STEP 10:00am		Morning Minyan 7:15am				
Lab grown meat Discussion 12:30-2:30pm		Lunch & Learn with ADL Regional Director, Gary Nachman				

April 2020 / Nisan- Iyar 5780 calendar subject to change

N O O	MOM	TUES	WED	THURS	FRI	SAT
			1 7 Nisan	2 8 Nisan Lunch Book Discussion with Rabbi Barton at Tangerine at the Art Center 12:30pm	3 9 Nisan Acoustic Shabbat Evening Services 6:00pm	4 10 Nisan Morning Services 9:30am Shabbat Café 11:45am Lunch & Leam w/ Rabbi 12:30pm
5 11 Nisan STEP 10:00am Passover Prep. & Practice Including Children Art Club & Adults Art Club & MORES! 12:30pm	6 12 Nisan	7 13 Nisan Morning Minyan 7:15am Last Search for Chametz	14 Nisan Ta'anit Bekhorim (Fast of the First Born) Study Session & Breakfast Pastries with Rabbi 9:00am Passover- First Night	9 15 Nisan Pesach Morning Services 10:00am Community Wide Second Night Seder at TIS 7:00pm	10 16 Nisan Pesach Morning Services 10:00am Evening Services 6:00pm 7:32pm	17 Nisan Pesach Intermediate Day 9:30am Torah Service
12 18 Nisan Intermediate Day STEP 10:00am	13 19 Nisan Intermediate Day	14 20 Nisan Morning Minyan 7:15am Intermediate Day	15 21 Nisan Pesach Morning Services 9:30am	16 22 Nisan Pesach Morning Services with Yizkor 9:30am	17 23 Nisan Evening Services 6:00pm	18 24 Nisan Morning Services 9:30am Shabbat Café 11:45am Lunch & Learn w/ Rabbi 12:30pm Women's League Conference in Texas
19 25 Nisan STEP 10:00am	26 Nisan Tifereth Board Meeting 6:00pm	21 27 Nisan Morning Minyan 7:15am	22 28 Nisan	23 29 Nisan Sr. Luncheon at TIS 12:00m Centro Dinner 5:30pm & DSM Library Author Holocaust Discussion 7:00pm Dinner & Author Discussion at TIS 6:00pm	30 Nisan Mishpacha Shabbat Evening Services 6:00pm	25 Rosh Chodesh Morning Services 9:30am Shabbat Café 11:45am Lunch & Leam w/ Rabbi 12:30pm
2 lyar STEP 10:00am International Halakhic Study with Rabbi Barton 12:30-2:30pm	27 3 Iyar	28 4 Iyar Morning Minyan 7:15am Yom Hazikaron	29 5 lyar Yom Ha'atzma'ut	30 6 Iyar		

OFFICE HOURS

TIFERETH BOARD EXECUTIVE COMMITTEE

Monday—Thursday* 9:00am—5:00pm Jacob Lederman, President

Friday 9:00am—3:00pm Justin Schoen, Vice President

*Closed Monday through Thursday from 12:30pm—1:30pm Brian Pearl, Treasurer

The Rabbi is usually in the building except Mondays.

Marni Duitch, Secretary

Please feel free to call the office and set up an

appointment.

STAFF

Rabbi Emily Barton: rabbibarton@tifereth.org

Morton and Lois Bookey Rabbinical Chair Sunday 9:00am—12:00pm

Sue Harris, Bnai Mitzvah Tutor & Service Coordinator: Wednesday 9:30am—12:00pm

sue.harris@tifereth.org *Also open during office hours

Deirdre Farr, Cantorial Soloist

Pinchas Spiro z"I, Cantor Emeritus

LIBRARIAN HOURS

Wednesdays 9:00am - 11:00am

Christy Rothlauf, Business Manager:

Christy.rothlauf@tifereth.org

Kristin Davis, Communications & Programming Coordinator:

office@tifereth.org

"We strive to enrich our cultural and spiritual lives as Jews by connecting with our community, the traditions of our People, Israel, and with God"

Will Rogers, Past President

GIFT SHOP HOURS

Tifereth on the Web:

www.tifereth.org | www.facebook.com/tiferethdesmoines

Important Notice

The Tifereth Bulletin will be available primarily online instead of through the mail. A link to each month's online copy will be emailed to you instead of a paper copy being mailed to you.

Paper copies will only be provided upon request. If you wish to continue having paper copies mailed to you, you must contact the office. Converting to online distribution will save costs on mailing, paper, ink and assembly time. Thank you for your understanding.